

Egg Dish of the Week: Cheddar Cheese Omelet

WEEK 3	LUNCH	DINNER
Monday July 8	Potato & Mushroom Soup Chicken Strips & Plum Sauce with Yam Fries Corned Beef Sandwich on Rye Bread with Homemade Pasta Salad Pecan Streusel Cake	Italian Wedding Style Soup Greek Salad Trio of Salmon, Cod & Prawns with Tarragon Cream Sauce Tortellini in a Creamy Basil Pesto Sauce / Garlic Bread Steamed New Potatoes, Carrots with Orange & Honey Chocolate Cake
Tuesday July 9	Tomato Soup with Fresh Basil Fresh Fruit & Assorted Cheese Plate with Baguette Egg Salad Sandwich, Celery & Carrot Sticks, Pickled Beets Jell-O with Fruit	Beef Mushroom Barley Soup Quinoa Apple Almond Salad Breaded Chicken with Béarnaise Sauce, Mashed Potatoes & Mixed Fresh Vegetables Poached Cold Salmon with Lemon Dill Sauce, Carrot Slaw, & Potato Salad Fresh Baked Peach Pie
Wednesday July 10	French Onion Soup with Croutons & Parmesan Cheese Baked Beans with Broccoli Slaw and Roll Trio of Deli Meats & Cheese on a Kaiser with Chips & Pickle Nanaimo Bar	Cream of Broccoli Soup Noodle Salad BBQ Ribs Cheesy Meat Sauce with Corkscrew Pasta and Baguette Mashed Potatoes, Fresh Asparagus English Style Trifle
Thursday July 11	Spanish Chowder Beef Sliders with Tomato, Lettuce, Pickles and Curly Fries & Watermelon Turkey with Cranberry Mayonnaise on a Croissant, Fresh Melon Tropical Fruit Salad with a Fresh Baked Cookie	Turkey Rice Soup Cucumber Salad Pork Schnitzel with Mushroom Sauce Popcorn Chicken with Sweet Pineapple Sauce Roast Potatoes, Corn Chocolate Bread Pudding with Custard Sauce
Friday July 12	Chicken and Corn Chowder Ham and Pineapple Pizza & Caesar Salad Cheese, Tomato, & Lettuce Sandwich on Olive Bread with Pesto Mayo, Coleslaw Caramel Carrot Cake	Cream of Vegetable Soup Watermelon, Feta Cheese, & Cherry Tomato Salad Fish and Shrimp Cake with Citrus Mayo Meatloaf with Gravy Scalloped Potatoes, Fresh Broccoli Coconut Cream Pie
Saturday July 13	Chicken Noodle Soup Blueberry Pancakes with Maple Syrup & Sausages, Fresh Strawberry Garnish Tuna Salad Sandwich with Sun Chips & Dill Pickle Apricots with a Fresh Baked Cookie	New England Clam Chowder Sonoma Style Salad Pork Fried Rice with Spring Roll Garlic chicken with Red Peppers & Basil Sauce Mashed Potatoes, Stir Fried Vegetables White Chocolate Raspberry Cake
Sunday July 14	Cream of Asparagus Soup Quiche Lorraine with Half Baked Tomato and Mixed Greens Garnish Turkey Salad with Tarragon Mayonnaise Sandwich with Pickled Beets Assorted Desserts	Tuscan Bean & Vegetable Soup Caesar Salad Roasted Chicken and Gravy Garlic Prawns Rice Pilaf and Beets House Baked Apple Pie

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:15am for lunch (service at 1:00) – 4:15pm for dinner (service at 6:00)**