

WEEK 4	LUNCH	DINNER
MONDAY	Beef, Tomato & Cabbage Soup Baked Mac & Cheese / Mixed Greens Pastrami Sandwich on Rye Fruit Jello	Split Green Pea Soup Chicken Souvlaki, Tzatziki & Pita Bread Stuffed Sole with Dill Cream Sauce Greek Style Potatoes, Mixed Vegetables Baklava
TUESDAY	Fish with Tomato Basil Broth Grilled Monte Cristo Sandwich - With Sweet Potato Fries Shrimp Salad Sandwich Butterscotch Pudding	Turkey, Rice & Vegetable Soup Roast Pork Tenderloin with Apples Bratwurst Sausage, Fried Onion & Gravy Mashed Potatoes, Fresh Broccoli Florets Black Forest Cake
WEDNESDAY	Beef Noodle Soup Smoked Salmon, Fresh Dill & Leek Quiche with Mixed Greens Bacon, Lettuce & Tomato Sandwich Diced Peaches with a Cookie	Chicken, Barley & Mushroom Soup Slow Braised Roast Beef with Gravy Breaded Haddock with Tartar Sauce Baked Potatoes, Buttered Green Peas Assorted Pies
THURSDAY	Minestrone Soup Reuben Sandwich on Marble Rye Bread Egg Salad Sandwich Cinnamon Bun	Leek & Potato Soup Sweet & Sour Chicken Home Made Meat Lasagna / Garlic Bread Basmati Rice, Mixed Vegetables Home Made Blueberry Crumble
FRIDAY	Yellow Split Pea Soup Fish & Chips / Tartar Sauce Roast Beef Sandwich on Olive Bread Warm Home Made Rice Pudding	Cauliflower Soup Beef Stroganoff with Buttered Egg Noodles Wild Sockeye Salmon Stuffed With Crab Herb Cream Sauce Parslied Carrots, Potato Pancake Upside Down Pineapple Cake
SATURDAY	Cream of Carrot Soup Pancakes & Bacon Ham & Swiss Cheese Sandwich Diced Pears / Shortbread Cookie	Lentil & Vegetable Soup Tomato & Pesto Crusted Steelhead Trout Salisbury Steak with Gravy Steamed Potatoes, Fresh Asparagus Strawberry Rhubarb Pie
SUNDAY	Broccoli Soup Eggs Benedict, Smoked Salmon – With Pan Fried Potatoes Chicken Salad Sandwich Assorted Desserts	Cream of Tomato Soup Baked Ham Steak & Kidney Pie with Gravy Scalloped Potatoes, Cauliflower Florets Lemon Cream Cake

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:45am for lunch (service at 1:00) – 4:45pm for dinner (service at 6:00)**

10/23/2018