

Week 4	November 23- November 29		Please underline the option you would like. Thank You!
Rm #	Name	Special Requests	
MONDAY	Beef Tomato Cabbage Soup Baked Mac & Cheese / Mixed Greens Pastrami Sandwich on Rye With Homemade Potato Salad Diced Peaches with a Cookie	Split Green Pea Soup Greek Salad Chicken Souvlaki Tzatziki/Pita Bread Stuffed Sole/Spinach & Shrimp Dill Cream Sauce Greek Style Potatoes, Fresh Mixed Vegetables Baklava	
TUESDAY	Fish with Tomato Basil Broth Perogies with Bacon, Onions & Sour Cream and Cheddar with Corn Shrimp Salad Sandwich/Multigrain Bread, Hawaiian Coleslaw Butterscotch Pudding	Turkey, Rice & Vegetable Soup Mixed Greens Irish Stew Bratwurst Sausage with Fried Onion Gravy Mashed Potatoes & Green Beans Black Forest Cake	
WEDNESDAY	Corn & Ham Chowder Smoked Salmon, Fresh Dill & Leek Quiche/Mixed Greens Croissant with Bacon, Tomato & Lettuce/ Honeydew & Cantaloupe Fruit Jell-O with Fruit	Chicken, Barley & Mushroom Soup Waldorf Salad Slow Braised Eye of Round Roast Beef & Gravy Breaded Haddock with Tartar Sauce Baked Potatoes, Peas & Corn Assorted Pies	
THURSDAY	Minestrone Rubeen Sandwich/ Marble Rye Bread, Chips & Pickle Egg Salad Sandwich/Pickled Beets Cinnamon Bun	Leek & Potato Soup Napa Cabbage Salad Sweet & Sour Chicken Home Made Meat Lasagna/ Garlic Bread Basmati Rice, Mixed Vegetable Home Made Blueberry Crumble	
FRIDAY	Potato Mushroom Soup Fish & Chips/ Tartar Sauce, Lemon & Coleslaw Roast Beef Sandwich on Olive Bread, Home Made Macaroni Salad Warm Home Made Rice Pudding	Cauliflower Soup Mixed Greens w/ Papaya Dressing Beef Stroganoff with Buttered Egg Noodles Wild Pacific Halibut with a Herb Cream Sauce Parslied Carrots/Potato Pancakes Upside Down Pineapple Cake	
SATURDAY	Cream of Carrot & Ginger Soup Pancakes & Bacon With Maple Syrup & Orange Slice Ham & Swiss Cheese Sandwich With Sun Chips/ Dill Pickle Diced Pears / Cookie	Lentil Vegetable Soup Caesar Salad Tomato & Pesto Crusted Steelhead Trout Salisbury Steak with Gravy Steamed Potatoes, Roasted Pumpkin Squash Strawberry Rhubarb Pie	
SUNDAY	Broccoli Soup Fried Egg & Sausage on a English Muffin with Hash Browns & Watermelon Chicken Salad Sandwich with a Fresh Tarragon & Lemon Mayo, Coleslaw Assorted Desserts	Cream of Tomato Soup Mixed Greens Baked Ham with Brown Sugar & Mustard Glaze & Apricot Sauce Steak & Kidney Pie with Gravy Scalloped Potatoes, Cauliflower Florets Lemon Cream Cake	

***Yogurt, Ice Cream, Fresh Fruit Salad & Jell-O Available Upon Request**