

Egg Dish of the Week: Poached Egg with Toast

WEEK 1	LUNCH	DINNER
Monday July 22	<p>Thai Chicken Soup Cheese Quesadilla with Sautéed Peppers & Onions/Sour Cream & Salsa & Black Bean Salad Tuna Salad Sandwich with Carrot & Raisin Coleslaw Belgian Fudge Oat Bar</p>	<p>Navy Bean and Ham Soup Caesar Salad Roasted Pork Tenderloin with Sliced Apple Cider Sauce Baked Sable Fish with Pineapple Fruit Salsa New Potatoes & Beets Cheesecake with Fruit Sauce</p>
Tuesday July 23	<p>Turkey Noodle Soup Chef's Salad Plate with Ham, Cheese, Cucumber, Tomato, Egg and a Tossed Salad and Baguette Cheese, Lettuce & Tomato on Peasant Bread with Pesto Mayonnaise, Watermelon Wedge Butterscotch Pudding with Toffee Crunch</p>	<p>Leek & Potato Soup Spinach Salad with Bacon Bits, Mushrooms and Egg Sausage and Broccoli Ravioli with a Basil Rosé Sauce Sweet and Sour Chicken Balls with Asian Noodles Fresh Summer Mixed Vegetables Cherry Pie</p>
Wednesday July 24	<p>Potato Mushroom Soup Turkey Salad with Sundried Cranberries & Walnuts, Greens and a Multi Grain Roll Egg Salad Sandwich, Celery & Carrot Sticks, Pickled Beets Fresh Local Berries and Ice Cream</p>	<p>Crab and Corn Chowder Tomato & Fresh Basil with Mozzarella Balsamic Dressing Steak Bites with Herb Garlic Mayo Local Cod with Dill Sauce Scalloped Potatoes and Broccoli Florets Tiramisu Cake</p>
Thursday July 25	<p>Chicken Rice Soup Beef or Veggie Burgers with Tomato and Lettuce, Curly Fries, & Dill Pickle Ham & Cheese on a Kaiser Bun & Potato Salad Rice Pudding</p>	<p>Cream of Broccoli Soup Summer Italian Salad Fried Chicken with Gravy House Made Meat Lasagna with Garlic Bread Fried Wedge Potatoes, Broccoli Homemade Apple Crisp</p>
Friday July 26	<p>Grilled Cheddar Cheese Sandwich on Brown Bread with Tomato Soup Bacon, Lettuce & Tomato on Peasant Bread With Potato Chips & Dill Pickle Lemon Pudding with Blueberries</p>	<p>Carrot Ginger Soup Pear, Blue Cheese, Walnuts, Cranberries and Iceberg Lettuce Steelhead Fillet with Lemon Butter Sauce and Fresh Herbs Bratwurst Sausage with Onions Gravy Buttered New Potatoes and Fresh Asparagus Profiteroles with Warm Chocolate Sauce</p>
Saturday July 27	<p>Beef Vegetable Soup Cinnamon French Toast with Maple Syrup, Bacon, and Orange Slice Shrimp Salad Sandwich on Multigrain with Coleslaw Mandarin Oranges with Macaroon Cookie</p>	<p>Cream of Vegetable Soup Watermelon, Avocado, and Mint Salad Thai Chicken Local Sole with Lemon, Fresh Herbs & Capers Basmati Rice/Peas & Pearl Onions Strawberry Rhubarb Pie</p>
Sunday July 28	<p>Turkey Rice Soup Fried Egg & Sausage Sandwich & Potato Gems Cucumber Sandwich on Brown with Dill, Cream Cheese, & Red Grapes Assorted Desserts</p>	<p>Cream of Asparagus Soup Greek Salad Roasted New York Striploin and Beef Gravy Chicken and Mushroom Pie with Gravy Mashed Potatoes, Carrots with Fresh Parsley Carrot Cake</p>

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:15am for lunch (service at 1:00) – 4:15pm for dinner (service at 6:00)**