

The Augustine Eagle

SEPTEMBER 2020





RESIDENT FORUM MINUTES

Held Friday, August 14th, 2020 @ 10:30 am

Present: Jackie, Tim, Anne, Marine, Joanne, and 40 residents attended in the Dining Room

Jackie:

- Thank you to all residents who filled out the Resident Satisfaction Responses – it's very important we all feel safe and supported.
- Good to hear many residents feel safe, everyone seems to be missing bus outings, family visits, meals in dining room and shopping.
- Good news, Fraser Health has given the OK to Bus outings, more to follow.
- Have not heard back from Fraser Health on 1 Visitor Rule, more to follow.
- Introduced Sandy, our new **Visitation Ambassador** – Sandy will assist with visits, we are also working on an 'Inside Visiting Area'.
- We strongly encourage all residents to wear a mask outside of their suite.
- Visits to hairdresser, bank, medical appointments are allowed as long as resident has discussion prior with Marine. No restaurant meals though.

Marine:

- Our main goal is to keep everyone in the building safe.
- If there is an outbreak at Augustine House, there would be a complete lockdown for 28 days.
- Please see Marine prior to an appointment to review ALL preventative steps, masks must cover nose and chin. If a mask is falling off face it does not fit.
- Our government is working on a vaccine and we remain positive and hopeful – we will get through this pandemic together. Thanks to everyone for their co-operation. It's very challenging but we will get through this together.

Tim:

- Social Distancing remains very important, please note that we are only allowed 25 people on the Patio for Social Hour and Happy Hour.
- As Tim and Joanne are serving, only 23 residents but there are also seating areas inside just off the patio.
- MOVIE is back on Friday evenings and repeated again on Sunday afternoons at 2 pm. We can accommodate 14 people in the Media Room, thanks Raymonde for helping with the MOVIE.
- **HUGE THANK YOU** to all Augustine House Staff who have worked so hard to keep everyone safe these past few months.



Augustine House Resident Council Meeting

MINUTES of Resident Council Meeting held Tuesday, August 25th.

Attendance: Frank, Catherine, Hazel, Anne, Lannet, Peggy, Recorder.

Call to Order: by President Frank at 10:00 am

Adoption of Agenda: Approved.

Adoption of Minutes of Last Meeting: Approved.

Reports: Treasurer's Report: Hazel provided info: Previous balance \$5,654.00 plus refunds (pop tins \$497.83) Current balance = **\$6,151.83** suggested donations:

Deltassist **\$250.00**

Covenant House **\$250.00**

Food Bank **\$250.00**

Food & Dining: No report. Catherine has resigned as the Food & Dining Forum is now in place.

Fire & Safety: No report.

Welcome Committee: No report.

Previous Business: As requested in last meeting, Gene was successful in getting approval for Bocci Court. Also, regarding root which was in pathway was painted a bright yellow to highlight possible tripping hazard until more permanent solution is in place.

Adjournment: Cathy

Next meeting: Tuesday, September 29th.



WOULD YOU LIKE TO PLAY BRIDGE

TUESDAYS

GAMES ROOM 1:30 PM

**Lannet trying her hand at lawn bocce
NICE TECHNIQUE!**



Welcome Sandy!



Sandy is our new **Visitation Ambassador**. Sandy's job is to ensure our social visits happen in a safe fashion. She will be ensuring visitors are **screened for signs and symptoms of COVID-19, sanitize surfaces** to ensure that you have a safe area to visit in, assist in making **appointments**, and ensuring everyone is having a safe and enjoyable visit.

This position has been mandated by the Provincial Government and the Chief Medical Health Officer.

Please welcome Sandy and follow her directions when visiting with family and friends.

FRIDAY NIGHT MOVIES

FRIDAY SEPTEMBER 4TH @ 7:00 pm "DOWNTON ABBEY"

The beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the king and queen of England soon unleashes scandal, romance and intrigue -- leaving the future of Downton hanging in the balance.

FRIDAY SEPTEMBER 11TH @ 7:00 pm "PHANTOM THREAD"

Reynolds Woodcock is a celebrated dress designer whose meticulous lifestyle undergoes a drastic change when he falls for Alma, a waitress who later becomes his muse and lover.

FRIDAY SEPTEMBER 18th @ 7:00 pm "MIDNIGHT IN PARIS"

Gil arrives with his fiancee and her family in Paris for a vacation, even as he tries to finish his debut novel. He is beguiled by the city, which takes him to a time past, away from his fiancee.

