

Week 4	January 18 – January 24	Please underline the option you would like. Thank You!
Rm #	Name	Special Requests
MONDAY Jan 18	Beef Tomato Cabbage Soup Baked Mac & Cheese / Mixed Greens Pastrami Sandwich on Rye With Homemade Potato Salad Diced Peaches with a Cookie	Split Green Pea Soup Greek Salad Chicken Souvlaki Tzatziki/Pita Bread Stuffed Sole/Spinach & Shrimp Dill Cream Sauce Greek Style Potatoes, Fresh Mixed Vegetables Baklava
TUESDAY Jan 19	Fish with Tomato Basil Broth Perogies with Bacon, Onions & Sour Cream and Cheddar with Corn Shrimp Salad Sandwich/Multigrain Bread, Hawaiian Coleslaw Butterscotch Pudding	Turkey, Rice & Vegetable Soup Mixed Greens Irish Stew Bratwurst Sausage with Fried Onion Gravy Mashed Potatoes & Green Beans Black Forest Cake
WEDNESDAY Jan 20	Corn & Ham Chowder Smoked Salmon, Fresh Dill & Leek Quiche/Mixed Greens Croissant with Bacon, Tomato & Lettuce/ Honeydew & Cantaloupe Fruit Jell-O with Fruit	Chicken, Barley & Mushroom Soup Waldorf Salad Slow Braised Eye of Round Roast Beef & Gravy Breaded Haddock with Tartar Sauce Baked Potatoes, Peas & Corn Assorted Pies
THURSDAY Jan 21	Minestrone Rueben Sandwich/ Marble Rye Bread, Chips & Pickle Egg Salad Sandwich/Pickled Beets Cinnamon Bun	Leek & Potato Soup Napa Cabbage Salad Sweet & Sour Chicken Home Made Meat Lasagna with Garlic Bread Rice & Mixed Vegetable Blueberry Crumble
FRIDAY Jan 22	Potato Mushroom Soup Fish & Chips/ Tartar Sauce, Lemon & Coleslaw Roast Beef Sandwich on Olive Bread With Home Made Macaroni Salad Warm Home Made Rice Pudding	Cauliflower Soup Mixed Greens with Papaya Dressing Beef Stroganoff with Buttered Egg Noodles NEW Wild Pacific Cod with a Herb Cream Sauce Carrots & Brussel Sprouts, Mashed Potatoes Upside Down Pineapple Cake
SATURDAY Jan 23	Cream of Carrot & Ginger Soup Pancakes & Bacon With Maple Syrup & Orange Slice Ham & Swiss Cheese Sandwich With Sun Chips/ Dill Pickle Diced Pears / Shortbread Cookie	Lentil Vegetable Soup Caesar Salad Tomato & Pesto Crusted Steelhead Trout Salisbury Steak with Gravy Mashed Potatoes, Fresh Asparagus Strawberry Rhubarb Pie
SUNDAY Jan 24	Broccoli Soup Fried Egg & Sausage on a English Muffin with Hash Browns & Watermelon Chicken Salad Sandwich with a Fresh Tarragon & Lemon Mayo, Coleslaw Assorted Desserts	Cream of Tomato Soup Mixed Greens Baked Ham with Brown Sugar & Mustard Glaze & Apricot Sauce Turkey Pie with Gravy Scalloped Potatoes, Cauliflower Florets Lemon Cream Cake

***Yogurt, Ice Cream, Fresh Fruit Salad & Jell-O Available Upon Request**