

# The Augustine Eagle

***JANUARY 2022***





# RESIDENT FORUM MINUTES

Held December 23, 2021 @ 2:30 pm

Present: Jackie, Tim, Anne, Cathy, Joanne and 45 residents attended in the East Lounge

## **Jackie:**

- On behalf of our staff we want to wish everyone a Merry Christmas.
- With the fast spread of the Omicron variant we ask that if you are not feeling well – please stay in your room, call for a nurse and we will screen you in your room.
- Everyone is still being screened with a temperature check 2X a day, symptoms of the variant seem to be nasal congestion, scratchy/sore throat, and fatigue.
- We will likely be increasing our Rapid Testing, more details will be coming from FHA.
- We encourage all visitors to KEEP Masks on when in suites – this gives everyone an extra layer of protection.
- For the time being we cannot have guests in the Private Dining Room.
- Let's continue to work hard to keep everyone safe and well.

## **Tim:**

- No shopping bus on Dec 27<sup>th</sup> – instead we'll have bingo as more residents wanted to play!
- Looking forward to our New Year's Eve Celebration with 'The Sax of Us', they'll be playing from 7 – 9:30 pm.
- Recreation Team will be meeting to review all the events and activities we have planned for 2022 – we're looking forward to a great year.
- Helga will be speaking again in January as her Talk on Dream Interpretation was very popular.
- Looking forward to a 'Billiards' club in the New Year
- Ladies Lunch will be at Montanas, Men's Lunch at Two Stone Grill.
- A heartfelt *thank you* to all the residents who have volunteered their time; Resident Council, Recycling, Line Dancing, we want to let you know how much we appreciate all that you do.
- Thank YOU to all the residents who participated in the Door Decorating Contest – we had some beautifully decorated doors this year.
- We want to ensure everyone has a Very Merry Christmas & a Very Happy New Year – please let us know what we can do if you need anything at all!



## *Augustine House Resident Council Meeting*

MINUTES OF RESIDENCE COUNCIL MEETING HELD TUESDAY DECEMBER 28<sup>TH</sup> 2021

**ATTENDANCE:** Ed., Hazel, Lannet, Peggy, Anne.

**REGRETS:** Carla, B.

**Call to Order:** Ed

**Adoption of Agenda:** Anne, Lannet.

**Minutes of Last Meeting:** Ed.

**Fire and Safety:** No report.

**Hospitality:** Augustine House welcomes Joe.

**Treasurer's Report:** Balance of account **\$5488.55**. Two Cheques received for December 2021 in the amount of **\$209.00 (Dec. 16<sup>th</sup>) \$109.00 (Dec. 20<sup>th</sup>)**

**Haven House:** Haven House welcomes Ila.

**Recycling :** No report, Recycling continues to go well.

**New Business:** Suggestion box contained 3 Quarters, 4 staples and a small Yellow button. (Quarters were donated to the Bingo fund).

Popcorn machine was repaired.

**Adjournment by:** Hazel, Lannet.

**Next Meeting:** Tuesday January 25<sup>th</sup> 2022

# DREAM WORK

*Join our very own Helga  
as she discusses the  
subject of dream  
interpretation.*

SATURDAY JANUARY

8<sup>TH</sup> & 22<sup>ND</sup>

MAIN LOUNGE

3:30



**FIGHT GERMS BY WASHING YOUR HANDS!**

1 Wet your hands

2 Soap

3 Lather and scrub - 20 sec

4 Rinse - 10 sec

5 Dry your hands

6 Turn off tap

**DON'T FORGET TO WASH:**

- between your fingers
- under your nails
- the tops of your hands

The image is a handwashing instruction poster. It features a blue header with the text 'FIGHT GERMS BY WASHING YOUR HANDS!'. Below the header are six numbered steps, each with an illustration: 1. Wet your hands (hands under a faucet), 2. Soap (hands with pink soap), 3. Lather and scrub - 20 sec (hands being scrubbed with white foam), 4. Rinse - 10 sec (hands under a faucet with water), 5. Dry your hands (hands being dried with a paper towel), and 6. Turn off tap (hand turning a tap handle). To the right of the steps is a box titled 'DON'T FORGET TO WASH:' with a list of areas to focus on: between your fingers, under your nails, and the tops of your hands.

