

# **The Augustine Eagle**

***MAY 2024***



# WHO'S NEW IN THE HOUSE



## Cynthia

Cynthia was born in the beautiful county of Wiltshire in England, between Bath and Salisbury.

Cynthia married Dennis who was a Colonel in the British Army, they were stationed in Malaysia for 3 years in 1952., during his time in the Army, they also spent time in Germany and Hong Kong.

While Dennis was off in the jungle for long stretches, Cynthia would volunteer her time working various jobs on the rubber plantation they lived on.

Cynthia has a daughter Joanna who is married to Dr. James, a frequent visitor to Augustine House

Cynthia was living alone in Kingston on Thames near London when she made the permanent move to Ladner to be near her Canadian family.

Welcome to Augustine House Cynthia.

## Jim

Jim was born in Vancouver, he lived in Marpole before moving to Richmond at 12 years old.

Jim married Susan in Richmond in 1968 and they moved to Ladner in 1970.

Jim was a proud teamster driving transport trucks initially for his dad who had his own company, one of Jim's runs was Vancouver to Whitehorse.

Jim's passion is drag racing, he still owns his 55 Chevy and at one time drove to Vegas to enter a competition, Oregon was also a favorite spot for racing.

Jim has 2 kids that live locally, sadly Susan passed away in August 2023 and its then that Jim considered moving, we are glad he chose Augustine House.

### Anne

Anne was born in Vancouver at VGH before it was born, meaning she was born on the site of the current hospital.

Anne became a practical nurse when her kids were older and worked at Shaughnessy hospital, living in Tsawwassen she was delighted when she heard of the construction of the new Kinsman. She worked there as a care aide

Anne grew up with her parents in Vancouver but bought acreage in the Columbia - Shuswap town of Falkland where she owned 7 horses, including an Arab Mare.

Anne has been painting and drawing since she was six years old, her mother took her on the bus to the





art gallery for her first lesson and from then on took the bus herself every week at age Six.

Anne has a son and daughter who live locally.

Welcome to Augustine House Anne.



Big thanks to the ladies who participated in our recent fashion show



## RESIDENT FORUM MINUTES

Held Thursday April 18th @ 3:00 pm

Present: Mari, Cathy, Tim, Joanne, 45 Residents.

**Mari** - Mari thanked the residents for their patience around the recent changes and said how happy she is to be back albeit temporary.

Thanks also to Linda and Meinhardt (Finance Dept) , John Fedoruk and all the staff

**Cathy** - Introduction of Preet into the role of Asst. DOC.

Vaccine boost clinic was 82% uptake, we were pleased with this number and everything went well , we will keep residents updated on next Vaccine.

Thank you to the diligent staff in Haven House who controlled the one Covid case we had in Haven House.

**Tim** - Fashion Show was a great success, residents pleased that Teresa will be back in the next few days, Lunch out this month is to Ladner Legion and Harrys Fish and Chips in May.

Jazzagirls and Elder College Choir will be here in May.

Ladner May Day Parade will be May 26<sup>th</sup>.

Augustine House is pleased to celebrate **NATIONAL VOLUNTEER WEEK,**

We would like to thank the following residents.

Joan Goodacre, Cahty Allen, Pat Kailius, Violet Cross, Lannet Tomlinson, Cecile French, Elizabeth & Doug Ellis, Pat Stanyer, Marilyn Carmack, Anne Bose, Anne McGuire, Audrie Keshen, Raymonde MacIntyre, Arlene and John Fedoruk.

Volunteer theme was **EVERY MOMENT COUNTS.**

# HAVEN HOUSE HAPPENINGS

Hello folks, we hope you are all keeping well. We have big plans around Haven Houses in the month of May. There's May Day, Cinco De Mayo, Mother's Day, Victoria Day, and much more to celebrate, including National Nurses Day on May 6<sup>th</sup>. We have 3 Birthday's in Haven Houses this month so 3 cakes, & 3 celebrations, plus we are planning on picking up burgers for lunch one day.

