

The Augustine Eagle

APRIL 2021



HAPPY EASTER EVERYONE !



RESIDENT FORUM MINUTES

Held March 25, 2021 @ 2:30 pm in Dining Room

Present: Tim, Anne, Jackie, Marine, and 55 residents attended.

Jackie:

- Overview of announcements today from Dr. Bonnie Henry.
- As of April 1st we will be able to expand visitation, residents can visit with 2 visitors in their suite and more outside. Residents will no longer be limited to visiting with the same designated person.
- Proper infection control measures **must remain in place**, (mask wearing, hand hygiene).
- Dining: we will be able to have more than 1 person at a table.
- Isolation periods may be adjusted.
- We are working through all of these positive steps with **Fraser Health** and as soon as we can implement changes, we will let staff and residents know.

Marine:

- Regarding upcoming changes; visits still need to be booked, visitors will still need to be screened & proper infection-control measures will still be in place.
- Residents still need to maintain 6 ft distancing in suites.
- Still no more than 10 people allowed at outdoor gatherings.
- As per Fraser Health guidelines, it is the Resident's choice to wear a mask.
- While it is recommended that residents continue to wear a mask, we do not force vaccinated or un-vaccinated residents to wear a mask.
- We will work in conjunction with Fraser Health and will have a more detailed plan in the coming days.
- Thank you for your co-operation while we work through the upcoming changes.

Tim:

- April Newsletter will be coming out next week.
- We will soon be removing the old pool table and getting a new, smaller one Thanks to Jack and Bob for their help with this project.
- Thank you to Augustine House & the Resident Council for their kind donations to this cause.
- Remembrance Service for residents who passed away in 2020 will take place on April 14th, please join us.
- Volunteer Appreciation Week is coming up in April when we recognize all of our important volunteers.
- Movie times will be changed to 7:15 and 2:15. Thanks to Raymonde for helping with the movie showings.
- Congratulations to Father Norman as he celebrates 50 Years since his Ordination! Thanks Fr. Norman for helping with services at AH this year.



Augustine House Resident Council Meeting

MINUTES OF RESIDENCE COUNCIL MEETING HELD TUESDAY MARCH 2ND 2021

ATTENDANCE: Ed, Peggy, Hazel, Lannet, Carla

REGRETS: Anne, Irene. **GUEST:** Tim.

Call to Order: By Chairperson, Ed Velestuk 10:50 am.

Adoption of Agenda: Carla, Lannet.

Minutes of Last Meeting: Lannet.

Fire and Safety: Discussion regarding evacuation during Emergency, Tim will discuss with Murray.

Hospitality: New Residents, Esther and Al., Gabrielle., Lisa. and Bunty., Hospitality ladies will visit in due course.

Treasurer's Report: Current balance in Resident account is \$6,639.83.

Haven House: New Haven House advocate is Irene, Irene was not able to make the meeting due to Covid - 19 restrictions.

Recycling : Discussion regarding tabs on Cans and who collects them, Tim will gather information regarding this.

Resident Cathy will continue to collect juice cups for recycling, thank you Cathy.

This is a good source of income for the resident fund, so please **do not** put these little nuggets in the garbage.

New Business: Discussion on Resident Council to donate funds to go towards the purchase of a new Pool table for Augustine House, Council will meet at a special meeting to discuss further.

Adjournment by Hazel, Carla 12:03.

Next Meeting: Tuesday April 6th 10:45 am.

HAVEN HOUSE HAPPENINGS

March was a busy month in Haven House. We celebrated three special birthdays in style, and we had a tea on St. Patrick's Day, complete with limericks and Irish trivia. Just for fun, we had a special tropical party, what a laugh! There's a few photos of our fun afternoon below.

Looking ahead to April, Doreen will be celebrating her birthday on the 1st of the month. We will make sure to get her favorite cake! We will be celebrating Easter on Sunday, April 4th and are planning to nibble on a little chocolate that day.

Have a fantastic April everyone



FRIDAY NIGHT MOVIES

FRIDAY APRIL 2ND @ 7:15 pm "ENCHANTED APRIL"

When married British women Rose Arbuthnot and Lottie Wilkins decide to take a break from their respective spouses, they stay at a castle in Italy for a quiet holiday. Joining the ladies is Caroline Dester, a young socialite, and Mrs. Fisher, an older aristocrat. Liberated from their daily routines, the four women ease into life in rural Italy, and each finds herself transformed by the experience.