# FRIDAY NIGHT MOVIES

## FRIDAY JANUARY 7<sup>TH</sup> @ 7:00 PM "THE PEANUT BUTTER FALCON"

After running away from a residential nursing home to pursue his dream of becoming a pro wrestler, a man who has Down syndrome befriends an outlaw who becomes his coach and ally.

## FRIDAY JANUARY 14<sup>TH</sup> @ 7:00 PM " THE FATHER "

A man refuses all assistance from his daughter as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind and even the fabric of his reality.

## FRIDAY JANUARY 21<sup>ST</sup> @ 7:00 PM " THE PUBLIC "

An act of civil disobedience turns into a standoff with police when homeless people in Cincinnati take over the public library to seek shelter from the bitter cold.

## FRIDAY JANUARY 28<sup>TH</sup> @ 7:00 PM " MADE IN ITALY "

A London artist and his estranged son try to mend their relationship as they work together to repair a dilapidated house in Italy.

Please note : Our **Sunday** Matinee will now be Closed Captioned (CC)



# 'Twas the Month AFTER CHRISTMAS

'Twas the month after Christmas and all through the house  
Nothing would fit me, not even a blouse.

The cookies I'd nibbled, the eggnog I'd taste.  
All the holiday parties had gone to my waist.

When I got on the scales there arose such a number!  
When I walked to the store (less a walk than a lumber).

I'd remember the marvelous meals I'd prepared;  
The gravies and sauces and beef nicely rared,

The wine and the rum balls, the bread and the cheese  
And the way I'd never said, "No thank you, please."

As I dressed myself in my husband's old shirt  
And prepared once again to do battle with dirt---

I said to myself, as I only can  
"You can't spend a winter disguised as a man!"

So--away with the last of the sour cream dip,  
Get rid of the fruit cake, every cracker and chip.

Every last bit of food that I like must be banished  
Till all the additional ounces have vanished.

I won't have a cookie--not even a lick.  
I'll want only to chew on a long celery stick.

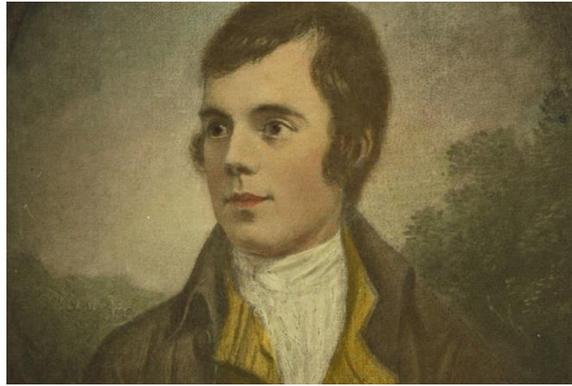
I won't have hot biscuits, or corn bread, or pie.  
I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore---  
But isn't that what January is for?

Unable to giggle, no longer a riot.  
Happy New Year to all and to all a good diet!

Author Unknown

# ROBERT BURNS



Robert Burns was born at Alloway, near Ayr, on January 25, 1759. His father William was a gardener to the Provost of Ayr. Robert was educated briefly at John Murdoch's school in Alloway and later in Ayr.

Family financial worries forced Burns to work as a farm labourer, and it was while thus occupied that he met his first love, Nelly Kirkpatrick. She inspired him to try his hand at poetry, a song entitled "*O, once I lov'd a bonnie lass*", set to the tune of a traditional reel.

Burns worked at a succession of labouring jobs, including flax dressing, and began writing poetry regularly. When his father died in 1784, Burns and his brother Gilbert rented a farm near Mauchline.

