

Egg Dish of the Week: Cheddar Cheese Omelet

WEEK 3	LUNCH	DINNER
Monday Sept 19	Potato & Mushroom Soup Chicken Strips & Plum Sauce with Yam Fries Corned Beef Sandwich on Rye Bread with Homemade Pasta Salad Pecan Streusel Cake	Italian Wedding Style Soup Greek Salad Trio of Salmon, Cod & Prawns with Tarragon Cream Sauce Tortellini in a Creamy Basil Pesto Sauce / Garlic Bread Steamed New Potatoes And Carrots with Honey Chocolate Cake
Tuesday Sept 20	Tomato with Fresh Basil Soup Fresh Fruit & Assorted Cheese Plate / Crackers Egg Salad Sandwich, Celery & Carrot Sticks, Pickled Beets Jell-O with Fruit	Beef Mushroom Barley Soup Quinoa Apple Almond Salad Chicken Schnitzel with Béarnaise Sauce, Mashed Potatoes, Broccoli & Half Tomato Poached Cold Salmon with Lemon Dill Sauce, Carrot Slaw, & Potato Salad Fresh Baked Apple Pie
Wednesday Sept 21	French Onion Soup with Croutons & Parmesan Cheese Baked Beans with Broccoli Slaw and a Pretzel Bun Trio of Deli Meats & Cheese on a Kaiser with Chips & Pickle Nanaimo Bar	Cream of Broccoli Soup Soba Noodle Salad BBQ Ribs Steak and Mushroom Pie/Gravy Baked Potatoes, Fresh Asparagus English Style Trifle
Thursday Sept 22	Spanish Chowder Beef Sliders with Tomato, Lettuce, Pickles and Curly Fries, Watermelon Turkey with Cranberry Mayonnaise on a Croissant, Fresh Melon Tropical Fruit Salad with a Fresh Baked Cookie	Turkey Rice Soup Israeli Couscous Salad Pork Schnitzel with Mushroom Sauce Garlic and Ginger Chicken Thighs with Sweet Pineapple Sauce Roast Potatoes, Corn Chocolate Bread Pudding with Custard Sauce
Friday Sept 23	Pork and Mushroom Soup Ham and Pineapple Pizza, Caesar Salad Cheese, Tomato, & Lettuce Sandwich on Olive Bread with Pesto Mayo, Hawaiian Chips Rocky Road Bar	Coconut Chicken Soup Hawaiian Coleslaw Maui Ribs Mahi Mahi with Fresh Pineapple Salsa Scalloped Sweet Potatoes, Fresh Broccoli Coconut Cream Pie
Saturday Sept 24	Chicken Noodle Soup Blueberry Pancakes with Maple Syrup & Sausages, Fresh Strawberry Garnish Tuna Salad Sandwich with Sun Chips & Dill Pickle Apricots with a Fresh Baked Cookie	New England Clam Chowder Sonoma Style Salad Pork Fried Rice with Egg Roll Chicken Paprikash Basmati Rice, Stir Fried Vegetables Fresh Baked Bumble Berry Pie
Sunday Sept 25	Cream of Asparagus Soup Quiche Lorraine with Half Baked Tomato and Mixed Greens Garnish Chicken Salad with Tarragon Mayonnaise Sandwich with Pickled Beets Assorted Desserts	Tuscan Bean & Vegetable Soup Orange Romaine Salad with Almonds Roasted Chicken and Gravy Sautéed Garlic Prawns Rice Pilaf and Beets Black Forest Cake

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:15am for lunch (service at 1:00) – 4:15pm for dinner (service at 6:00)**