

The Augustine Eagle

NOVEMBER 2023





RESIDENT FORUM MINUTES

Held October 25, 2023 @ 3:00 pm in East Lounge

Present: Jackie, Tim, Anne, Cathy, Joanne, and 35 residents attended in the Media Room

Jackie:

- We are having our Flu/Covid Clinic on October 26th.
- For residents who were asking, Christmas Lights on resident balcony is fine.
- We will put a notice in the Newsletter regarding our 'Scent Free' environment.

Cathy:

- We are organized and ready for our staff to administer the Flu and Covid Vaccines this year, if you have any questions just let us know.

Tim:

- We're looking forward to a new entertainer who will be coming to Augustine House, his name is Alex Whittaker.
- Don't forget about our 'Halloween Happy Hour' on October 31st.
- We will also be welcoming the Neverland Preschoolers in their Halloween Costumes – should be fun!
- Remembrance Day Ceremony will be November 11th – we will be broadcasting the Ceremonies from either Ottawa or Vancouver.
- We'll be organizing the Christmas Market this month – we're looking forward to that on December 6th.
- It's that time again, Grey Cup is on November 19th we're looking forward to the Grey Cup Game – wings and beer on the agenda that day!
- The Jazza Girls will be back to entertain this month, they are very much looking forward to coming back and performing here at Augustine House.
- If you'd like to add to your wardrobe, Alta Vida will be back with a Clothing Sale, no fashion show this time just the sale.
- Check the November Calendar for more events taking place this month!



Augustine House Resident Council Meeting

MINUTES OF RESIDENCE COUNCIL MEETING HELD OCTOBER 24TH 2023.

ATTENDANCE:

REGRETS:

Call to Order:

Adoption of Agenda: TBC

Minutes of Last Meeting: TBC

Fire and Safety: TBC

Hospitality: Welcome to Augustine House : Janeanne, Ruth, Walter, Donna & Stuart, John & Ann and Michael.

Treasurer's Report : Recycle cheque for September 2023 was \$231.00, current bank balance is \$7,158.22.

Thank you to council for a donation of \$123.30 for two new flags for the entrance to Augustine House and \$152.15 for a donation to our Christmas fair.

Haven House: We had a good meeting and residents are happy. Kudos to the Haven House care staff for the excellent care of our residents

Recycling : All going well.

New Business:

Adjournment by:

FRIDAY NIGHT MOVIES

FRIDAY NOVEMBER 3RD @ 7:00 PM " YELLOW ROSE "

A Filipina teen must decide whether to stay with her family or leave her small Texas town to become a country music singer.

FRIDAY NOVEMBER 10TH @ 7:00 PM " MR HOCKEY "

NHL legend Gordie Howe comes out of retirement to play in the newly formed World Hockey Association.

FRIDAY NOVEMBER 17TH @ 7:00 PM " THE SUN IS ALSO A STAR "

College-bound romantic Daniel Bae and Jamaica-born pragmatist Natasha Kingsley meet -- and fall for each other -- over one magical day amidst the fervor and flurry of New York City. Sparks immediately fly between these two strangers, who might never have met had fate not given them a little push. With just hours left on the clock in what looks to be her last day in the U.S., Natasha is fighting against her family's deportation just as fiercely as she's fighting her growing feelings for Daniel.

FRIDAY NOVEMBER 24TH @ 7:00PM " THE IMPORTANCE OF

BEING EARNEST"

Two young gents have taken to bending the truth in order to put some excitement into their lives. Worthing has invented a brother, Earnest, whom he uses as an excuse to leave his dull life behind to visit Gwendolyn . Montcrieff decides to take the name Earnest when visiting Worthing's young and beautiful ward, Cecily . Things start to go awry when they end up together in the country and their deceptions are discovered.

(RESIDENT RECOMMENDED)

Please note : Our **Sunday** Matinee will now be Closed Captioned (CC)

WHO'S NEW IN THE HOUSE



Michael

Michael was born in Guyana, South America in August of 1949. Along with his parents, Michael had a brother and a sister. When Michael was around the age of 16, his family relocated to the province of New Brunswick, in Canada. Michael enrolled at the university of New Brunswick where he earned not one, but two degrees. The first one in Commerce, and the second one in Business Administration. Michael then began a career in Accounting where he worked for a few different companies, including Price/Waterhouse for over 12 years. Michael met and married Jinder in Toronto and they had a daughter Shara, who lives in Ladner. Michael spent seven years living in Mexico City, the largest city in the world. Michael enjoys reading and spending time on his computer.



Welcome to Augustine House Michael.

John and Ann

John and Ann are both from England, John was born in Beckenham, Kent and Ann was born in Essex.

