

The Augustine Eagle

APRIL 2024



NATIONAL VOLUNTEER WEEK APRIL 14 - 20 2024

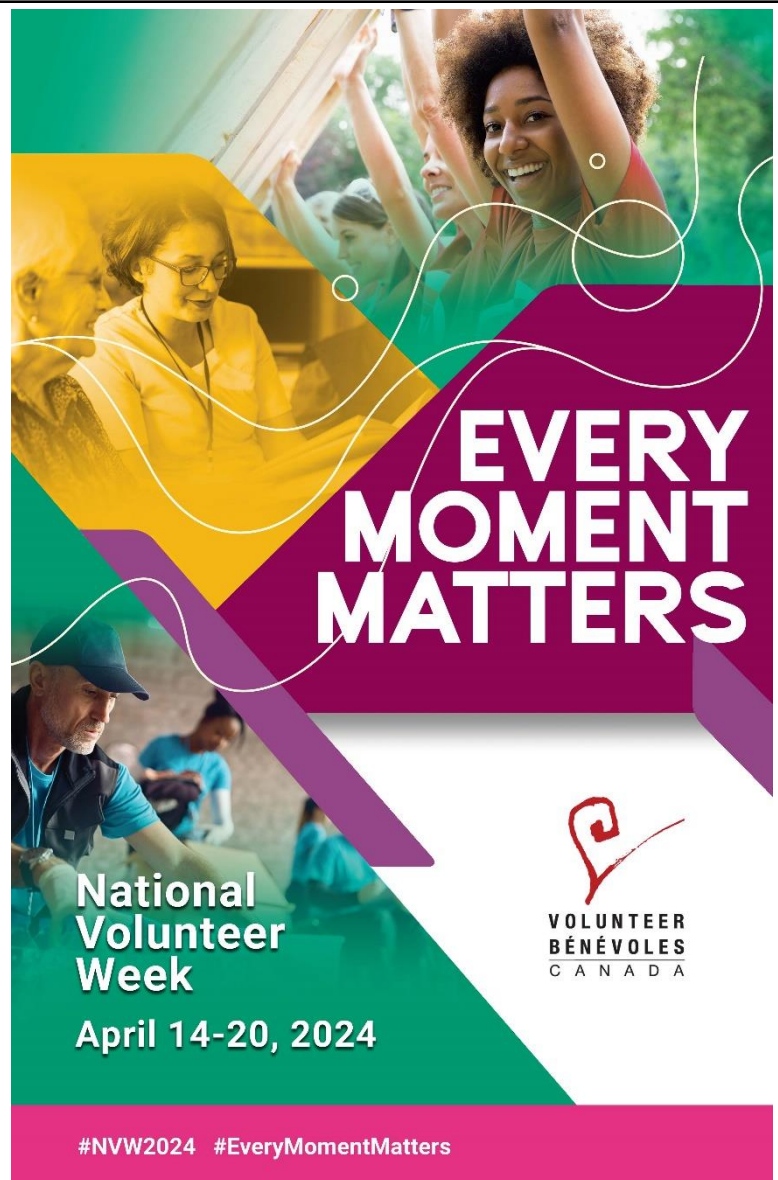
The National Volunteer Week theme for 2024 is **EVERY MOMENT MATTERS**. This reveals the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. These diverse forms of sharing our time, talent and energy strengthen the fabric of our community.

Through volunteering we experience our interconnectedness, making our lives more meaningful. Getting involved in various ways, we find friendship, develop trust, and link our relationships. Threading these connections, we come to belong as we contribute towards the same goals.

Like each individual thread makes weaving stronger, every volunteer's experience, perspective, and abilities add to our collective resilience. Woven together from coast to coast to coast, volunteering reinforces our ability to grow, thrive, and create change within our community, province, and country.

Knowing our volunteer contributions are valued and meaningful creates a greater sense of purpose and dedication. From helping build a home, cleaning up a park, or coaching a sports team to cooking for an ill friend, checking in on a neighbour, or helping a stranger cross the street, each action we take impacts our community's overall wellness, now and for future generations.

During National Volunteer Week 2024, we celebrate our collective impact: through our kindness, generosity and commitment to volunteering, and that **EVERY MOMENT MATTERS**.



WHO'S NEW IN THE HOUSE



Gary

Gary was born in 1936, in the small town of Cardston, Alberta. Famous for its cowboy traditions, First Nation culture, and large Mormon temple.

Gary was one of 10 children and his family lived on a sheep ranch which his father ran. Later the family moved a bit and settled in Vancouver where Gary attended Sir Alexander McKenzie and John Oliver schools.

