

WEEK 1	LUNCH	DINNER
Monday	Scotch Broth Bacon, Spinach & Blue Cheese Quiche With Mixed Greens Tuna Salad on Multigrain Cinnamon Butter Loaf	Green Split Pea Soup BBQ Ribs Cod with Herb Cream Sauce Roast Potatoes, Baked Butternut Squash Cheese Cake with Fruit Sauce
Tuesday	Leek & Potato Soup Chili Con Carne / Cornbread Muffin Turkey on Dark Rye Tropical Fruit Salad / Cookie	Beef Barley Soup Breaded Fried Buttermilk Chicken / Gravy Breaded Fantail Shrimp / Cocktail Sauce Mashed Potatoes, Creamed Corn Chocolate Cake
Wednesday	Lentil & Vegetable Soup Pepperoni & Pineapple Pizza Bacon, Lettuce & Tomato Croissant Vanilla Pudding Toffee Crunch	Corn Beef & Cabbage Soup Chicken Chow Mein with an Egg Roll Meatballs with Gravy, Onions & Mushrooms Steamed Rice, Asian Style Vegetables Fresh Baked Lemon Pie
Thursday	Sausage, Bean & Kale Soup Smoked Salmon Bagel / Tossed Salad Ham & Cheddar Cheese / Kaiser Bun Angel Food Cake with Blueberries	Broccoli & Cheddar Soup Braised Swiss Steak Breaded Halibut with Tartar Sauce Roast Potatoes, Mashed Carrots & Turnips Bread & Butter Pudding / Custard Sauce
Friday	Asparagus & Potato Bisque BBQ Pulled Pork & Jack Cheese Sandwich / Sweet Potato Fries Egg Salad Sandwich Banana Loaf	Indian Style Corn Soup Steelhead Trout / Lemon Tarragon Sauce Liver & Onions Steamed Potatoes, Buttered Pecan Blueberry & Rhubarb Pie
Saturday	Turkey Rice Soup French Toast with Breakfast Sausage Roast Beef Sandwich on Multigrain Apricots / Cookie	Ham, Leek & Potato Soup Chicken Cacciatore Individual Shepherd's Pie / Gravy Basmati Rice, Zucchini Mini Cupcakes
Sunday	Cream of Mushroom Soup Scrambled Eggs, Bacon & Pan Fried Potatoes Salmon Salad Sandwich Assorted Desserts	Chicken, Tomato & White Bean Soup Roast Turkey, Stuffing & Gravy Lightly Breaded Sole with Lemon Mashed Potatoes, Parslied Carrots Lemon Cream Cake

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:45am for lunch (service at 1:00) – 4:45pm for dinner (service at 6:00)**

10/1/2018