

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 BUS TO LADNER 2:00 BUS TO CASCADES CASINO 2:00 SCRABBLE 3:30 FITNESS FIRST 6:45 MUSIC, DISCUSSION AND DRINKS IN THE SUN (PATIO)	2 10:00 FOOD ON THE CORNER PROJECT 10:00 FITNESS FIRST 2:15 TEAM TRIVIA 3:30 HAPPY HOUR WITH "SHOESHAKERS"	3 10:30 LETS DANCE 10:30 ROSARY PRAYERS MOVIE MATINEE 2:00 "DEFINING MOMENTS" 2:30 SMOOTHIES ON THE PATIO
4 2:00 CRIBBAGE 2:15 GOLF PUTTING	5 BC DAY 10:00 BUS TO TSAWWASSEN PARADE 2:00 SCRABBLE	6 10:00 FITNESS FIRST 10:45 BLOOD PRESSURE CLINIC 2:00 BRIDGE 2:00 SCENIC DRIVE 3:30 ICE CREAM FLOATS WITH TERESA 6:45 AFTER DINNER TRIVIA	7 10:00 CHAIR YOGA 2:00 CROSSWORD PUZZLE 2:30 KNIT AND STITCH 3:00 BILLIARDS GROUP 3:00 SCIENCE QUIZ 3:30 HANDCHIME CHOIR 6:45 EVENING BEVERAGES NAME THAT TUNE	8 9:30 BUS TO LADNER 10:45 LIGHT AND EASY DEVOTIONAL 2:00 SCRABBLE 3:30 FITNESS FIRST 6:45 1930'S-1970'S TRIVIA (EAST LOUNGE)	9 9:30 HEARING CLINIC 10:00 COFFEE GROUP 10:00 FITNESS FIRST 2:15 TEAM TRIVIA 3:30 HAPPY HOUR WITH "GREG HAMPSON"	10 10:30 LETS DANCE 10:30 ROSARY PRAYERS 2:00 MOVIE MATINEE "A DOGS WAY HOME" 2:30 BOLLABALL 3:30 CATHOLIC COMMUNION
11 2:00 CRIBBAGE 2:15 LADNER HOME CHURCH	12 10:00 FITNESS FIRST 11:00 VISIT WITH ELLIE 2:00 SCRABBLE 2:00 BINGO 2:00 BUS TO TSAWWASSEN	13 9:30 MASS FROM HOLY ROSARY 10:00 BUS TO TROLLS FISH AND CHIPS 2:00 BRIDGE 3:30 ICE CREAM FLOATS 6:45 WORD GAMES	14 10:00 CHAIR YOGA 2:00 CROSSWORD PUZZLE 2:30 KNIT AND STITCH 3:00 WHO AM I? 3:00 BILLIARDS GROUP 3:30 HANDCHIME CHOIR 6:45 DO YOU KNOW YOUR ANIMALS? JEOPARDY, TEAMS! (MULTI PURPOSE ROOM)	15 9:30 BUS TO LADNER 11:30 PICNIC TO LADNER LIONS PARK 2:00 SCRABBLE 2:50 SUMMER BIRTHDAY TEA 6:45 MENTAL AEROBICS (EAST LOUNGE)	16 10:00 COFFEE GROUP 10:00 FITNESS FIRST 2:15 TEAM TRIVIA 3:30 HAPPY HOUR WITH "LIZ AND STEVE"	17 10:30 LETS DANCE 10:30 ROSARY PRAYERS 2:00 MOVIE MATINEE "JUNGLE CRUISE" 2:30 SCENIC BUS RIDE
18 2:00 CRIBBAGE 2:15 AXE THROWING	19 10:00 FITNESS FIRST 11:00 VIST WITH ELLIE 2:00 SCRABBLE 2:00 BINGO 2:00 BUS TO TSAWWASSEN	20 9:30 MASS FROM HOLY ROSARY 2:00 BRIDGE 3:30 ICE CREAM FLOATS AND PANCHO AND SAL 6:45 EVENING BINGO	21 10:00 CHAIR YOGA 10:00 BUS TO EMMA LEA FARM 2:00 CROSSWORD PUZZLE 2:30 KNIT AND STITCH 3:00 BILLIARDS GROUP 3:00 RANDOM TRIVIA 3:30 HANDCHIME CHOIR 6:45 YOU BE THE JUDGE	22 9:30 BUS TO LADNER 10:45 LIGHT AND EASY DEVOTIONAL 1:30 BUS TO SECRET GARDEN 2:00 SCRABBLE 3:00 RESIDENT FORUM 3:30 FITNESS FIRST 6:45 LISTEN AND CHOOSE THE TUNE (MUSICAL SONGFACTS)	23 10:00 COFFEE GROUP 10:00 FITNESS FIRST 2:15 TEAM TRIVIA 2:45 HAPPY HOUR WITH "ALEX WHITTAKER"	24 10:30 LETS DANCE 10:30 ROSARY PRAYERS 2:00 MOVIE MATINEE "INFINITELY POLAR BEAR" 2:30 MARGARITAS & JENGA
25 2:00 CRIBBAGE 2:15 JEOPARDY	26 10:00 FITNESS FIRST 11:00 VISIT WITH ELLIE 2:00 SCRABBLE 2:00 BUS TO TSAWWASSEN 2:00 BINGO	27 9:30 MASS FROM HOLY ROSARY 2:00 BRIDGE 3:30 ICE CREAM FLOATS 6:45 AFTER DINNER TRIVIA	28 10:00 CHAIR YOGA 2:00 CROSSWORD PUZZLE 3:00 BILLIARDS GROUP 3:00 SCATTERGORIES 3:30 HANDCHIME CHOIR 6:45 CULTURES AROUND THE WORLD ARMCHAIR TRAVEL TO (CROATIA)	29 9:30 BUS TO LADNER 2:00 SCRABBLE 2:45 TRACY NEFF SINGS 3:30 FITNESS FIRST 6:45 LISTEN AND LEARN DISCUSSION AND SONGFACTS	30 10:00 COFFEE GROUP 10:00 FITNESS FIRST 2:15 TEAM TRIVIA 2:45 HAPPY HOUR WITH "PACIFIC MIST"	31 10:30 LETS DANCE 10:30 ROSARY PRAYERS 2:00 MOVIE MATINEE "A ROYAL NIGHT OUT" 2:30 SING-A-LONG & ICE CREAM

August is the slow gentle month that stretches out the longest span of a year, it yawns and lingers on with the light in its palms.

You are Invited

To A Birthday & Welcome Tea

Thursday August 15TH @ 2:50 pm

In the Dining Room



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| August 11 th John Fedoruk | August 26 th Margaret Savage |
| August 16 th Alice Westfall | August 27 th Dawna Orwick |
| August 18 th Tina Martins | August 28 th Michael Chalmers |
| August 22 Anna Coschizza | August 29 th LaVerne Richardson |
| August 23 rd Sophie Koenig | August 30 th Lucy Hall |
| August 25 th Anne McGuire | |

AUGUST 2024



A Very Warm Welcome to New Residents

Mari Lou & Roland Reinecke

Mary Anne Davies



