

Egg Dish of the Week: Swiss Cheese & Ham Omelet

WEEK 1	LUNCH	DINNER
Monday October 7	Mulligatawny Soup Bacon, Spinach & Blue Cheese Quiche with Mixed Greens Tuna Salad Sandwich on Multigrain with Pasta Salad Lemon Bread	Split Pea and Ham Soup Broccoli Salad BBQ Ribs Cod with Herb Cream Sauce Herb Roast Potatoes, Peas and Carrots Assorted Cheesecake with Fruit Sauce
Tuesday October 8	French Onion Soup Chili Con Carne with Cheddar Cheese, Sour Cream & Cornbread Muffin Cottage Cheese with Fresh Fruit and Baguette Tropical Fruit and Fresh Cookie	Tomato Rice Soup Mixed Greens Chicken Pot Pie and Gravy Breaded Fantail Shrimp with Cocktail Sauce Cheesy Potatoes & Creamed Corn Chocolate Cake
Wednesday October 9	Cream of Mushroom Soup Pepperoni & Pineapple Pizza with Caesar Salad Bacon, Lettuce & Tomato Croissant with Broccoli Slaw Vanilla Pudding & Toffee Crunch	Cream of Celery Soup Baby Spinach with Candied Walnuts, Cranberries & Balsamic Vinaigrette Chicken Chow Mein & Vegetable Spring Roll Tortellini with Pesto Cream Sauce & Garlic Bread Fresh Asian Style Vegetables Fresh Baked Lemon Pie
Thursday October 10	Beef and Cabbage Soup Hot Dog with Fried Onions and Baked Beans Ham & Cheddar Cheese on a Kaiser Bun with Potato Chips & Dill Pickle Angel Food Cake with Blueberries, Greek Yogurt with Honey & Toasted Walnuts	Broccoli & Cheddar Soup Cob Salad Bangers and Onion Gravy Fresh Snapper with Fresh Herbs, Lemon & Butter Mashed Potatoes & Green Cabbage Bread Pudding with Custard Sauce
Friday October 11	Asparagus & Potato Bisque Tuna Melt on Peasant Bread and Coleslaw Egg Salad Sandwich and Penne Pasta with Sundried Tomato Vinaigrette Banana Loaf	Corn Soup Chowder Carrot, Apple & Raisin Salad Wild Sockeye Salmon Stuffed with Shrimp & Tarragon Cream Sauce Festive Style Baked Ham with Apricot Glaze Steamed Potatoes, Baked Green Beans Blueberry Pie
Saturday October 12	Turkey Rice Soup Waffles, Bacon and Maple Syrup with Strawberry Sauce and Whipped Cream (optional) and Watermelon Roast Beef Sandwich on Multigrain Bread & Mixed Pickles Apricots with a Fresh Baked Cookie	Ham, Leek & Potato Soup Mixed Greens Chicken Cacciatore Liver, Onions, and Bacon with Gravy Garlic Mashed Potatoes, Peas and Pearl Onions Chocolate Eclair
Sunday October 13 THANKSGIVING	Lentil and Vegetable Soup Scrambled Eggs, Sausages, Fried Potatoes and Croissants Salmon Salad Sandwich and Red Grapes Assorted Desserts	Chicken, Tomato & White Bean Soup Shrimp Salad with Cocktail Sauce Roast Turkey, Stuffing, Gravy, and Cranberry Sauce Lightly Breaded Sole with Lemon and Herb Sauce Mashed Potatoes, Brussel Sprouts & Carrots Pumpkin Pie

***Please place your order for room service or pick up at reception (604-940-6005)
By 11:15am for lunch (service at 1:00) – 4:15pm for dinner (service at 6:00)**