Burns spread his affections freely, and the next decade saw eight illegitimate children born to him through five different women. One of these, Jean Armour, became Mrs. Burns in 1788.

The first published work of poetry by Robert Burns was "*Poems, Chiefly in the Scottish Dialect*" which saw the light of day on 31 July 1786. This collection of verse contained many of Burn's best works, including "*To a Mouse*", and "*The Holy Fair*".

The success of "*Poems, Chiefly in the Scottish Dialect*" convinced Burns to abandon plans to emigrate to Jamaica. Buoyed by his burgeoning reputation as an unschooled "ploughman poet", Burns moved to Edinburgh and became part of the thriving cultural scene there.

He was unable to find a patron to support his writing, but publisher James Johnson gave him work editing a collection of Scottish folk songs. This work, titled "*The Scots Musical Museum*", was published in five volumes over sixteen years. Burns himself contributed over 150 songs, including "*Auld Lang Syne*", a reworking of an earlier folk song of unknown origin.

Burns and his wife Jean moved to Mauchline, where in 1790 he produced "*Tam o' Shanter*", which was first published merely as an accompaniment to an illustration of Alloway Kirk, in a volume of "*Antiquities of Scotland*". The growing Burns family moved again, this time to Dumfries.

Burns contributed 114 songs to "*A Select Collection Of Scottish Airs*" by George Thomson, but he received very little payment for his efforts. In 1795, Burns was inspired by the events of the French Revolution to write "*For a' that and a' that*", his cry for human equality.

One year later, on July 21, 1796, Burns was dead of rheumatic fever. He was buried in the churchyard of St. Michael's in Dumfries, even as his wife Jean was in childbirth with their ninth child.

Robert Burns gained more fame after his death than he ever did during his lifetime. Many of his songs and poems have become international favorites - even among those who find his use of Scottish lowland dialect difficult to decipher.



# HAVEN HOUSE HAPPENINGS

*A very Happy New Year, from Everyone in Haven House. Christmas has wrapped up, we have eaten all the leftovers, opened all our presents, toasted the New Year and now we are looking forward to January 2022. We got our White Christmas after all.*

*We have made plans to make Rice Krispy squares in January, play some BINGO, & enjoy the music of our friends Christine & Shawn. We did talk a little about making New Year's Resolutions, but agreed only on taking more walks when the weather allows us, and to try to eat a little healthier. We are also looking forward to Celebrating Thelma's Birthday with a special Tea in her honor on January 17<sup>th</sup>. All the best for a happy, and peaceful 2022*



**MARJORIE**



**DOREEN**

# Friday HAPPY HOUR



FRIDAY JANUARY 7<sup>TH</sup> MUSIC VARIATIONS

FRIDAY JANUARY 14<sup>TH</sup> MIKE KINAL

FRIDAY JANUARY 21<sup>ST</sup> SHAWN MCKEE

FRIDAY JANUARY 28<sup>TH</sup> GORD REBELATO



BILLIARDS/ POOL GROUP  
WEDNESDAYS IN JANUARY

4:00 PM

# WHO'S NEW IN THE HOUSE



## Prad & Anne

Prad was born in Bengal province, India. He had 5 siblings, and went to school and later university there where he earned his first degree in Engineering. Anne was born in Southampton, and moved to Australia with her family when she was just 6 years old. After Anne finished high school, she earned a teaching degree at University of Melbourne, and began a career in elementary schools. When she was 26 years old Anne went to stay with a friend in London and quickly got a job. Anne joined the University of London's Activity club and over a badminton net she met Prad, and it was love at first sight. After 6 months Prad asked Anne to marry him and she did.



