

Week 3	January 11 – January 17	Please Put A ✓ Next To The Option You Would Like. Thank You!
Rm #	Name-	Special Requests:
Monday	Butternut Squash Soup Chicken Strips/ Caesar Salad & Plum Sauce Corned Beef Sandwich on Rye Bread With Potato Chips & Pickles Butter Tart Bar	Tomato Cheddar Soup Broccoli Salad Lightly Breaded Cod/ Fresh Herb Sauce Spaghetti & Meatballs/Parmesan Cheese & Garlic Bread Steamed Potatoes & Acorn Squash Apple Crumble
Tuesday	Ham and Yellow Pea Soup Cheese Quesadilla with Salsa & Sour Cream Mixed Greens Roast Beef Sandwich on Multigrain Pickled Beets Chocolate Pudding Chocolate Stick Garnish	Cream Of Mushroom Soup Tomato, Red Onion & Feta Salad Home Made Meat Loaf with Tomato Sauce Lemon Caper Chicken Mashed Potatoes, Parsnips & Carrots Pecan Pie
Wednesday	Chicken Noodle Soup Turkey a la King Served in a Pastry Shell, Buttered Green Peas Cheese, Lettuce & Tomato on a Kaiser Bun with Pesto Mayo, Tortellini Salad Jell-O with Fruit	Cream of Broccoli & Potato Soup Carrot and Raisin Salad Braised Pork Cutlets with Mushroom Sauce Shrimp Newberg Scallop Potatoes, Corn Niblets Strawberry Cheesecake with Strawberry Sauce
Thursday	Tomato Barley Vegetable Grilled Ham Sandwich with Horseradish Mayo & Jack Cheese on Sourdough/Tossed Salad Egg Salad Sandwich with Sun Chips Warm Home Made Rice Pudding	Green Split Pea Soup Four Bean Salad & Rice with Fresh Basil Pan Seared Chicken Breast With Parmesan Cheese & Tomato Sauce Steak & Mushroom Pie/ Gravy Roast Potatoes, Braised Red Cabbage Plum Pudding with Warm Custard Sauce
Friday	Cheddar Cheese & Potato Soup Chicken Burger with Jack Cheese, Yam Fries & Dill Pickle Tuna Salad Sandwich/ Red Grapes Angel Food Cake with Strawberries & Cream	Chicken Gumbo Romaine / Balsamic Dressing, Blue Cheese & Walnuts Ginger Roasted Steelhead Beef Bourguignon with Buttered Egg Noodles Steamed Potatoes, Peas & Pearl Onions Bumbleberry Pie
Saturday	Cream Of Carrot Eggs Benedict with Ham, Pan Fried Potatoes, Orange Slice Turkey Sandwich with Cranberry Mayo, Potato Chips Tropical Fruit Salad and a Freshly Baked Cookie	Beef Vegetable Noodle Soup Baby Greens Butter Chicken with Naan Bread Local Cod Fillet with Tomatoes, Olives & Capers Jasmine Rice, Fresh Broccoli Mango Mousse Cake
Sunday	Seafood Chowder Scrambled Eggs & Bacon Triangle Hash Browns, Mini Croissant Salmon Salad Sandwich with Dill Lemon Mayo and Carrot Raisin Slaw Assorted Squares	Navy Bean & Bacon Soup Caesar Salad Roast Pork Loin With Leek & Dijon Mustard Cream Sauce Turkey Schnitzel with Gravy & Cranberry Sauce Mashed Potatoes, Carrots with Fresh Parsley Pumpkin Pie

Yogurt, Ice Cream, Fresh Fruit Salad & Jell-O on Request