


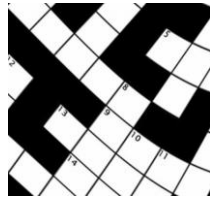



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
|  |  |  |  |  | 1 9:30 FLU SHOTS 10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "CUT AND DRIED" 7:00 Movie Night "MY WEEK WITH MARILYN" | 2 10:00 Chair Exercises 10:30 Line Dancing 10:45 Bus to Sacred Heart Christmas Market 3:30 Catholic Communion |
| 3 10:30 The Week Ahead 2:15 Movie Encore 2:00 Hymn Sing and Service 3:00 Art with Lea 7:00 Hand Chime Choir Clocks Go Back | 4 10:00 Fitness First 11:00 Fitness First 1:45 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 4:00 Christmas Sale Meeting | 5 8:30 PANCAKE BREAKFAST 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 7:00 Word Games | 6 9:45 Walking Group 10:00 Chair Exercises 11:00 Food and Dining Forum 2:15 Crossword Puzzle 2:30 Bus to Nygard VIP sale 3:30 Fitness First 4:00 Music with Eve 7:00 Name That Tune | 7 9:30 Bus to Ladner 10:20 News & Views 11:30 Clarks Shoes 2:15 Happy Wanderers 2:15 Chair Yoga 3:15 Bus to Craft Fair 7:00 You be the Judge | 8 10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "EACH OTHER" 7:00 Movie Night "SAVING MR BANKS" | 9 10:00 Chair Exercises 10:30 Line Dancing 2:30 Crafting for Charity 3:30 Catholic Communion |
| 10 10:00 Culinary Capers 2:00 Movie Encore 3:00 Art with Lea 7:00 Hand Chime Choir | 11 10:00 Fitness First 10:30 REMEMBRANCE DAY FROM OTTAWA 1:45 Cribbage 2:15 Bingo 4:00 Music with Eve Remembrance Day | 12 10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 7:00 Word Games | 13 9:45 Walking Group 10:00 Chair Exercises 10:40 Music with Teresa 2:15 Crossword Puzzle 3:30 Fitness First 4:00 Music with Eve 7:00 Indoor golf | 14 9:30 Bus to Ladner 10:20 News & Views 2:15 Chair Yoga 2:50 Birthday and Welcome Tea 7:00 Who, what, where am I? | 15 10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "JASON COOPER" 7:00 Movie Night "THE SHAPE OF WATER" | 16 10:00 Chair Exercises 10:30 Line Dancing 2:30 Crafting for Charity 3:30 Catholic Communion |
| 17 10:30 The Week Ahead 2:00 Movie Encore 2:15 Pacific Music Academy 7:00 Hand Chime Choir | 18 10:00 Fitness First 11:00 Fitness First 1:45 Cribbage 2:15 Bus to Tsawwassen 2:15 Bingo 4:00 Music with Eve | 19 10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 5:15 Dining In-Pizza Hut 7:00 Word Games | 20 9:45 Walking Group 10:00 Chair Exercises 2:15 Crossword Puzzle 3:30 Fitness First 4:00 Music with Eve 7:00 Remember when | 21 9:30 Bus to Ladner 10:20 News & Views 2:15 Chair Yoga 2:30 Easy does it Trivia 4:00 Christmas Photograph 7:00 This Day in History | 22 10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "RACHEAL CHATTOR" 7:00 Movie Night "SHERLOCK HOLMES" | 23 10:00 Chair Exercises 10:30 Line Dancing 2:30 Crafting for Charity 3:30 Catholic Communion |
| 24 10:00 Culinary Capers 3:00 GREY CUP GAME 7:00 Hand Chime Choir | 25 10:00 Fitness First 11:00 Fitness First 1:45 Cribbage 1:00 Bus to Richmond Centre 2:15 Bingo 4:00 Music with Eve | 26 10:15 Coffee Group 11:00 Chair Yoga 2:00 Scenic Drive 3:30 Social Hour 7:00 Word Games | 27 9:45 Walking Group 10:00 Chair Exercises 10:40 Music with Teresa 11:30 Ladies lunch to Ladner Legion 2:15 Crossword Puzzle 3:30 Fitness First 4:00 Music with Eve 7:00 Eat, wear or drive? | 28 9:30 Bus to Ladner 10:20 News & Views 12:00 Men's lunch to Pat Quinn's 3:00 RESIDENT FORUM 3:40 Health Talk "Feeling the Blues" 7:00 Penny Ante Game | 29 10:00 Fitness First 11:00 Fitness First 2:15 Team Trivia 3:30 Happy Hour With "LIZ AND STEVE" 7:00 Classic Movie Night "CALL OF THE WILD" | 30 Augustine House Annual Christmas Fundraiser Everyone Welcome 10am-3pm 3:30 Catholic Communion |