FRIDAY SEPTEMBER 24TH @ 7:00 pm "A STREETCAR NAMED DESIRE"

Blanche DuBois, a young woman, must take a streetcar to her sister's house in New Orleans. She faces scorn from her brother-in-law and simultaneously gets attracted to his friend.



GRANDPARENTS DAY



National Grandparents Day is a secular holiday celebrated in the United States of America, and the United Kingdom since 1978 and officially recognized in a number of countries on various days of the year, either as one holiday or sometimes as a separate Grandmothers' Day and Grandfathers' Day. One celebrates *both* paternal and maternal grandparents.

Marian McQuade of Oak Hill, West Virginia, has been recognized nationally by the United States Senate – in particular by Senators Jennings Randolph; and Robert Byrd – and by President Jimmy Carter, as the founder of National Grandparents Day. McQuade made it her goal to educate the youth in the community about the important contributions seniors have made throughout history. She also urged the youth to "adopt" a grandparent, not just for one day a year, but rather for a lifetime. Co-founder Cynthia Bennett, who worked for Marian's husband, contributed by writing letters of verification.

In 1973, Senator Jennings Randolph introduced a resolution to the senate to make Grandparents' Day a national holiday. West Virginia's Governor Arch Moore had proclaimed an annual Grandparents' Day for the state, at the urging of Marian McQuade. When Senator Randolph's resolution in the U.S. Senate died in committee, Marian McQuade organized supporters and began contacting governors, senators, and congressmen in all fifty states. She urged each state to proclaim their own Grandparents' Day. Within three years, she had received Grandparents' Day proclamations from forty-three states. She sent copies of the proclamations to Senator Randolph.

In February 1977, Senator Randolph, with the concurrence of many other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation proclaiming the first

Sunday after Labor Day as National Grandparents' Day and, on August 3, 1978, then-President Jimmy Carter signed the proclamation. The statute cites the day's purpose: "...to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer".

National Grandparents' Day began in Canada in 1995 but was discontinued in 2014. Motion number 273 submitted in the House of Commons by Mr. Sarkis Assadourian read:

That, in the opinion of this House, the government should consider designating the second Sunday in September of each year as Grandparents' Day in order to acknowledge their importance to the structure of the family in the nurturing, upbringing and education of children.



"Your father said your bedtime is eight," the grandmother said.
"You don't have to listen to him," Betty (aged four-and-a-half) replied.

"Why not?" the grandmother asked.

Betty answered, "Because you're his mother!"

SEPTEMBER

The golden-rod is yellow;
The corn is turning brown;
The trees in apple orchards
With fruit are bending down.

The gentian's bluest fringes
Are curling in the sun;
In dusty pods the milkweed
Its hidden silk has spun.

The sedges flaunt their harvest,
In every meadow nook;
And asters by the brook-side
Make asters in the brook,

From dewy lanes at morning
The grapes' sweet odors rise;
At noon the roads all flutter
With yellow butterflies.

By all these lovely tokens
September days are here,
With summer's best of weather,
And autumn's best of cheer.

But none of all this beauty
Which floods the earth and air
Is unto me the secret
Which makes September fair.

'T is a thing which I remember;
To name it thrills me yet:
One day of one September
I never can forget.

HAVEN HOUSE HAPPENINGS

Hello from Haven House, As we head into September, you will find us reminiscing about school days and how much school has changed, as well as how it may look in the future. We hope to continue to enjoy the great weather outside on our lovely patio, as well as walks around the house. We are also planning a BBQ for Grandparents Day on September 12th.

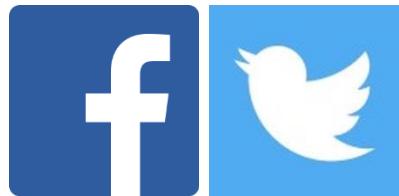
Have a great September everyone.

JULIUS



SUE

DID YOU KNOW.....



We have a website - check it out at

 We have a Facebook Page - just go to www.facebook.com and search Augustine House Society and "Like" us or Google Facebook Augustine House Society

 We even have a Twitter page! Our name is @augustinehouse

 We also have areas in the building that have wireless access, so if grandkids are visiting and they want to play on their electronic devices, they can connect to the internet for free! Get the passwords from Reception.



A graphic featuring the word "September" in a large, white, cursive font. Small purple aster flowers are woven through the letters, particularly along the bottom right. Below the main title is a horizontal line, followed by the word "ASTERS" in a bold, sans-serif font. Underneath "ASTERS" is a descriptive paragraph.