In honor of Mother's Day, we asked some of the ladies: What is the best thing about being a mom? Here are some of their replies:

**Joan:** "The feeling of affection I get back from them"

**Merle:** "They are good company to me and they always have been"

**Helen:** "I just like being with them"

**Jean:** "Feeling proud that I produced 3 wonderful people"

**Renee:** "Being friends & leaning on each other. I love it when they feel they can tell me anything"

**Jacky:** "The happy memories before they became teenagers"

**Illeana:** "When you can get over the scary feeling at first"

**Irene:** "Putting them to bed, the cuddles"

**Rolla:** "I just love them...and being a grandma"

**Mavis:** " Loving, and being loved"

Some of our wonderful staff joined in too

**Joy:** "I love when my 15 year old son looks for me and asks when I'm coming home"

**Medina:** " When my three sons need me as a friend and to help them feel better. Were very close"



# FOOD FORUM MINUTES

**April 10, 2024**

In attendance – 19 Residents

## Review of old business:

Update on Soup – some feel soup is too thick, Steve reminded residents flour is not used.

Update on fruit – Kiwi is a welcome addition in breakfast baskets.

Update on Coffee cups – Please bring down to the kitchen any cups that belong to the house. We had 120 cups and they have all gone.

## New business

- Residents appreciate whole wheat bread, Steve gets bread fresh from save on foods
- Fish – Steelhead comes from Seven Seas – Rockfish from back East, Steve will try to source some local Fish.
- Desserts – Resident comment asking for more desserts containing dates.
- Salads – Resident commented on more Feta in salads please.
  - Steve will improve pie crusts, some feel they are too hard.
  - New resident claimed she is very impressed and just grateful that she doesn't have to shop and cook.
  - Please no more sausages for lunch and again at dinner.
  - Chinese food, Cashew Chicken and Won Ton Soup was very good.
  
  - Comment said Noodles were overcooked.
  - Some residents felt that service to dining room is delayed, Steve will look into this.

# FRIDAY NIGHT MOVIES

## FRIDAY MAY 3<sup>RD</sup> @ 7:00 PM " HERE TODAY "

Veteran comedy writer Charlie Burnz forms an unlikely yet hilarious and touching friendship with New York lounge singer Emma Payge. Emma unexpectedly wins a lunch with the comedy legend, but their relationship gets off to an extremely rocky start. Before long, each finds in the other a sort of soulmate, forging a deep bond that kicks the generation gap aside and redefines the meaning of friendship, love and trust.

## FRIDAY MAY 10<sup>TH</sup> @ 7:00 PM " LOVE AGAIN "

Coping with the loss of her fiancé, Mira Ray sends a series of romantic texts to his old cellphone number, not realizing it was reassigned to journalist Rob Burns. Rob becomes captivated by the honesty of her words in the beautifully constructed texts. When he's assigned to write a profile of superstar Celine Dion, he enlists her help to figure out how to meet Mira in person -- and win her heart.

## FRIDAY MAY 17<sup>TH</sup> @ 7:00 PM " FLICKA "

In modern-day Wyoming, teenager Katy McLaughlin (Alison Lohman) dreams of working on and, one day, taking over her father's ranch. She tames a mustang and names her Flicka, then finds that she and her new equine companion are more alike than she imagined. After her father (Tim McGraw) sells Flicka, Katy schemes to win back the horse by entering a dangerous race.

## FRIDAY MAY 24<sup>TH</sup> @ 7:00PM " HOPSCOTCH "

When CIA operative Miles Kendig (Walter Matthau) deliberately lets KGB agent Yaskov (Herbert Lom) get away, his boss (Ned Beatty) threatens to retire him. Kendig beats him to it, however, destroying his own records and traveling to Austria where he begins work on a memoir that will expose all his former agency's covert practices. The CIA catches wind of the book and sends other agents after him, initiating a frenetic game of cat and mouse that spans the globe.

## FRIDAY MAY 31<sup>ST</sup> @ 7:00 " LIVING "

Overwhelmed at work and lonely at home, a civil servant's life takes a heartbreaking turn when a medical diagnosis tells him his time is short. Influenced by a local decadent and a vibrant woman, he continues to search for meaning until a simple revelation gives him a purpose to create a legacy for the next generation.





