


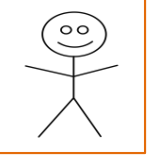






Key Advice for AH Residents

	Use “1-Metre Greeting” with visitors, e.g. smile, wave, nod, bow.
	Wash hands frequently & properly: yourself, those who live with you and visitors
	Clean your suite regularly, esp. surfaces where people touch a lot.
	If someone you live with isn't feeling well (esp. with COVID-19 / flu like symptoms), limit your shared spaces.
	If you become ill with COVID-19 / flu like symptoms, inform AH nurse, your doctor, or ER by phone before visiting.
	**AH is following BC government COVID-19 pandemic plan**
	When going out, follow the same preventative measures
	Keep yourself updated from reliable sources, e.g. AH nurses, BC Government websites, etc.