They met on a blind date in Hitchin which is in the county of Hertfordshire in 1952, their romance was soon put on hold when they were due to meet at the Copper Kettle Coffee shop but unbeknownst to Anne, John had to fly to Berlin during his national service – he was gone for two years.

Ann worked at a plastics company and John for the DBC (Danish Baking Company) at Smithfield meat market in London, he also had a 1 year stint in Denmark.

They were married in Hitchin in 1957.

John and Ann lived for 22 years in Tsawwassen and 22 years in Qualicum Beach before moving to Ladner and Augustine House.

Johns passion was sailing and once crewed a racing yacht, Anne loves to play and watch tennis

Welcome to Augustine House John and Ann.

Walter

Walter was born in Butler, Missouri during the great depression and grew up in a mixed farming family.

Walters brother had problems with his feet, special shoes were \$25:00 which the family could not afford, the family went to visit their uncle in Kansas City, the uncle had just fired a driver for being drunk on the job so Walter's father got the job without even knowing the wage.

Walter became an engineer and eventually went to work for Welwood products, he worked there as an administrator and was relocated to Canada in 1974, he worked there for 23 years.

Walters experience with Knights of Columbus with his friend John got him an invite to join the Augustine House Society. They dreamed up the building we all live and work in today. Walter sat in on construction meetings analyzed plans and met with the architects.

Walter was married twice and had 7 children with his first wife. His second wife was Beatrice was from Mexico, and passed away recently. Walter said he was married to two wonderful women.

Welcome to Augustine House Walter.



NOTE FROM TIM

I will be on vacation visiting family in London.

From Thursday Nov. 9rd – Monday Nov. 27th



(Hoy and Helmet pub)

I can be contacted at the following establishments.

The Star Tavern, Belgravia.

The Green Man, Berwick Street.

The Grenadier, Wilton Row.

The Hoy and Helmet, Benfleet. *

The Dog and Duck, Soho.

The Flying Horse, Oxford Street.

The Lamb and Flag, Covent Garden.

The Chamberlayne, Kensal Rise.



*HOY

Until 1922 the pub was called The Hoy, however its name was changed to The Hoy and Helmet. A **HOY** is the name for a broad boat or barge and the name **HELMET** was the hard or foreshore where the boat was drawn up.

It is also, where the word 'AHOY' comes from, when local people wanted to board the boat they would yell "A HOY".



CLOCKS GO BACK 1 HOUR

SUNDAY NOVEMBER 5th



FOOD AND DINING FORUM

WEDNESDAY NOVEMBER 1ST

11:00 AM

MULTIPURPOSE ROOM



REMEMBRANCE DAY SERVICE FROM OTTAWA

SATURDAY NOVEMBER 11th

10:30 AM

MEDIA ROOM (3rd floor)



Rosary Prayers Saturday November 4th and 18th @ 10:30 am.
Catholic Communion Saturday November 11th @ 3:30 pm.

Chapel 3rd floor

TRIP TO VICTORIA

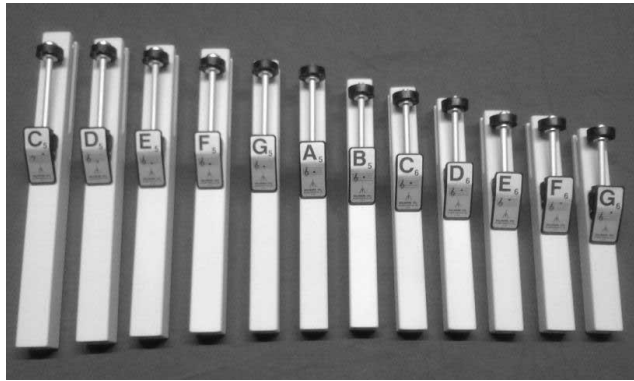


LaVerne and Keith Baldrey

Helena remains calm

Beautiful Victoria after Lunch





Hand Chime Choir

With Music Therapist Christine!