**Mattel is to launch a new version of Scrabble which is designed to be more collaborative and accessible for those who find word games intimidating.**

The new double-sided Scrabble board will still feature the original game for those who want to play the traditional version.

But the new game on the flip side will include helper cards, use a simpler scoring system and be quicker to play.

The new board, Scrabble Together, will also allow people to compete in teams.

"The makers of Scrabble found that younger people, Gen Z people, don't quite like the competitive nature of Scrabble," they said. "They want a game where you can simply enjoy language, words, being together and having fun creating words."

In the new game, cards which provide help, prompts and clues can be selected to match the player's chosen challenge level.

The winner is the player who completes 20 challenges, while a player loses if they have used up all the helper cards and cannot complete a goal.

Ray Adler, vice-president and global head of games at Mattel, said: "Scrabble has truly stood the test of time as one of the most popular board games in history, and we want to ensure the game continues to be inclusive for all players.

"For anyone who's ever thought 'word games aren't for me', or felt a little intimidated by the classic game, Scrabble Together mode is an ideal option."

The new game differs from Scrabble Junior, which is more of a crossword puzzle, with letters already on the board.

Mattel said the new board marks the first time in its 75-year history that Scrabble has made such a significant change to its classic game.

# VICTORIA DAY

The birthday of Queen Victoria was a day for celebration in Canada long before Confederation, with the first legislation regarding the event being in 1845 passed by the parliament of the Province of Canada to officially recognize May 24 as the Queen's birthday. It was noted that on that date in 1854, the 35th birthday of Queen Victoria, some 5,000 residents of Canada West gathered in front of Government House (near present-day King and Simcoe Streets in Toronto) to "give cheers to their queen". An example of a typical 19th century celebration of the Queen's birthday took place on May 24, 1866, in Omemee, also in Canada West: the town mounted a day-long *fête* to mark the occasion, including a gun salute at midnight, pre-dawn serenades, picnics, athletic competitions, a display of illuminations, and a torch-light procession; such events were common around the colony and, by the 1890s, the day had become a "patriotic holiday".

Following the death of Queen Victoria in 1901, May 24 was made by law to be known as *Victoria Day*, a date to remember the late queen, who was deemed the "Mother of Confederation", and, in 1904, the same date was by imperial decree made Empire Day throughout the British Empire. Over the ensuing decades, the official date in Canada of the reigning sovereign's birthday changed through various royal proclamations until the haphazard format was abandoned in 1952. That year, both Empire Day and Victoria Day were, by order-in-council and statutory amendment, respectively, moved to the Monday before May 25 and the monarch's official birthday in Canada was by regular viceregal proclamations made to fall on this same date every year between 1953 and January 31, 1957, when the link was made permanent by royal proclamation. The following year, Empire Day was renamed Commonwealth Day and in 1977 it was moved to the second Monday in March, leaving the Monday before May 25 only as both Victoria Day and the Queen's Birthday.





Mother's Day is a celebration honoring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society. It is celebrated on various days in many parts of the world, most commonly in the months of March or May. It complements similar celebrations honoring family members, such as Father's Day and Siblings Day.

In the United States, celebration of Mother's Day began in the early 20th century. It is not related to the many celebrations of mothers and motherhood that have occurred throughout the world over thousands of years, such as the Greek cult to Cybele, the Roman festival of Hilaria, or the Christian Mothering Sunday celebration (originally a commemoration of Mother Church, not motherhood). In some countries, Mother's Day has become synonymous with these older traditions.

The modern American holiday of Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia. Today St Andrew's Methodist Church now holds the International Mother's Day Shrine. Her campaign to make "Mother's Day" a recognized holiday in the United States began in 1905, the year her mother, Ann Reeves Jarvis, died. Ann Jarvis had been a peace activist who cared for wounded soldiers on both sides of the American Civil War, and created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honor her mother by continuing the work she started and to set aside a day to honor all mothers, because she believed that they were "the person who has done more for you than anyone in the world".