Prad had been working as an engineer and after furthering his studies, decided to apply for a job in Canada after enjoying a brief visit there. Prad got the job and the couple moved to Toronto. After spending 7 freezing winters there, Anne & Prad moved to North Delta. Prad then decided to earn his Masters In Management Sciences and Anne joined the staff at an elementary school in Fleetwood. Prad used to keep very active with tennis, badminton, and the gym, nowadays, he still enjoys the gym, and also reading Ken Follett novels and keeping up with world news. Anne is currently learning Spanish, and is looking forward to her book club resuming.



Prad and Anne have one daughter, Lisa who is married to Tim, and one wonderful grandson they are very proud of.

The Bose's have done a lot of travelling, including over 30 cruises! They are very happy to be here.

## Joe

Joe was born in Radway, Alberta, he was raised on a farm with 3 sisters and 4 brothers.

Joe's dad died of a heart attack when Joe was 12 years old, his brother John eventually took over the farm which has now been in the family for 110 years.

Joe left the farm at 17 and went to work numerous jobs including working building the highways.

Joe made enough money to pay for college tuition so he enrolled in Calgary technical School studying construction.

Joe eventually worked for J.K. Campbell and associates, they were a sheet metal company, Joe rose to general manager in the Vancouver branch.

Joe has 3 daughters, was a keen gardener, and likes to play pool.

When the province built New Westminster Hospital, Joe represented the company on the grand opening meeting Prince Phillip and the 17 year old Prince Andrew.



Welcome to Augustine House Joe.

### **WINTER ACROSTIC**

**(A collective poem by the word games group)**

**WINTER WONDERLAND IN MY BACKYARD.**

**ICICLES HANGING FROM THE EAVES.**

**NIGHT IS COMING, LOOKS LIKE A CARD.**

**TREES COVERED IN FROST, SNOWY LEAVES.**

**EXCITEMENT GROWING EVERYWHERE.**

**REFLECTIONS AROUND THE TREE.**



## TILL ROCKING LINE DANCERS

## HANDCHIME CHOIR





JOIN US FOR WEEKLY MASS FROM  
HOLY ROSARY CATHEDRAL IN VANCOUVER

MEDIA ROOM

TUESDAYS

9:30 AM

## **RECREATION MEETING**



**WEDNESDAY JANUARY 26<sup>H</sup> 2022**

**MULTIPURPOSE ROOM**

**2:30 PM**

WE WOULD LIKE TO HEAR FROM YOU, THE RESIDENTS OF AUGUSTINE HOUSE.

ARE WE BRINGING YOU THE KINDS OF PROGRAMS YOU ARE LOOKING FOR?

WHAT CAN WE DO TO MAKE YOU MORE FULFILLED?

JOIN US FOR COFFEE AND A CHAT TO TALK ABOUT THESE THINGS.