FRIDAY APRIL 9TH @ 7:15 pm "JULIE AND JULIA"

Julie Powell, a young blogger, is determined to emulate Julia Child's cooking techniques. Though separated by time, the two women share a common passion for food that intertwines their lives.

FRIDAY APRIL 16TH @ 7:15 pm "HOPE GAP"

Grace lives an idyllic life in a British seaside town, but her world soon comes crashing down when her husband of 29 years tells her he is leaving her for another woman. Through stages of shock, disbelief, and anger -- and with support from her son -- Grace ultimately regains her footing while learning it is never too late to be happy.

FRIDAY APRIL 23RD @ 7:15 pm "THE BEST OF MEN"

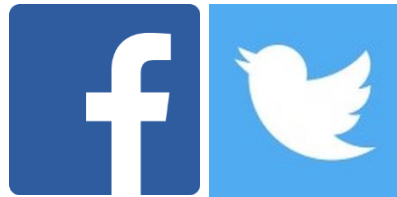
Drama about the birth of the Paralympics in 1948. The remarkable Dr Guttman comes to Stoke Mandeville Hospital and begins to transform the lives of his patients. They are paralysed soldiers, written off and facing death from neglect. Their big breakthrough comes when Guttman introduces sport into their rehabilitation.

FRIDAY APRIL 30TH @ 7:15 pm "IT STARTED IN NAPLES"

Michael Hamilton, a xenophobic American lawyer, goes to Naples to settle the estate of his dead brother and sister-in-law. As he tries to bring his nephew to the US, the latter's pretty aunt objects.

Please note : Our **Sunday** Matinee will now be Closed Captioned (CC)
And will commence at the NEW time of **2:15 pm**


DID YOU KNOW.....

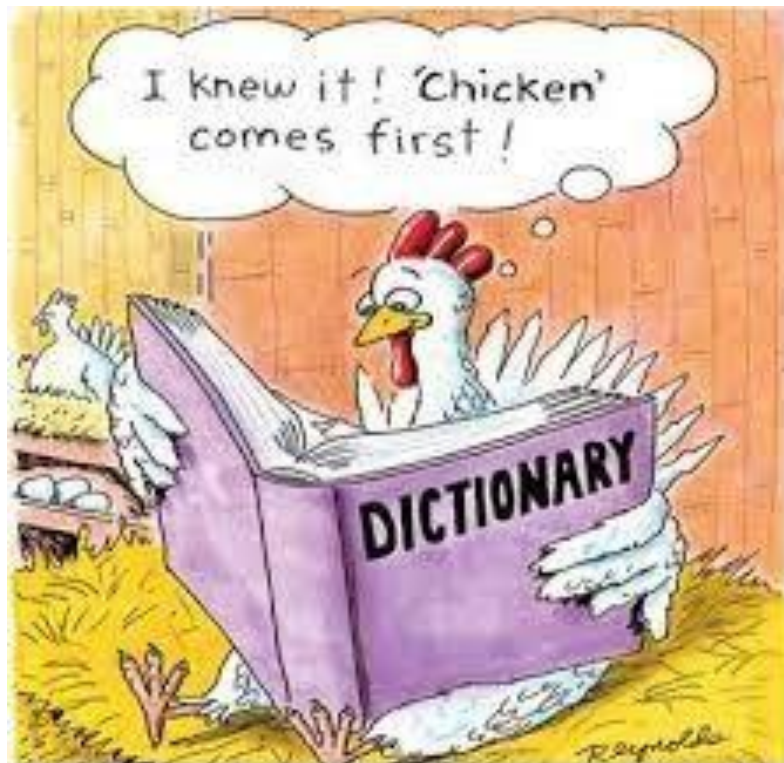


We have a website - check it out at

 We have a Facebook Page - just go to www.facebook.com and search Augustine House Society and "Like" us or Google Facebook Augustine House Society

 We even have a Twitter page! Our name is @augustinehouse

 We also have areas in the building that have wireless access, so if grandkids are visiting and they want to play on their electronic devices, they can connect to the internet for free! Get the passwords from reception



WHO'S NEW IN THE HOUSE



KATHLEEN 'BUNTY'

Bunty was born in Jamaica to English parents; her father ran a department store in Kingston called **Nathans**.