ASTERS

Like little starbursts, asters bring a celebratory spirit to September birthdays. They are also a symbol of love, making a bouquet of asters the next best thing to a birthday hug.



Autumn Word Search



See how many of these autumn related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2013

- | | | | |
|-----------|-------------|---------------|------------|
| 1. Autumn | 5. Raking | 9. Gourds | 13. Corn |
| 2. Fall | 6. Harvest | 10. Football | 14. Maize |
| 3. Leaves | 7. Pumpkins | 11. Season | 15. Yellow |
| 4. Colors | 8. Apples | 12. Scarecrow | 16. Orange |

Labour Day

■ National Holiday in Canada

Labour Day is a statutory national holiday celebrated throughout Canada on the first Monday in September.



The September date has remained unchanged, even though the government has been encouraged to adopt May 1 as Labour Day, the date celebrated by the majority of the rest of the world. Moving the holiday, in addition to breaking with tradition, could have been viewed as aligning the Canadian labour movements with internationalist sympathies. Another major reason for keeping the current September date is that the United States celebrates its Labor Day on the same day.

History of Canadian Labour' Day

The origins of Labour day in Canada can be traced back to a printer's revolt in 1872 in Toronto, when labourers tried to establish a maximum 54-hour work week. At that time, any union activity was considered illegal and the organizers were jailed. Protest marches of over 10,000 formed in response. This eventually led to the Prime

Minister Sir John A. Macdonald repealing the anti-union laws and arranging the release of the organizers as well.

The parades held in support of the Nine-Hour Movement and the printers' strike led to an annual celebration. The date was adopted in Canada in 1894 by the government of Prime Minister John Thompson.

How is Labour Day celebrated?

While some Labour Day parades and picnics are organized by unions, most Canadians simply regard Labour Day as the Monday of the last long weekend of summer. Families with school-age children take it as the last chance to travel before the end of summer. Some teenagers and young adults view it as the last weekend for parties before returning to school, which traditionally begin their new year the day after.

A traditional Labour Day event in Canada is the Labour Day Classic, a Canadian Football League event where rivals play on Labour Day weekend.



"You should check your e-mails more often. I fired you over three weeks ago."

INTERNATIONAL DAY OF PEACE



The International Day of Peace, sometimes unofficially known as World Peace Day, is a United Nations-sanctioned holiday observed annually on 21 September. It is dedicated to world peace, and specifically the absence of war and violence, such as might be occasioned by a temporary ceasefire in a combat zone for humanitarian aid access. The day was first celebrated in 1982, and is kept by many nations, political groups, military groups, and people. In 2013 the day was dedicated by the Secretary-General of the United Nations to peace education, the key preventive means to reduce war sustainably.

To inaugurate the day, the United Nations Peace Bell is rung at UN Headquarters (in New York City). The bell is cast from coins donated by children from all continents except Africa, and was a gift from the United Nations Association of Japan, as "a reminder of the human cost of war"; the inscription on its side reads, "Long live absolute world peace".

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MEET THE STAFF

#64

NAME: CYLESTE

POSITION: CARE AIDE

WHAT IS YOUR BASIC PHILOSOPHY IN LIFE: MY PHILOSOPHY IN LIFE HAS ALWAYS BEEN , WAKE UP AND BE THE BEST PERSON YOU CAN BE. LIFE IS SHORT; DON'T WORRY ABOUT THE LITTLE THINGS. ALWAYS BE GRATEFUL FOR WHAT YOU HAVE AND BE KIND TO OTHERS.

WHAT ARE YOUR FAVORITE BOOKS/MOVIES: FILM, "A DOGS PURPOSE" BOOK "A WALK TO REMEMBER".



WHAT DID YOU WANT TO BE GROWING UP: POLICE OFFICER, TEACHER, VET, NOW I AM ASPIRING TO BE AN LPN.

WHAT KIND OF MUSIC DO YOU LIKE: COUNTRY IS MY FAVORITE, SECOND IS CLASSIC ROCK.

WHAT DO YOU DO FOR FUN: I LIKE TO STAY ACTIVE, ENJOY TAKING MY DOG FOR WALKS/HIKES, CAMPING AND OUTDOOR ACTIVITIES.

WHAT IS YOUR FAVORITE COCKTAIL: BELLINI.

WHAT MAKES YOU HAPPY: HELPING OTHERS, PUTTING SMILES ON OTHERS FACES, KNOWING I'VE MADE SOMEONE'S DAY BRINGS HAPPINESS TO MYSELF.