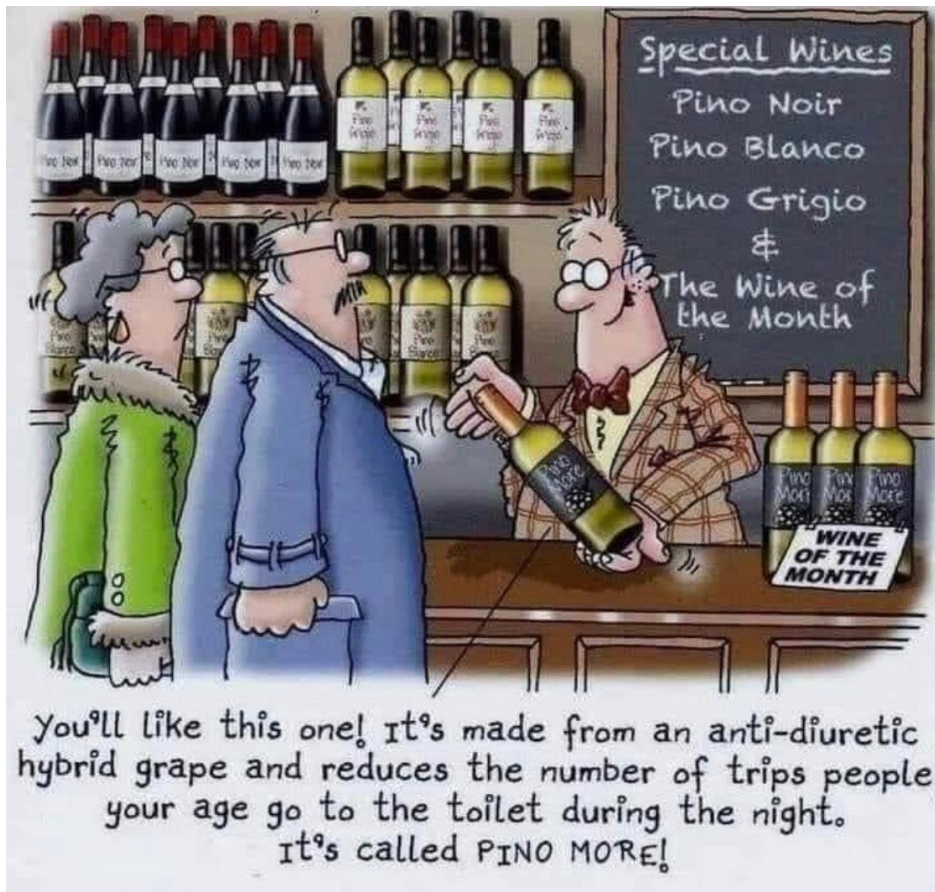
Join us for a fun afternoon of playing Handchimes.

Open to all, No experience necessary.

Wednesdays

3:30 PM

Multipurpose Room





We Remember the Korean War

27 July 2023 marked the 70th anniversary of the signing of the Korean Armistice Agreement, which ended over three years of fighting on the Korean Peninsula.

This important milestone will be commemorated with events in Canada and in the Republic of Korea.

The Korean War started on 25 June 1950, when North Korean troops invaded South Korea. United Nations forces soon joined the fighting, which would rage until an armistice was signed on 27 July 1953.

More than 26,000 Canadians served on land, at sea and in the air during this bitter conflict. Sadly, 516 Canadians died. Long seen as a forgotten war, the Korean War is an important chapter in Canada's military history.



Canadian Korean War Memorial Garden



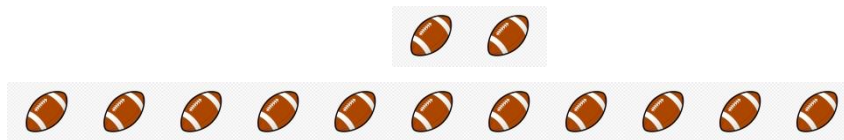
GREY CUP PARTY

SUNDAY NOVEMBER 19TH

3:00 PM

MAIN LOUNGE

JOIN US FOR OUR FAMOUS
WINGS AND A DRINK FROM THE BAR



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9										
8										
7										
6										
5										
4										
3										
2										
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FEELING LUCKY !!!!
GREY CUP SQUARES
AVAILABLE
NOW
\$2:00 EACH

Baking Donations for the Christmas Bazaar



AUGUSTINE HOUSE RESIDENTS AND FAMILIES

We would love to have some baked goods donated for our Christmas bazaar on December 6th.

Please bring it to the Recreation staff; Tim, Joanne or Leanne by Monday December 4th