Gary started working at an early age. He babysat his nieces & nephews, he had a paper route and was even a pinsetter in a bowling alley. Gary worked as a Tile setter for over 25

years and then went into installing

commercial laundry equipment. Gary has been married twice, first to Doris and then his current Carole.

Gary wooed Carole with his big white Cadillac and their shared love of dancing. eventually they had 2 daughters together, one who lived in Australia until recently, so Gary has been there to visit his daughter & grandchildren numerous times.

They have 6 grandkids. Ten years ago, Gary & Carole moved to Ladner to downsize, and as Carole is health issues, Gary decided to move to Augustine House, and were glad he did.



Edwin

Edwin was born in Manitoba; his first wife was Celia but he called her Mickey Mouse because she was small in size.

They were married for 8 years and then divorced. Edwin spent the next 40 years with Corinne who turned out to be his soulmate. Corinne and Edwin lived together in Surrey before Dementia which meant that Corinne had to live in a home. Edwin calls Dementia a Dirty Disease.

Edwin spent a lot of time working Alberta before he came to BC. Edwin has had many jobs including high rigging, mailman, shipper receiver and furnace installer.

Edwin's passion in life is British Motorbikes. Triumph, BSA's and Norton's were his favorites, He was a member of the Winnipeg Motorcycle Club.

Edwin has been a stamp collector for many years and he also loves Dragons, There are many in his suite here at Augustine House.

Welcome Edwin.



Nancy

Nancy was born in Vancouver and grew up in Shaughnessy.

Attending Queens Hall for school, Nancy eventually went to Point Grey, where there were real people she said.

Nancy worked for the CBC as a technician running film for news broadcasts in the downtown Vancouver studio, She retired at 60 years old with no regrets.

Nancy is a qualified pilot and loves to read. Her brother Dave is a local musician and wants to play for us here at Augustine House.

Welcome Nancy.

Spring in My Heart

A breeze at my window,
A tree-top in bloom,
Are beckoning me now
To flee from my room,
All cluttered with papers
And books by the score,
To flee from my study
And seal tight the door.
A breeze at my window,
A tree, I depart
From study and listen
To Spring in my heart!

—LELAND B. JACOBS

THE EASTER BUNNY

The Easter Bunny is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide. The Easter Bunny is sometimes depicted with clothes. In legend, the creature carries colored eggs in his basket, candy, and sometimes toys to the homes of children, and as such shows similarities to Santa Claus or the Christ kind, as they both bring gifts to children on the night before their respective holidays.



Rabbits and Hares

The hare was a popular motif in medieval church art. In ancient times, it was widely believed that the hare was a hermaphrodite. The idea that a hare could reproduce without loss of virginity led to an association with the Virgin Mary, with hares sometimes occurring in illuminated manuscripts and Northern European paintings of the Virgin and Christ Child. It may also have been associated with the Holy Trinity, as in the three hares motif. Eggs, like rabbits and hares, are fertility symbols of antiquity. Since birds lay eggs and rabbits and hares give birth to large litters in the early spring, these became symbols of the rising fertility of the earth at the Vernal Equinox.

Eggs

In addition, Orthodox churches have a custom of abstaining from eggs during the fast of Lent. The only way to keep them from being wasted was to boil or roast them, and begin eating them to break the fast. As a special dish, they would probably have been decorated as part of the celebrations. Later, German Protestants retained the custom of eating colored eggs for Easter, though they did not continue the tradition of fasting. Eggs boiled with some flowers change their color, bringing the spring into the homes, and some over time added the custom of decorating the eggs. Many Christians of the Eastern Orthodox Church to this day typically dye their Easter eggs red, the color of blood, in recognition of the blood of the sacrificed Christ (and, of the renewal of life in springtime). Some also use the color green, in honor of the new foliage emerging after the long-dead time of winter. The Ukrainian art of decorating eggs for Easter, known as pysanky, dates to ancient, pre-Christian times.

NATIONAL VOLUNTEER WEEK

APRIL 14th - 20th



Celebrate the Value of Volunteering

- Building confidence, competence, connections and community -

On behalf of Augustine House, we would like to express our sincere thanks for your time, commitment and dedication in making a difference to the quality of daily life of all the Residents who have chosen to make Augustine House their home.

Did you know that collectively our volunteers have contributed over 500 hours of their time? And that is only what we record; it is equivalent to one full time employee working all day, every day!

As the 2024 National Volunteer Week theme notes, **Every Moment Matters**, we would not be as successful in building our community without your selfless contribution of your time and presence here with us. We hope that you feel connected to us and see yourself as part of our big family as we do of you.

