



October 16, 2020

Dear Augustine House Community,

Fall is here and the weather is getting cooler. To facilitate continued social visiting, we have built an inside social visiting area inside our East Entrance, complete with barriers and comfortable chairs. We have also ordered outdoor heaters to allow outdoor social visits to continue as they have through the summer. We recommend visiting outdoors when the weather permits as this continues to be the safest way to interact with others. Please ensure that you specify whether you would like to visit inside or outside when booking a visit. Due to regulations, indoor visiting is permitted only for Designated Social Visitors. Remember when you come on site to be screened for signs and symptoms of COVID-19, wear a mask, and maintain physical distance. Also, if you are feeling unwell in any way, we ask that you postpone your visit until you are well. This will help us to keep everyone safe, including residents, staff, and families. And remember, visits continue to be possible using our tablets. If you would like assistance with this, please speak with Tim and our Recreation Department.

We have begun serving greater numbers of residents in the dining room for lunch and for dinner. This has been received very positively by residents and staff alike. It is lovely seeing friends visiting over their meals, appropriately distanced of course. We encourage residents to come to meals as invited, but this remains their choice.



Other activities, such as exercises, word games, social hours, and the famous trivia continue to be popular. Our exercise programming has been increased to ensure everyone who wishes to attend can, as physical distancing reduces the number of people who can be accommodated per class. We are also hoping to reintroduce yoga in the near future. It is so important to ensure we keep moving as we move into the cooler weather!

Take care, stay well, and remember to be kind to one another.

Yours,
Jackie Reiners
Executive Director
Augustine House