**Wednesday
December 6th
2023**


**AUGUSTINE
HOUSE**

**Crafts
Photos with Santa
Bake Sale
Poinsettia Sale
Raffle**

**MAIN LOUNGE
AND
MULTIPURPOSE ROOM
1:00 – 4:00**



AUTUMN



Q L W E J M E D I R Y A H K Z B N U T C V P
H N P G I B T S C U E T S O R F D R O S A M
R B S A Z D E P Q N J W I V G X T L E K F H
Y Q U I L T K J F U B H O A E C O L Q D B S
A K X L C V N R E D I P S L M R B H U Z I F
V W D O E J A P B G Z R Q H F A S M I T Y C
M O G F T W L E V S N B R U T N I A N P H Q
X R V R A K B Z J C H I L E P B U F O G W N
T C E J R H S A U Q S Y G W L K O S X H D M
D E H A G L I U M T F E B N O S R N E J P U
S R J C I Q P N O H V L U C A D M E F O K T
G A F K M J D L T U C S E O N H L P B I X U
U C R E T A E W S P D F M Z I B C O H N R A
J S M T P N F C Z R O I W Y A Q H D I L U E
I D Y U N S E V A E L Z C R H P O K M Q S B
B Z R A K E Q H D M X N R E S J P I C E T O
E I L S H Y C B G U K O P T D M F L A R L Z
P F R Q Y R O T X Z W J N B U L A S E M I D
W X B D O J H A R V E S T P C I O Q Y S N L
L H Z M S I J F W O R C A Q Y N K B P U G X

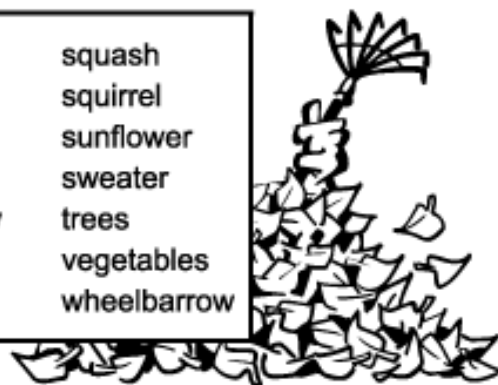
apples
autumn
birds
blanket
bonfire
changing
cider

colorful
cozy
crow
deciduous
equinox
flannel
foliage

frost
harvest
hayride
jacket
leaves
migrate
orchards

pumpkin
quilt
rake
rustling
scarecrow
season
spider

squash
squirrel
sunflower
sweater
trees
vegetables
wheelbarrow



Tree Valley Academy

Friendly Reminder:

Augustine House strives to be a

Sent Free Community

Augustine House strives to create and maintain a healthy and safe environment for everyone. In consideration of others who may suffer from chemical sensitivities and/or allergies, we request that you refrain from wearing scents such as perfumes, colognes, or aftershave while at Augustine House.

Health problems that may be caused by scents include symptoms such as headaches, dizziness, nausea, fatigue, upper respiratory symptoms, and asthma attacks.

Facts about fragrances, scents and perfumes:

- Fragrances are mixtures of hundreds of different chemicals designed to have a particular scent.
- Most chemicals in fragrances remain in the air for a long time.
- Some people are more sensitive to perfumes and other scented products than others.
- Perfumes can trigger a number of health issues for those who have sensitivities.

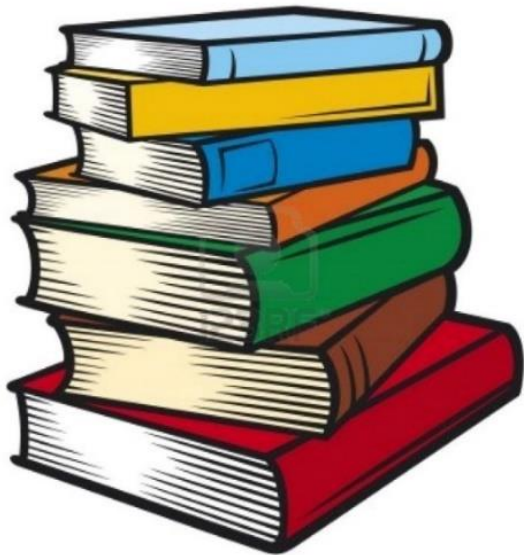


FRIDAY NOVEMBER 3RD PETER TAM

FRIDAY NOVEMBER 10TH LIZ AND STEVE

FRIDAY NOVEMBER 17TH ALEX WHITTAKER

FRIDAY NOVEMBER 24TH MICHELLE CARLISLE



NEW BOOKS

We have had a new delivery of large print fiction and non-fiction books in the East Lounge Take a look, there is something for everyone.

HAVEN HOUSE HAPPENINGS

Well here we are, it's November. What great weather we had right up until the middle of October, we were able to spend some great time outside. A variety of bulbs have been planted in both Haven House gardens, so we will be keeping our eyes out for early blooms in the spring. Enjoy your November everyone



november

BIRTH FLOWER

loyalty

honesty

love

deep passion

get well wishes



Augustine House

3820 Arthur Drive

Delta, B.C. V4K 5E6

Telephone: (604) 940-6005

Fax: (604) 940-601

Email: info@augustinehouse.ca

Website: augustinehouse.ca