WHAT IS YOUR IDEAL DATE NIGHT: CASUAL DINNER IN, SOME DRINKS ON A DECK IF THE WEATHER IS NICE, GOING FOR A DRIVE.

WHAT ADVICE WOULD YOU GIVE A 12 YEAR OLD: DON'T BE IN A HURRY TO GROW UP. ENJOY BEING A KID, LISTEN TO YOUR PARENTS AND ALWAYS TRY YOUR BEST AT SCHOOL. ALWAYS BE KIND TO OTHER KIDS, DON'T CHANGE YOURSELF TO TRY TO "FIT IN" OR BE "POPULAR"

PARTING WORDS TO THE MASSES ARE...: SO FAR, MY TIME WORKING HERE AT AUGUSTINE HOUSE HAS BEEN INCREDIBLE. BEING BORN AND RAISED IN LADNER. I AM PROUD TO SAY I AM PART OF THE AUGUSTINE HOUSE TEAM. ALL STAFF MEMBERS ARE HARDWORKING, CARING, AND KIND HEARTED INDIVIDUALS, KNOWING THE RESIDENTS ARE GETTING EXCELLENT CARE MAKES ME A PROUD TEAM MEMBER.



AUGUSTINE HOUSE RESIDENTS AND STAFF WISH
ILA
A VERY HAPPY AND HEALTHY 106TH BIRTHDAY

Dear Residents,

Thank you for your responses to our “How Are We Doing” survey.

We received 75 returned surveys and, overwhelmingly, you answered that you feel safe, understand why we are doing what we are doing, and you feel you know what to do to keep yourself safe in these unprecedented times. 40 responses answered ‘yes always’ to all questions, 26 responded ‘yes always’ or ‘yes usually’ to all questions. 8 responses answered that they planned to ‘hardly ever’ wear masks.

The comments that you included ran to similar themes. Most people highlighted that they miss their families, particularly visiting in their suite. People also answered that they miss going shopping and for drives with their families, going to restaurants, and to the mall. This is so understandable. We are social beings and, personally hugs are the thing I miss the most.

It continues to be important, however, that we maintain our vigilance with regard to this virus and continue to follow the requirements as set out by the Provincial Health Officer and Fraser Health. I also want to you to know that many people in community are following this same advice. Our staff have curtailed activities and shopping and have continued to maintain small social bubbles in order to help protect their families and each of you. Murray and I were talking other day that we haven’t eaten in a restaurant since this pandemic was declared. I haven’t been to church since March. All the older adults that I know are having others do their grocery shopping, or using delivery services provided by the grocery stores. Life is not ‘usual’ here, but it is equally ‘not usual’ everywhere.

We continue to liaise with Fraser Health, encouraging them to allow us to provide services or activities that we feel can be safely done. This includes the return of our hairdresser and the introduction of scenic drives in our bus. We also are working to increase the number of meals served in the dining room. We will continue to advocate for services and activities that we feel are safe, but in the end we must obtain permission from Fraser Health prior to reinstating any of these services.

Jackie Reiners
Executive Director

Family Visits

Fraser Health has updated their requirements to **1 visitor per resident per visit** with no more than 1 visit per day. We realize that this is a change and are in discussions with Fraser Health regarding this change. We are in the process of hiring staff to ensure safe infection control processes continue to be in place.

To ensure the safety of our community, we continue to encourage family and friends to stay in touch **virtually and remotely**. Please contact the recreation department for assistance with this.

The majority of onsite visits will continue to occur outside in designated visiting areas at the **main entrance** and at the **east entrance**. Outside continues to be the safest place to visit.

Visitors must:

- 1) make an appointment**
- 2) prescreen prior to arriving at Augustine House.**
- 3) bring and wear a face mask at all times**
- 4) follow the posted rules regarding physical distancing and duration of visit.**
- 5) At this time, no items, including food and drink, may be exchanged between the resident and their visitor.**

Visits will not be allowed if there is an active COVID-19 outbreak at the home, and you will not be able to visit if you or your family member is ill or have any COVID-19-like symptoms. Visits may be cancelled due to poor weather.

Our priority continues to be protecting vulnerable residents, so we are taking a cautious and phased approach. To this end, Augustine House continues to, screen residents and staff twice daily for symptoms to ensure the overall health and well-being of residents. Augustine House will carefully and thoughtfully plan our approach to changes as they come from the Health Authority and the Ministry of Health. Thank you for working with us to this goal.

Yours Sincerely,

Jackie Reiners,

Executive Director



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