

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p><i>Happy New Year</i></p>	<p>2</p> <p>9:45 Walking Group 10:00 Chair Exercises 2:30 Crossword Puzzle 3:30 Fitness First 7:00 You Be the Judge</p>	<p>3</p> <p>9:30 Bus to Ladner 10:15 News & Views 2:00 Happy Wanderers 2:15 Chair Yoga with Wendy 7:00 Random Trivia</p>	<p>4</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With Sincerely Yours 7:15 Movie Night 'Dunkirk'</p>	<p>5</p> <p>10:30 Chair Exercises 3:00 Tai Chi 3:30 Catholic Communion</p>
<p>6</p> <p>10:30 The Week Ahead 2:15 Hymn Sing and Service 2:15 Move Encore 7:15 Hand Chime Choir</p>	<p>7</p> <p>10:00 Fitness First 11:00 Fitness First 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 7:00 Bridge</p>	<p>8</p> <p>10:15 Coffee Group 11:00 Chair Yoga with Wendy 2:00 Scenic Drive 3:30 Social Hour 7:15 Word Games</p>	<p>9</p> <p>9:45 Walking Group 10:00 Chair Exercises 10:40 Music with Teresa 2:50 Tea for Joy 7:00 Eat, Wear, or Drive?</p>	<p>10</p> <p>9:30 Bus to Ladner 10:15 News & Views 10:45 Health Hub 'Social Worker Support' 2:15 Chair Yoga With Wendy 7:00 Who, What, When</p>	<p>11</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With Liz & Steve 7:15 Movie Night 'Faith Like Potatoes'</p>	<p>12</p> <p>10:30 Chair Exercises 3:00 Brain Games 3:30 Catholic Communion</p>
<p>13</p> <p>10:30 The Week Ahead 2:15 Movie Encore 3:00 Art with Lea 7:15 Hand Chime Choir</p>	<p>14</p> <p>10:00 Fitness First 11:00 Fitness First 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 7:00 Bridge</p>	<p>15</p> <p>10:15 Coffee Group 11:00 Chair Yoga with Wendy 2:00 Scenic Drive 3:30 Social Hour 7:00 Music with Teresa</p>	<p>16</p> <p>9:45 Walking Group 10:00 Chair Exercises 2:00 Crossword Puzzle 3:00 Recreation Meeting 7:00 This Week in History</p>	<p>17</p> <p>9:30 Bus to Ladner 10:15 News & Views 2:15 Chair Yoga with Wendy 2:50 Welcome and Birthday Tea 7:00 Creative Storytelling</p>	<p>18</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour with Brian Griffith 7:15 Movie Night 'Lion'</p>	<p>19</p> <p>10:30 Chair Exercises 3:00 Hot Tea Tasting 3:30 Catholic Communion</p>
<p>20</p> <p>10:30 The Week Ahead 2:15 Ladner Gospel Assembly 2:15 Movie Encore 7:15 Hand Chime Choir</p>	<p>21</p> <p>10:00 Fitness First 11:00 Fitness First 1:00 Low Vision Group 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 7:00 Bridge</p>	<p>22</p> <p>10:15 Coffee Group 11:00 Chair Yoga with Wendy 2:00 Scenic Drive 3:30 Social Hour 7:15 Word Games</p>	<p>23</p> <p>9:45 Walking Group 10:00 Chair Exercises 10:40 Music with Teresa 2:30 Augustine House Memorial Service 7:00 Jokes & Giggles</p>	<p>24</p> <p>9:30 Bus to Ladner 10:15 News & Views 10:45 Health Hub Pharmacy Reviews 2:15 Chair Yoga with Wendy 3:00 Resident Forum 7:00 Active Games</p>	<p>25</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour with Brian Zalo 7:15 Movie Night 'The Angels Share' ROBBIE BURNS DAY</p>	<p>26</p> <p>10:30 Chair Exercises 3:00 Trivia & Treats 3:30 Catholic Communion</p>
<p>27</p> <p>10:30 The Week Ahead 2:15 Baptist Church Service 2:15 Movie Encore 3:00 Art with Lea 7:15 Hand Chime Choir</p>	<p>28</p> <p>10:00 Fitness First 11:00 Fitness First 12:00 Fashion Closet 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 7:00 Bridge</p>	<p>29</p> <p>10:15 Coffee Group 11:00 Chair Yoga with Wendy 2:00 Scenic Drive 3:30 Social Hour 7:15 Word Games</p>	<p>30</p> <p>9:45 Walking Group 10:00 Chair Exercises 11:30 Ladies Lunch to Old Spaghetti Factory 3:30 Fitness First 7:00 Name that Tune</p>	<p>31</p> <p>9:30 Bus to Ladner 10:15 News & Views 11:30 Men's lunch to Steveston 2:15 Chair Yoga with Wendy 7:00 Creative Storytelling</p>		