

# **The Augustine Eagle**

***JANUARY 2025***



## **MEET CARLA CARTER**

Augustine House is happy to announce Carla joining our Recreation Team.

Carla has worked in Recreation for a number of years, she is a resident of South Delta.

Carla likes to read, spend time with family and friends and has a cat called SONSIE, (Which is Scottish for happy face).

Carla will begin working here new position on

**Saturday February 1<sup>ST</sup> 2025**



## **RECREATION MEETING**



**THURSDAY JANUARY 30<sup>th</sup> 2025**

**MULTIPURPOSE ROOM**

**3:00 PM**

WE WOULD LIKE TO HEAR FROM YOU, THE RESIDENTS OF AUGUSTINE HOUSE.

ARE WE BRINGING YOU THE KINDS OF PROGRAMS YOU ARE LOOKING FOR?

WHAT CAN WE DO TO MAKE YOU MORE FULFILLED?

JOIN US FOR COFFEE AND A CHAT TO TALK ABOUT THESE THINGS.

## **A NOTE FROM TIM .....**

I will be on vacation visiting family in London.

From Thursday January 2<sup>nd</sup> – Monday January 20<sup>th</sup>



(The Ship, Wardour Street, Soho.)

### **I can be contacted at the following establishments**

The Fountain and Ink, Waterloo

The Camel, Bethnal Green.

The Kings Head, Earls Court.

The Faltering Fullback, Finsbury.

The Dog and Duck, Soho.

The Flying Horse, Oxford Street.

The Lamb and Flag, Covent Garden. The Ship, Soho.



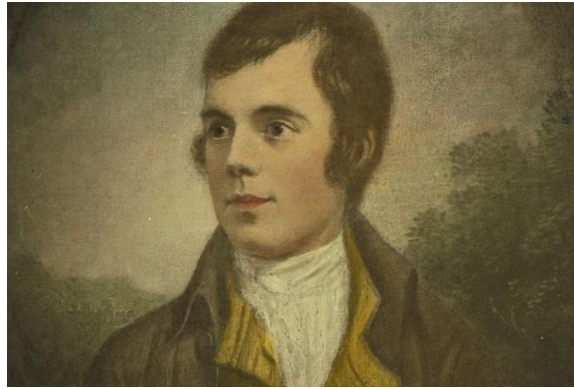
## **CHAIR YOGA IN FEBRUARY**

Beginning February 4<sup>th</sup> Chair Yoga will switch to a Tuesday

@ 10:00am

Multipurpose Room

# ROBERT BURNS



Robert Burns was born at Alloway, near Ayr, on January 25, 1759. His father William was a gardener to the Provost of Ayr. Robert was educated briefly at John Murdoch's school in Alloway and later in Ayr.

Family financial worries forced Burns to work as a farm labourer, and it was while thus occupied that he met his first love, Nelly Kirkpatrick. She inspired him to try his hand at poetry, a song entitled "*O, once I lov'd a bonnie lass*", set to the tune of a traditional reel.

Burns worked at a succession of labouring jobs, including flax dressing, and began writing poetry regularly. When his father died in 1784, Burns and his brother Gilbert rented a farm near Mauchline.

Burns spread his affections freely, and the next decade saw eight illegitimate children born to him through five different women. One of these, Jean Armour, became Mrs. Burns in 1788.

The first published work of poetry by Robert Burns was "*Poems, Chiefly in the Scottish Dialect*" which saw the light of day on 31 July 1786. This collection of verse contained many of Burn's best works, including "*To a Mouse*", and "*The Holy Fair*".

The success of "*Poems, Chiefly in the Scottish Dialect*" convinced Burns to abandon plans to emigrate to Jamaica. Buoyed by his burgeoning reputation as an unschooled "ploughman poet", Burns moved to Edinburgh and became part of the thriving cultural scene there.

He was unable to find a patron to support his writing, but publisher James Johnson gave him work editing a collection of Scottish folk songs. This work, titled "*The Scots Musical Museum*", was published in five volumes over sixteen years. Burns himself contributed over 150 songs, including "*Auld Lang Syne*", a reworking of an earlier folk song of unknown origin.

Burns and his wife Jean moved to Mauchline, where in 1790 he produced "*Tam o' Shanter*", which was first published merely as an accompaniment to an illustration of Alloway Kirk, in a volume of "*Antiquities of Scotland*". The growing Burns family moved again, this time to Dumfries.