In 1908, the US Congress rejected a proposal to make Mother's Day an official holiday, joking that they would have to proclaim also a "Mother-in-law's Day". However, owing to the efforts of Anna Jarvis, by 1911 all US states observed the holiday, with some of them officially recognizing Mother's Day as a local holiday, the first being West Virginia, Jarvis' home state, in 1910. In 1914, Woodrow Wilson signed a proclamation designating Mother's Day, held on the second Sunday in May, as a national holiday to honor mothers.

# MOTHERS DAY WISDOM

All of us have been guided by our mother's voice, wisdom, and common sense, even if we do not think so sometimes. Whether we remember what she said fondly, or try to forget these phrases, they are still part of us. Ultimately, without realizing it, we pass them along to our children, who will most likely pass it on to their children. Here are some old favorites.

- Don't cross your eyes they'll stay that way.
- If your friend jumped off a cliff, would you do that as well?
- You'll put someone's eye out with that thing.
- How many times have I told you, don't throw things in the house.
- Close the door, were you born in a barn.
- Don't put that in your mouth, you don't know where it's been.
- Why? Because I said so that's why.
- Don't use that tone with me.
- Eat those carrots, have you ever seen a rabbit wearing glasses.
- Did you flush?
- There's enough dirt in those ears to grow potatoes.
- Be good – but if you can't be good, be careful.
- I don't care what "everyone" is doing, I care what you're doing.
- If you can't say something nice, don't say anything at all.
- One day, you'll be a parent.
- Don't talk with your mouth full.
- Wear clean underwear in case you get into an accident.
- Sit up straight.
- Don't pick, it will get infected.
- I'm not talking just to hear myself.





## **MEET HELYN**

Augustine House is happy to announce Helyn joining our Recreation Dept.

Helyn has been working in Recreation for 10 years, she lives in Ladner with her husband Justin and their 17-year old son Mayo (Mio)

Helyn enjoys Cooking, Dancing, Singing and Hiking.

Helyn's start date here is still to be announced as she currently works in Tsawwassen.



# Camping



R Y M C T E G N I K I H N S F O J B X U P  
 Q J N A H N V D Z S A L S I S L A M I N A  
 M E M O R I E S F M W E P J B T S N C G H  
 D O X P O S Q L M U R I C Z T A K A Y A K  
 I C S J B C H O L T A G M E P N C T W F O  
 F A Y Q E X C M T E C V R M O D I U S L G  
 Z M O H U K J A A W P I F G I L T R M A E  
 U P N Y G I M Q R L E E X C V N S E B S N  
 D S K O F R T B W S L K R A J M G G Z H O  
 N I G N I K O O C R O O D T U O N P M L I  
 A T V A H T U J E G X B W F C I I Q D I T  
 L E F C D Y A R H S N M Z U P E T K O G A  
 S B O S W M I V T R A I L E R Q S J E H C  
 I W T U L F Z S R Y G T E X D H A N S T A  
 K N U M P I H C J E Q L A O K W O T I B V  
 Y L D M C O M P A S S F B H N X R E G Z D  
 B H A E J W K S M O R E S N I A T N U O M  
 X C N R E T N A L Z V Q R D Y G C T F P R

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|--------------|------------------|-----------------|-----------------|
| air mattress | compass          | marshmallow     | roasting sticks |
| animals      | flashlight       | memories        | s'mores         |
| batteries    | hammock          | mosquitoes      | sleeping bag    |
| cabin        | hiking           | mountains       | summer          |
| campfire     | insect repellent | nature          | swimming        |
| campsite     | island           | outdoor cooking | tent            |
| canoeing     | kayak            | raccoon         | trailer         |
| chipmunk     | lantern          | reservation     | vacation        |



