

Egg Dish of the Week: Mushroom Omelet

WEEK 4	LUNCH	DINNER
MONDAY July 15	<p>Tomato Vegetable Baked Mac & Cheese / Tossed Salad Pastrami Sandwich on Rye Homemade Potato Salad Diced Peaches with Fresh Baked Cookie</p>	<p>Mushroom & Barley Soup Tomato, Fresh Basil & Red Onion Salad Chicken Thighs with BBQ Sauce Crab Cakes with Homemade Herb Mayo Mashed Potatoes and Broccoli Florets Coconut Pudding</p>
TUESDAY July 16	<p>Turkey, Rice & Vegetable Soup Grilled Chicken Caesar with Focaccia Egg Salad Sandwich with Pickled Beets Jell-O with Fruit</p>	<p>Yellow Pea and Ham Soup Cucumber Salad with Tomato Salsa Breaded Shrimp with Cocktail Mayo Spaghetti with Meat Sauce & Garlic Bread Basmati Rice & Fresh Mixed Vegetables Mango Mousse Cake</p>
WEDNESDAY July 17	<p>Minestrone Grilled Ham Sandwich with Jack Cheese on Sourdough Bread & Sun Chips & Dill Pickle Tuna Salad Sandwich with Carrot Slaw Strawberry Mousse with Fresh Strawberries</p>	<p>Crab and Corn Chowder Beet, Orange, and Spinach Salad Cod with Tomato Basil Sauce Chicken Pot Pie with Gravy Steamed New Potatoes & Green Beans Maple Chocolate Cake</p>
THURSDAY July 18	<p>Borscht Open Faced Smoked Salmon Bagel with Cream Cheese, Lemon, Capers, Dill & Tossed Salad Grilled Chicken Sandwich with Pesto Mayonnaise on Peasant Bread with Watermelon Wedge Ice Cream Sandwich with Fresh Local Berries</p>	<p>Louisiana Chicken Rice Soup Asian Style Mix with Sesame Dressing Grilled Ham Steaks with Mustard, Honey and Orange Preserves Sweet and Sour Meatballs Scalloped Potatoes & Baby Carrots Home Made Blueberry Crumble</p>
FRIDAY July 19	<p>Cream of Cauliflower Soup Salt & Pepper Chicken Wings with Ranch Dressing, Pasta Salad & Carrot & Celery Roast Beef Sandwich on Multigrain Bread with Pickled Beets Chocolate Pudding with a Chocolate Wafer</p>	<p>Cream of Tomato Soup Caesar Salad Breaded Halibut with Capers & Mayo Apple Brie and Cranberry Stuffed Chicken Roasted Yukon Potatoes & Corn Pineapple Upside Down Cake</p>
SATURDAY July 20	<p>Cream of Carrot Soup Fish & Chips with Coleslaw and a Lemon Wedge Ham & Swiss Cheese on a Kaiser Bun with Sweet Mixed Pickles Diced Pears with a Macaroon Cookie</p>	<p>Beef Vegetable Soup Sonoma Salad <u>Chinese Menu (all in one)</u> Sweet & Sour Port Vegetable Chow Mein Black Bean Chicken Spring Roll with Plum Sauce Fortune Cookie Cheese Cake Trio</p>
SUNDAY July 21	<p>Lentil & Vegetable Soup Vegetable and Ham Frittata with Cheddar Cheese, Potato Gems, Mini Croissant & Orange Salmon Salad Sandwich with Tarragon Mayonnaise, Chips and Dill Pickle Assorted Desserts</p>	<p>Butternut Squash Soup Greek Salad Roast Pork Stuffed Creamy Mustard Sauce Turkey Pie with Gravy Mashed Potatoes & Peas and Carrots Lemon Meringue Pie</p>

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:15am for lunch (service at 1:00) – 4:15pm for dinner (service at 6:00)**