Burns contributed 114 songs to "*A Select Collection Of Scottish Airs*" by George Thomson, but he received very little payment for his efforts. In 1795, Burns was inspired by the events of the French Revolution to write "*For a' that and a' that*", his cry for human equality.

One year later, on July 21, 1796, Burns was dead of rheumatic fever. He was buried in the churchyard of St. Michael's in Dumfries, even as his wife Jean was in childbirth with their ninth child.

Robert Burns gained more fame after his death than he ever did during his lifetime. Many of his songs and poems have become international favorites - even among those who find his use of Scottish lowland dialect difficult to decipher.





## RAISING BAR PRICES

Commencing January 1<sup>st</sup> 2025, we are raising the price of Drinks at

Happy Hour to \$4.50, this includes Beer, Wine and liquor.

You will continue to not pay for soft drinks.

## WINTER

Winter! Winter! Winter!

The snow falls like glitter.

The cold sun wakes up England,

The snow covers the land.

The red robin flies out of it's nest

But oh so does it want to rest

For it's family, it needs to find food.

Meanwhile the fox is in a mood.

The trees branches bend over like spindly fingers.

The choir of bird all sounding like singers.

The snow like a blanket puts summer to sleep.

Plop! Plop! Plop! The snow falls on a robin in a heap.

Would you like to be under a heap of snow?

All the animals are thinking "Oh no."

The snow falls down: it is a magnificent sight.

The mystical day goes by and turns into night.

By Abraham Bello



## RESIDENT FORUM MINUTES

**Held Dec 12, 2024 @ 3:00 pm East Lounge**

Present: Naaz, Tim, Anne, Joanne, Cathy, Shelley, Ivan and 35 residents attended in the East Lounge

### **Naaz Khan:**

- Thank You to everyone at Augustine House for a successful Jingle Bell Brunch, the feedback was all very positive.
- We look forward to more fun family events that residents can enjoy.
- It's a busy time of year but we hope that all our residents enjoy a wonderful Christmas.

### **Tim:**

- Thank you to all the residents who helped with our Christmas Fair, it was a big success!
- All our craft and baking booths made money that we will donate to charity.
- Many thanks to all our residents who helped, and to all the visitors and families who bought crafts and baked goods.
- The Hearing Clinic in the Library is going well – this is very convenient for residents who have trouble getting out to hearing appointments.
- Residents will enjoy the Christmas Lights Tour this month, there are many neighborhoods in Ladner that are all lit up for the holidays.
- The Birthday Tea this month is sponsored by Ian Paton, Ian will be coming on December 19<sup>th</sup>, he'll take care of the cake and flowers for the residents.
- Thanks to Marilyn Carmack as the Light and Easy Devotional continues to draw new residents.
- Andre Rieu in London will be shown on Saturday, December 21<sup>st</sup> – it's a new program from this very popular entertainer.
- New Year's Eve this year will be a great party – Liz and Steve will be here so come and ring in the New Year with your friends at Augustine House.
- Please check the calendar for more great events taking place in January.
- On behalf of the Recreation Team and all the staff – we wish each and every resident a very Merry Christmas and a Happy New Year.

# 'Twas the Month AFTER CHRISTMAS

'Twas the month after Christmas and all through the house  
Nothing would fit me, not even a blouse.

The cookies I'd nibbled, the eggnog I'd taste.  
All the holiday parties had gone to my waist.

When I got on the scales there arose such a number!  
When I walked to the store (less a walk than a lumber).

I'd remember the marvelous meals I'd prepared;  
The gravies and sauces and beef nicely rared,

The wine and the rum balls, the bread and the cheese  
And the way I'd never said, "No thank you, please."

As I dressed myself in my husband's old shirt  
And prepared once again to do battle with dirt---

I said to myself, as I only can  
"You can't spend a winter disguised as a man!"

So--away with the last of the sour cream dip,  
Get rid of the fruit cake, every cracker and chip.

Every last bit of food that I like must be banished  
Till all the additional ounces have vanished.

I won't have a cookie--not even a lick.  
I'll want only to chew on a long celery stick.

I won't have hot biscuits, or corn bread, or pie.  
I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore---  
But isn't that what January is for?

Unable to giggle, no longer a riot.  
Happy New Year to all and to all a good diet!