Bunty was sent to boarding school in Bedford, England when she was nine or ten, which she says, was not easy for her and only saw her parents for 3 weeks a year afterwards.

At school Bunty was a very good Tennis player and was seen by someone who ran Chase Tennis Centre in the U.S., he wanted Bunty to pursue Tennis but her father said her education was more important.

Later in life, Bunty coached Tennis for many years.

On returning to Jamaica , Bunty worked for a Bauxite mining company,

(Bauxite is one of Jamaica's biggest exports).

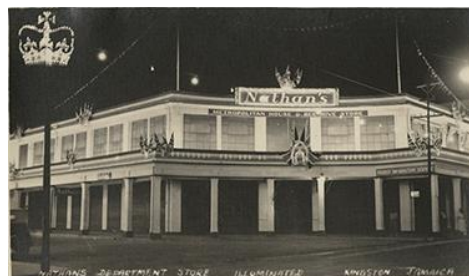
Bunty met her soon to be husband Jack who was from West Vancouver, they married and moved to Vancouver because Kingston was becoming increasingly unsafe.



The name Bunty came about because she was quite ill as a child and needed medical treatment in London, England. There was a play in London's west end at the time called 'Bunty pulls the strings', and the name stuck.

Welcome to Augustine House Bunty

Nathans Dept. store in Kingston Jamaica



NATIONAL VOLUNTEER WEEK

APRIL 18TH – 24TH



Celebrate the Value of Volunteering

- Building confidence, competence, connections and community -

On behalf of Augustine House, we would like to express our sincere thanks for your time, commitment and dedication in making a difference to the quality of daily life of all the Residents who have chosen to make Augustine House their home.

Did you know that collectively our more than 50 volunteers have contributed over 1500 hours of their time? And that is only what we record; it is equivalent to one full time employee working all day, every day!

As the 2021 National Volunteer Week theme notes, we would not be as successful in building our community without your selfless contribution of your time and presence here with us. We hope that you feel connected to us and see yourself as part of our big family as we do of you.

Not only do you go above and beyond, share your giving spirit, believe in our mission, and leave an impression on the lives of those you are in contact with, your contributions to Augustine House strengthen our organization for everyone who lives and works here.

Our volunteers include Resident Council members, to piano players, to Board Members; from popcorn makers to garden attenders; to dancers and singers, to friends, companions and even animals, and to the many more WE THANK YOU!

THE EASTER BUNNY

The Easter Bunny is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide. The Easter Bunny is sometimes depicted with clothes. In legend, the creature carries colored eggs in his basket, candy, and sometimes toys to the homes of children, and as such shows similarities to Santa Claus or the Christ kind, as they both bring gifts to children on the night before their respective holidays.



Rabbits and Hares

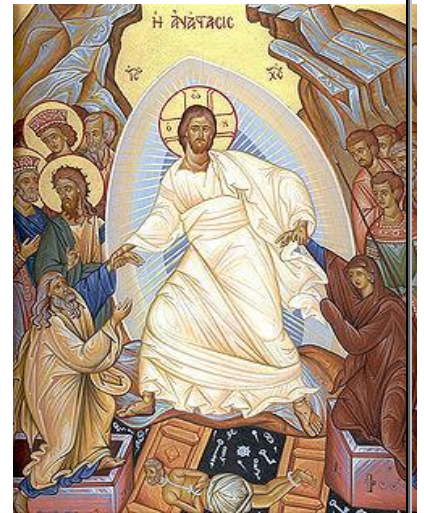
The hare was a popular motif in medieval church art. In ancient times, it was widely believed that the hare was a hermaphrodite. The idea that a hare could reproduce without loss of virginity led to an association with the Virgin Mary, with hares sometimes occurring in illuminated manuscripts and Northern European paintings of the Virgin and Christ Child. It may also have been associated with the Holy Trinity, as in the three hares motif. Eggs, like rabbits and hares, are fertility symbols of antiquity. Since birds lay eggs and rabbits and hares give birth to large litters in the early spring, these became symbols of the rising fertility of the earth at the Vernal Equinox.