Not only do you go above and beyond, share your giving spirit, believe in our mission, and leave an impression on the lives of those you are in contact with, your contributions to Augustine House strengthen our organization for everyone who lives and works here.

Our volunteers include Resident Council members, to piano players, to Board Members; from popcorn makers to garden attenders; to dancers and singers, to friends, companions and even animals, and to the many more WE THANK YOU!



RESIDENT FORUM MINUTES

Held March 21, 2024 @ 3:00 pm in East Lounge

Present: Mari, Tim, Anne, Cathy, Joanne, John, Lorene and 45 residents attended in the East Lounge

Mari:

- AH Society Board has made a management change, Jackie is no longer with Augustine House.
- We thank Jackie for her dedication and wish her the very best.
- Interim Executive Director is Mari Casey, please see Mari if staff or residents have any questions.

Cathy:

- April Covid Vaccine Clinic will be April, while it is not mandatory we will be offering it to residents.
- Mobile Dental Clinic is on Thursday, March 28th. questions just let us know.

Tim:

- Residents really enjoyed the wonderful Irish Dancers on St. Patrick's Day – O'Brien Irish Dancers were very entertaining.
- I Pad in the Media Room will be replaced, new system will be installed soon.
- National Volunteer Week is coming up April 14-20th, we'll be recognizing all our wonderful resident volunteers.
- Looking forward to the Beatles Tribute band who'll be here on Tuesday, March 26th
- Sacred Heart Students will be back to visit in the East Lounge, it's always fun to see them.
- Casino trip will be coming up in April, please sign up if you'd like to go.
- 5th Avenue Collection will be back this coming month.
- We're looking forward to another Fashion Show and Sale & will be asking for models to show everyone the new arrivals for spring.
- In April the musicians from South Point, Mina and Elsa will be back to play piano and violin in the East Lounge.
- Be sure to check the April Calendar for more events coming up this month.

MOVIES IN APRIL

SATURDAY APRIL 6TH @ 2:00 PM " THE DUKE "

In 1961, a 60-year-old taxi driver steals Goya's portrait of the Duke of Wellington from the National Gallery in London. He sends ransom notes saying that he will return the painting if the government invests more in care for the elderly.

SATURDAY APRIL 13th @ 2:00 PM " SHENANDOAH "

American Civil War film about a wealthy widower who has remained steadfast in his opposition to the war on moral grounds. However, he is forced to become involved in the conflict when his son-in-law is called upon to serve in the Confederate forces, his youngest son is captured by the Union army, and another son and his pregnant daughter-in-law are killed by looters.

FRIDAY APRIL 19th @ 7:00 PM " JOYRIDE "

Follows Joy, a train-wreck on an adventure who is ready to give away her new-born baby. Joined by a cheeky street urchin, they are two diamonds in the rough on the run.

FRIDAY APRIL 26TH @ 7:00PM " SUMMERTIME "

Middle-aged Ohio secretary Jane Hudson (Katharine Hepburn) has never found love and has nearly resigned herself to spending the rest of her life alone. But before she does, she uses her savings to finance a summer in romantic Venice, where she finally meets the man of her dreams, the elegant Renato Di Rossi (Rossano Brazzi). But when she learns that her new paramour is leading a double life, she must decide whether her happiness can come at the expense of others.



Passover

Passover or Pesach, is an important, biblically derived Jewish holiday. The Jewish people celebrate Passover as a commemoration of their liberation by God from slavery in Egypt and their freedom as a nation under the leadership of Moses. It commemorates the story of the Exodus as described in the Hebrew Bible especially in the Book of Exodus, in which the Israelites were freed from slavery in Egypt. According to standard biblical chronology, this event would have taken place at about 1300 BCE (AM 2450).

Passover is a spring festival which during the existence of the Jerusalem Temple was connected to the offering of the "first-fruits of the barley", barley being the first grain to ripen and to be harvested in the Land of Israel.

Passover commences on the 15th of the Hebrew month of Nisan and lasts for either seven days (in Israel and for Reform Jews and other progressive Jews around the world who adhere to the Biblical commandment) or eight days for Orthodox, Hasidic, and most Conservative Jews (in the diaspora). In Judaism, a day commences at dusk and lasts until the following dusk, thus the first day of Passover only begins *after* dusk of the 14th of Nisan and ends at dusk of the 15th day of the month of Nisan. The rituals unique to the Passover celebrations commence with the Passover Seder when the 15th of Nisan has begun. In the Northern Hemisphere Passover takes place in spring as the Torah prescribes it: "in the month of [the] spring" . It is one of the most widely observed Jewish holidays.

