







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>10:00 Chair Exercises 10:30 Line Dancing 2:30 Bus To Bandfest 3:30 Catholic Communion</p>
<p>2</p> <p>10:30 The Week Ahead 2:00 Movie Encore 2:15 Hymn Sing and Service 3:00 Art with Lea 7:15 Hand Chime Choir</p>	<p>3</p> <p>10:00 Fitness First 11:00 Fitness First 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo</p>	<p>4</p> <p>10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 7:00 Word Games</p>	<p>5</p> <p>9:45 Walking Group 10:00 Chair Exercises 11:00 Food and Dining Forum 12:00 5th Ave Jewellery 2:15 Crossword Puzzle 3:30 Fitness First 7:00 Remember when</p>	<p>6</p> <p>9:30 Bus to Ladner 10:15 News & Views 1:45 Bridge 2:15 Happy Wanderers 2:15 Chair Yoga 7:00 Golf</p>	<p>7</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "BETTY" 7:00 Movie Night "5 Flights Up"</p>	<p>8</p> <p>10:00 Chair Exercises 10:30 Line Dancing 2:30 Beach Boys Hour 3:30 Catholic Communion</p>
<p>9</p> <p>10:30 The Week Ahead 2:00 Movie Encore 7:15 Hand Chime Choir</p>	<p>10</p> <p>10:00 Fitness First 11:00 Fitness First 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo</p>	<p>11</p> <p>10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Blood Pressure Clinic 3:30 Social Hour 7:00 Word Games</p>	<p>12</p> <p>9:45 Walking Group 10:00 Chair Exercises 10:30 Music with Teresa 11:30 Gulf of Georgia Cannery Tour + Buck'n Ear Pub 3:30 Fitness First 7:00 Who, What am I?</p>	<p>13</p> <p>9:30 Bus to Ladner 10:15 News & Views 12:00 Father's day lunch 1:45 Bridge 2:00 Sacred heart kids 2:15 Chair Yoga 7:00 You be the Judge</p>	<p>14</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "MIKE KINAL" 7:00 Movie Night "Tony Bennett"</p>	<p>15</p> <p>10:00 Chair Exercises 10:30 Line Dancing 2:30 Piano & Violin Recital 3:30 Catholic Communion</p>
<p>16</p> <p>10:30 The Week Ahead 2:00 Movie Encore 2:15 Baking 7:15 Hand Chime Choir</p> <p>FATHERS DAY</p>	<p>17</p> <p>10:00 Fitness First 11:00 Fitness First 1:00 Low vision group 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo</p>	<p>18</p> <p>10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 7:00 Word Games</p>	<p>19</p> <p>9:45 Walking Group 10:00 Chair Exercises 10:40 Music with Teresa 11:30 Picnic - McDonald Beach 3:30 Fitness First 7:00 This Day in History</p>	<p>20</p> <p>9:30 Bus to Ladner 10:15 News & Views 1:45 Bridge 2:15 Chair Yoga 2:15 Sacred Heart Kids 2:50 Birthday & Welcome Tea 7:00 Eat, Wear or Drive</p>	<p>21</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "Liz and Steve" 7:00 Movie Night "Young at Heart"</p>	<p>22</p> <p>10:00 Chair Exercises 10:30 Line Dancing 2:30 Jokes & Giggles Hour 3:30 Catholic Communion</p>
<p>23</p> <p>10:30 The Week Ahead 2:00 Movie Encore 2:15 Baking 7:15 Hand Chime Choir</p>	<p>24</p> <p>10:00 Fitness First 11:00 Fitness First 2:00 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo</p>	<p>25</p> <p>10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Blood Pressure Clinic 3:30 Social Hour 7:00 Word Games</p>	<p>26</p> <p>9:45 Walking Group 10:00 Chair Exercises 10:30 Music with Teresa 11:30 Picnic to Deas Island 12:00 Carda Creations 2:15 Crossword Puzzle 3:30 Fitness First 7:00 Name that Tune</p>	<p>27</p> <p>9:30 Bus to Ladner 10:15 News & Views 10:30 Clarks Shoes 12:00 Ladies Lunch to 1:45 Bridge 3:00 Resident Forum 3:40 Health Talk "Sun Safety" 7:00 Horseshoes</p>	<p>28</p> <p>10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "Ben Dunnill" 7:00 Movie Night "Daniel O'Donnell – Hope and Praise"</p>	<p>29</p> <p>10:00 Chair Exercises 10:30 Line Dancing 2:30 Camera Club 3:30 Catholic Communion</p>
<p>30</p> <p>10:30 The Week Ahead 2:00 Movie Encore 7:15 Hand Chime Choir</p>						