Eggs

In addition, Orthodox churches have a custom of abstaining from eggs during the fast of Lent. The only way to keep them from being wasted was to boil or roast them, and begin eating them to break the fast. As a special dish, they would probably have been decorated as part of the celebrations. Later, German Protestants retained the custom of eating colored eggs for Easter, though they did not continue the tradition of fasting. Eggs boiled with some flowers change their color, bringing the spring into the homes, and some over time added the custom of decorating the eggs. Many Christians of the Eastern Orthodox Church to this day typically dye their Easter eggs red, the color of blood, in recognition of the blood of the sacrificed Christ (and, of the renewal of life in springtime). Some also use the color green, in honor of the new foliage emerging after the long-dead time of winter. The Ukrainian art of decorating eggs for Easter, known as pysanky, dates to ancient, pre-Christian times.

EASTER

Easter, also called Pascha (*Greek/Latin* or Resurrection Sunday), is a festival and holiday celebrating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial after his crucifixion by the Romans at Calvary c. 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent (or Great Lent), a forty-day period of fasting, prayer, and penance.



Most Christians refer to the week before Easter as "Holy Week"—it contains the days of the Easter Triduum, including Maundy Thursday, commemorating the Maundy and Last Supper, as well as Good Friday, commemorating the crucifixion and death of Jesus. In Western Christianity, Eastertide, or the Easter Season, begins on Easter Sunday and lasts seven weeks, ending with the coming of the fiftieth day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the fortieth day, the Feast of the Ascension.

Easter and the holidays that are related to it are *moveable feasts* which do not fall on a fixed date in the Gregorian or Julian calendars which follow only the cycle of the sun; rather, its date is determined on a lunisolar calendar similar to the Hebrew calendar. The First Council of Nicaea (325) established two rules, independence of the Jewish calendar and worldwide uniformity, which were the only rules for Easter explicitly laid down by the council. No details for the computation were specified; these were worked out in practice, a process that took centuries and generated a number of controversies. It has come to be the first Sunday after the ecclesiastical full moon that occurs on or soonest after 21 March, but calculations vary.

Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In many languages, the words for "Easter" and "Passover" are identical or very similar. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church, and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades.

THE RESURRECTION OF THE LORD

Easter is an invitation to step out into a wonderful new life.

The women in Mark's telling of the gospel had set out early, planning to be the first to anoint (and therefore to respect and show love for) the crucified Jesus. Yet they received a fearful surprise.

The rock to the tomb had been moved, and a mysterious figure dressed in a white robe announced, "He is not here."

No wonder they were gripped with terror and amazement – it isn't easy to enter new and unfamiliar terrain and confront the totally unexpected, especially when you have just suffered a crushing loss.

Yet, these women, these first witnesses to the resurrection, can serve as guides for us today because the resurrection didn't finish with the end of this Gospel.

We're all invited to continue living the resurrection today. How? By removing, whatever obstacles block our faith journey and prevent us moving closer to God. By stepping out ourselves to anoint the wounds of a suffering world and a damaged creation, wherever we may find them.

By building individual and societal relationships of love and justice, we make it evident that Jesus has risen, in our own hearts, our minds, and our actions.

This Easter, let's dare to run the risk of resurrection!

Submitted by Fr. Norman Birch





Easter Story

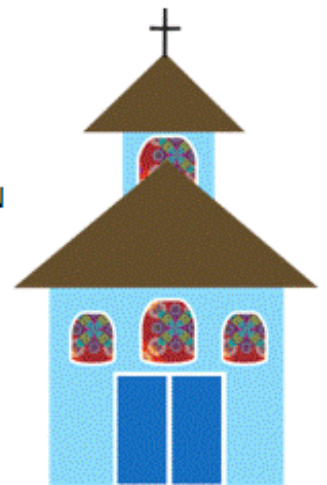
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APOSTLES
BETRAYAL
CAVE
CHURCH
CROSS
CROWN
CRUCIFIXION
DISCIPLES
FAITH
GOOD FRIDAY

JESUS CHRIST
JUDAS
LAMB
LAST SUPPER
LENT
MARY
MIRACLE
PASSOVER
PENANCE
PENTECOST

PRAYER
REDEMPTION
REJOICE
RESURRECTION
RISEN
SAVIOR
SON
THORNS
TOMB



Don and Ginny Russell spent a year in Japan in 1970-71 with their three daughters. The 11 and 13 year olds went to a Japanese public school. Mary Joyce, the youngest, writes in her diary on December 16th, 1970.
(actually written by Ginny)

DEAR DIARY:

The weirdest thing happened on my way to school today. I saw my reflection in a store window. "Who is that pale looking kid? She must be sick," I thought. Compared to my school friends, my skin looks sort of half cooked. Morna and I are the only foreign kids in the school. The Principal looked very surprised when he saw that we were both left handed. Mom tried to explain that all Canadians are not left handed, but I'm not sure he believed her!