## MEET THE STAFF

# 78

**NAME:** HARSHI

**POSITION:** WELCOME AMBASSADOR

**WHAT IS YOUR BASIC PHILOSOPHY IN LIFE:** DO YOUR BEST, THE REST IS UP TO GOD.

**WHAT ARE YOUR FAVORITE BOOKS/MOVIES:** TITANIC.

**WHAT DID YOU WANT TO BE GROWING UP:** TEACHER.

**WHAT KIND OF MUSIC DO YOU LIKE:** ALL KINDS.

**WHAT DO YOU DO FOR FUN:** PLAY WITH MY KIDS.

**WHAT IS YOUR FAVORITE COCKTAIL:** I DON'T DRINK.

**WHAT MAKES YOU HAPPY:** SPENDING TIME WITH MY FAMILY.

**WHAT IS YOUR IDEAL DATE NIGHT:** A NICE NIGHT IN WITH GOOD FOOD.

**WHO WOULD YOU MOST LIKE TO MEET :** QUEEN ELIZABETH.

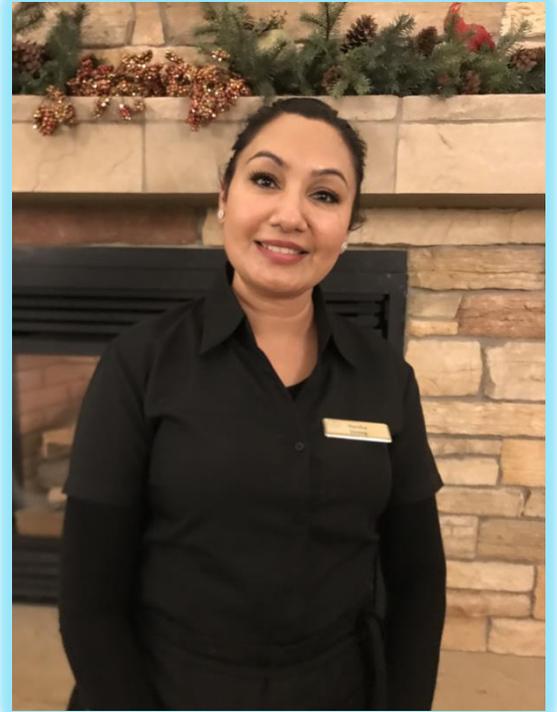
**WHAT IS YOUR PERFECT VACATION:** DISNEYLAND

**WHAT IS YOUR FAVORITE FOOD:** ANY INDIAN FOOD.

**WHAT ADVICE WOULD YOU GIVE A 12 YEAR OLD:** WORK HARD, YOU CAN ACHIEVE ANYTHING.

**WHAT WERE YOUR HIGH SCHOOL GRADES LIKE:** GOOD.

**PARTING WORDS TO THE MASSES ARE...:** I ENJOY WORKING WITH ALL THE STAFF AND MEETING ALL THE RESIDENTS. I ENJOY BEING HERE AND THANK YOU ALL FOR HAVING ME.



# Astronomy

All the words listed are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

G A L I L E O B I G B A N G A  
J U P I T E R Z O D I A C S T  
R O N O Y S P V N E P T U N E  
M Y Y I R R S L E L B B U H O  
M A R S U E Y S U N A R U E N  
E W O F C V R S A T U R N L T  
H Y P E R I O N H E O S F I E  
A K O W E N T C O M E T L O S  
W L L C M U A E I R E E E C T  
K I A N C E V N S O I K V E E  
I M R N W O R T H E I C A N L  
N C I H L A E A R T H O R T E  
G M S L A T S U E E U R T R S  
P H O T O N B R R M S C E I C  
A P N P L A O X Y G E N C S O  
A N D R O M E D A N A S A M P  
Y T I V A R G Y A N A C P T E  
I V E R E A L U B E N O S L E

ANDROMEDA  
APOLLO  
BIG BANG  
CENTAUR  
COMET  
EARTH  
GALILEO  
GRAVITY  
HAWKING  
HELIOCENTRISM  
HUBBLE  
HYPERION  
JUPITER  
MARS  
MERCURY  
METEOR  
MILKY WAY  
NASA  
NEBULAE  
NEPTUNE  
OBSERVATORY  
OXYGEN  
PHOTON  
PLUTO  
POLARIS  
ROCKET  
SATURN  
SPACE TRAVEL  
TELESCOPE  
UNIVERSE  
URANUS  
VENUS  
ZODIAC



# january

## BIRTH FLOWER

*admiration*

*deep love*

*affection*

*purity*

*luck*

*gratitude*



*Whose woods these are I think I know,  
His house is in the village though.  
He will not see me stopping here,  
To watch his woods fill up with snow.*

*My little horse must think it queer,  
To stop without a farmhouse near,  
Between the woods and frozen lake,  
The darkest evening of the year.*

*He gives his harness bells a shake,  
To ask if there is some mistake.  
The only other sound's the sweep,  
Of easy wind and downy flake.*

*The woods are lovely, dark and deep,  
But I have promises to keep,  
And miles to go before I sleep,  
And miles to go before I sleep.*

*-- Robert Frost*



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