In the narrative of the Exodus, the Bible tells that God helped the Children of Israel escape from their slavery in Egypt by inflicting ten plagues upon the ancient Egyptians before the Pharaoh would release his Israelite slaves; the tenth and worst of the plagues was the death of the Egyptian first-born.

The Israelites were instructed to mark the doorposts of their homes with the blood of a slaughtered spring lamb and, upon seeing this, the spirit of the Lord knew to *pass over* the first-born in these homes, hence the English name of the holiday.

When the Pharaoh freed the Israelites, it is said that they left in such a hurry that they could not wait for bread dough to rise (leaven). In commemoration, for the duration of Passover no leavened bread is eaten, for which reason Passover was called the feast of unleavened bread in the Torah or Old Testament. Thus *matzo* (flat unleavened bread) is eaten during Passover and it is a tradition of the holiday.

Historically, together with Shavuot ("Pentecost") and Sukkot ("Tabernacles"), Passover is one of the three pilgrimage festivals during which the entire population of the kingdom of Judah made a pilgrimage to the Temple in Jerusalem. Samaritans still make this pilgrimage to Mount Gerizim, but only men participate in public worship.



Spring Word Search



Find the words below in the grid to the right:



April
 April Fool's Day
 bloom
 bud
 Buddha's Birthday
 cherry blossom
 crops
 daffodil
 Earth Day

Easter
 farmer
 flower
 grow
 June
 May
 melt
 Mother's Day
 new leaves

plant
 plow
 seed
 shower
 sprout
 thaw
 tulip
 wake up
 warm



ALTAVIDA FASHION SHOW AND SALE.

FRIDAY APRIL 19TH

EAST LOUNGE

FASHION SHOW 11:00 AM

FASHION SALE 12:00 PM

Leanne

After 6 1/2 years, Leanne has decided to end her employment here and take a position on Vancouver Island.

Augustine House thanks Leanne for her time here and wish her all the best for the future.





Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States and on either April 22 or the day the spring equinox occurs throughout the rest of the world.

Environmental activism during the 1960s inspired Wisconsin Sen. Gaylord Nelson to create a national celebration uniting the environmental movement. With the help of Denis Hayes, a graduate student at Harvard University, Nelson organized the first Earth Day on April 22, 1970, educating participants in the importance of environmental conservation. Attended by 20 million people across the United States, the event strengthened support for legislation such as the Clean Air Act (updated in 1970) and the Endangered Species Act (1973).

In 1990, Hayes organized a global Earth Day, with more than 200 million participants in more than 140 countries. Earth Day now brings together citizens and activists from around the world to raise awareness and take action regarding such environmental concerns as global warming and renewable energy.

Today, the Earth Day Network (EDN), which brings together more than 20,000 partners and organizations in 190 countries, supports the Earth Day mission year-round. This mission is founded on the premise that all people, regardless of race, gender, income, or geography, have a moral right to a healthy, sustainable environment. The Earth Day Network pursues this mission through education, public policy, and activism campaigns. These campaigns bring together more than 1 billion participants every year, making it one of the largest public, secular events in the world.

Friday HAPPY HOUR



FRIDAY APRIL 5TH

“COLLEEN DURDON”

FRIDAY APRIL 12TH

“ALEX WHITTAKER”

FRIDAY APRIL 19TH

“GREG ALCOCK”

FRIDAY APRIL 26TH

“THE SHOE SHAKERS”



FOOD AND DINING FORUM

WEDNESDAY APRIL 10TH

11:00 AM

MULTIPURPOSE ROOM

HAVEN HOUSE HAPPENINGS

Greetings from your friends at Haven House's. What a lovely March it's been, with the sunshine and the early blooms, we can't get enough of this wonderful stuff. As you can see we have been enjoying curling & bowling in Haven House, as well as crafts and baking, to name a few. We have begun discussing what to plant in our garden areas. We all agree that we like a lot of different colors when it comes to flowers. We will also plant some herbs & veggies, were just not sure what they will be

Here's to a lovely month of April everyone, with rebirth, regrowth, and renewal!!!!



MAVIS



BILL



RENEE

April Birthstone

· Diamond ·



The most coveted gemstone to date, **diamonds** are a symbol of eternal love. They're thought to provide those who wear them with better relationships, balance, clarity, abundance, and an increase in inner strength.

Augustine House

3820 Arthur Drive

Delta, B.C. V4K 5E6

Telephone: (604) 940-6005

Fax: (604) 940-6015

Email: info@augustinehouse.ca

Website: augustinehouse.ca