Dad asked the Principal if we could have next Thursday off, to go to Church. Imagine going to school on Christmas Day! We like church a lot here, because it the only place where we can talk English.

Mom bought a great souvenir yesterday, a second hand wedding kimono. I plan to wear it for my wedding, but that's my secret!!! Off to bed now.



Twelve years later, August 16, 1982,
the wedding of Bob and Mary Joyce (Russell) Twaites

APRIL 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

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Betty telling jokes on
St Patrick's Day



Dear Residents,

As you are aware, there have been changes to regulations regarding life at Long Term Care and Assisted Living in British Columbia. Augustine House is working very hard to put these changes in place while **ensuring the safety and health of our community**. We ask that you **work with us** to keep us all well.

As we hear from the Provincial Government, the case numbers continue to climb. **'Fewer faces and bigger spaces' continues to be good advice for us all.** We encourage you to visit outside when you can and ensure all safety and infection control procedures are followed while at Augustine House, **including visitors being screened for signs of Covid-19 upon arrival, visitors wearing a medical mask at all times, practicing hand hygiene, and keeping social distance.**

Dr. Bonnie Henry acknowledged that these changes will increase the risk of outbreaks in Assisted Living and Long Term Care communities. However, the general consensus is that the benefits of more family interaction will outweigh these risks. These risks have been lowered because we have received both doses of vaccine. Should we identify a case of Covid-19 in the Augustine House community, we will be required to follow all lock-down procedures in place which will result in the suspension of all visits until the community is considered clear.

Visits to Augustine House

- What has changed?
 - Residents are able to have up to two visitors plus one child for visits in their suite. Visitors are asked not to visit with anyone else on the way to or from the suite. Visits are not yet permitted in common or shared areas.
 - Holding hands is permitted. Both residents and visitors must **perform hand hygiene before and after holding hands.**

- Residents are able to visit outside in designated areas with more than 2 people at a time. Due to space requirements, these visits will be booked into one of three identified visiting areas. We have currently set the maximum number of visitors at 4 and will monitor to see how this goes. We will identify a fourth area for use by Haven House residents, but until this is set up safely, we will continue to provide visiting outside the east entrance for these residents.
- Due to length of visits, we will not be able to accommodate as many visits as last summer. Please ensure you book ahead to avoid disappointment.
- What has not changed?
 - All visits must be booked ahead.
 - **Visitors must wear medial masks while at Augustine House**, both inside and outside. Augustine House will provide these masks. Visitors are asked to perform hand hygiene regularly while on site.
 - All visitors must be screened prior to visiting and sign out when leaving.
 - Visitors should not come to Augustine House if they are feeling unwell.
 - Please refrain from eating or drinking while with visitors. To do so requires the removal of masks which increases the risk of spread.
 - We are currently unable to accommodate areas for walking unless specifically approved as essential.

Outings away from Augustine House

- What has changed?
 - Residents are now permitted to leave Augustine House with family for outings and visits. **These outings must follow the current Medical Health Order in place for all British Columbians.** This currently includes visiting outside instead of inside, maintaining social distance, and wearing a medical mask. If you choose to share a meal, these should be outside and distanced, with no shared food (i.e. dips or shared bowls).

- Outings to grocery stores, hairdressers, and restaurants (when open) are permitted. Augustine House will reinstate our regular trip to the shopping center.
- What has not changed?
 - Residents must wear medial masks and practice social distancing and hand hygiene while out and change their clothing upon return to Augustine House.
 - Public transportation and taxis continue to be considered high risk locations and should be avoided. Personal cars and HandyDART continue to be considered safe.
 - **Residents are required to sign out and sign in to facilitate contact tracing.**

If you have any questions, please feel free to speak with either Marine or myself. Thank you for working with us to ensure the continued safety and health of all who live and work at Augustine House.

Yours,

Jackie Reiners

Executive Director

Together we are Better!



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