# Friday HAPPY HOUR



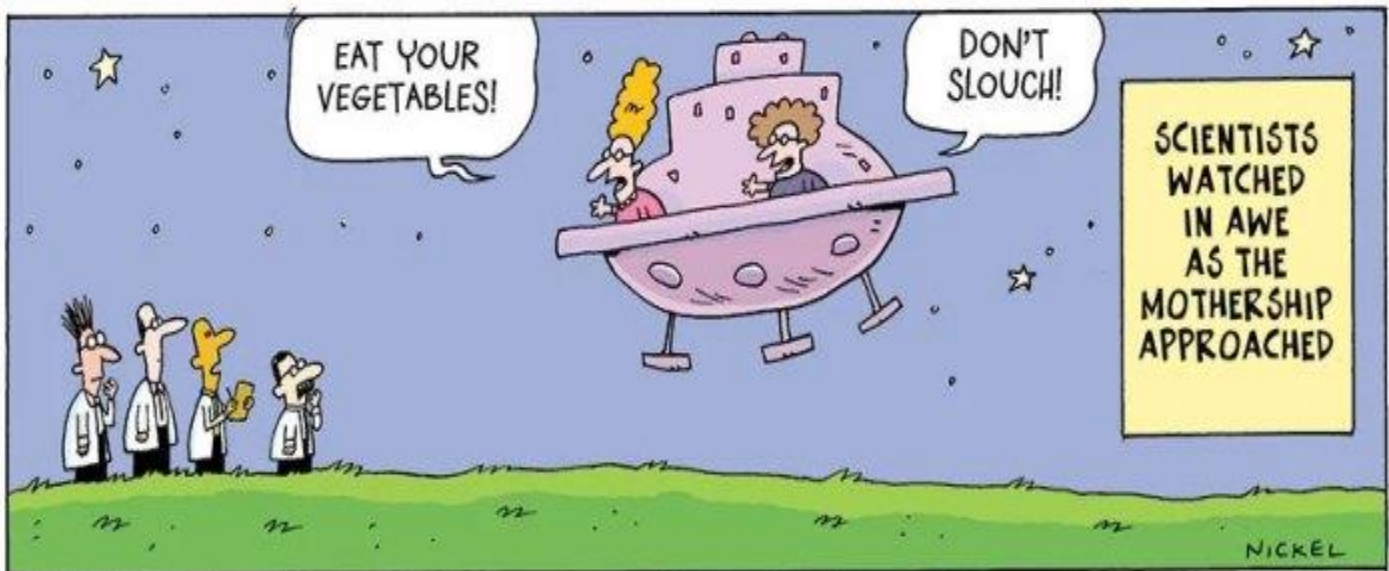
FRIDAY MAY 3<sup>RD</sup> "BETTY BERDA"

FRIDAY MAY 10<sup>TH</sup> "GREG ALCOCK"

FRIDAY MAY 17<sup>TH</sup> "COLLEEN DURDON"

FRIDAY MAY 24<sup>TH</sup> "BRIAN GIMBEL"

FRIDAY MAY 31<sup>ST</sup> "MICHELLE CARLISLE"





The UK will start to go over to new banknotes with the image of King Charles III, note the absence of a crown in the new portrait which is actually taken from a 2013 image.

The banknotes mark one of the last major steps of the transition to the reign of King Charles, with new stamps and coins already in circulation.

The Bank of England says there will be a gradual introduction for the King Charles banknotes, with the current Queen Elizabeth notes remaining in use until they become worn or damaged. So even though the new notes are being launched on 5 June, it could be some months before people see them in regular circulation, says the bank.







# LADNER MAY DAY PARADE

SUNDAY MAY 26<sup>th</sup>

BUS LEAVES HERE AT 11:00 A.M.

SIGNUP AT THE BULLETIN BOARD.



**The weather is getting warmer, please wash out any milk containers you use before putting in the recycling.**

**Please note that the times to order room service for meals are**

Lunch 11:15 am

Dinner 4:15 pm

# May Birthstone

•Emerald•



Thought to improve memory, faith, and intuition, **emeralds** are a symbol for constancy and true affection. Some cultures believe them to grant their owner foresight, good fortune and youth. The name emerald is derived from the Greek word 'smaragdus' meaning 'green'.

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