Author Unknown



# SATURDAY MOVIES

## SATURDAY JANUARY 4<sup>TH</sup> @ 2:00 PM "TEA WITH THE DAMES "

Together, they're 342 years old. They're in their seventh decade of cutting-edge, epoch-defining performances on stage and on screen. Funny, smart, sharp, competitive, tearful, hilarious, savage, clever, caustic, cool, gorgeous, poignant, irreverent, iconic, old, and unbelievably young. Special friends, special women and special dames: a chance to hang out with them all, at the same table, at the same time, and enjoy sparkling and unguarded conversation spliced with a raft of archive.

## SATURDAY JANUARY 11<sup>TH</sup> @ 2:00 PM "DEATH ON THE NILE"

Belgian sleuth Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short.

## SATURDAY JANUARY 18<sup>TH</sup> @ 2:00 PM " JUNIPER "

A self-destructive teenager returns home from boarding school to find his alcoholic grandmother has moved in. Although the two initially clash, they soon develop an unexpected and touching bond over a period of time.

## SATURDAY JANUARY 25<sup>TH</sup> @ 2:00 PM " PAINT "

Carl Nargle, a local treasure with a soothing whisper of a voice, hosts his own painting show on Vermont public television. His art has attracted the attention of many women over the years, especially those who work at the station. However, when a new painter gets hired to revitalize the channel, Carl's own fears regarding his talents as an artist are brought to the forefront.



# **HAVEN HOUSE HAPPENINGS**

Happy New Year everyone. What a busy December we've had. The decorations & the eggnog were fantastic, & the children that visited us whether it was from the school or daycare next door brought so much laughter and smiles to us. We are looking forward to a busy January together.



**Irene**



**Betty**



A BIG THANK YOU TO EVERYONE WHO MADE OUR **CHRISTMAS FAIR** SUCH A SUCCESS.

**WHAT A COMMUNITY WE HAVE HERE!!!**

WE WOULD LIKE TO THANK THE FOLLOWING PEOPLE WHO HELPED AND CONTRIBUTED TO OUR CHRISTMAS FAIR.

*Laverne R, Eileen K, Joan G, Norma Mc, Audrie K, Willy E, Raymonde Mc, Olga L, Tina M, Cathy A, Marilyn C, Maxine G, Cecile F, and Elisabeth B.*

Thank you also to Families and staff who helped and donated goods for the bake sale.



December 20<sup>th</sup> 2024

Augustine House Seniors held a Christmas Fundraiser on  
Wednesday December 4<sup>th</sup> 2024

the following is a list of monies raised in each category.

BAKE SALE	696.95
CRAFT TABLE	117.75
POINSETTIA SALE	244.75
WILLY AND ELIZABETHS CRAFT TABLE	433.00
RAFFLE	865.00
AUDRIES CRAFT TABLE	270.00
RAYMONDES CRAFTS	55.00
LAVERNES CRAFTS	240.00
TOTAL	<b><u>2,922.45</u></b>

Tim Bowman

Recreation Manager

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Winter Wonderland

E W Y S T X Q J U V H E L F F I N S F W I F J A  
F E D S N A E N J O Y D N B E S S H Y F E Q T D  
C U Z C R O E H O E V T P T L L O S G A K K R F  
X R C G V Z W D N R E Q D S F C N S L P L A R F  
F H V R O V I M N Z T S Z X K O P H T F Z A S O  
G P B R D E I V A L U S Z E W G D X W Z C W Y I  
V T F Y M U Q Z U N U A Y F U L N J I S E F M R  
C F E I N S N O W B A L L F S Q Z L C A J E U K  
B S B A Z U A S M C H A I V V M B U T D F P R E  
V G H D E J O G D N K G N K I G O E P A G E E G  
Z W D I S C I O Z E N B T T V Z R H D Y H L F X  
A X B A V N K B B Y S D T N G A Z Y L I E S C R  
A E P Y G E R O V G L E D L V N C G B T Y A A G  
P Z H Y E V R H A M N D Q H H I B E S C K A H F  
D D G L S M L Z Y S S W E G O G R L X B I C A O  
I U W B F N R E G C B L Z L M N R U A W C H S Z  
F B V Y W I N D C H I L L F A C T O R N U W E Y  
G W E D E M J P E D L S D T G V J C M M K H D T  
H H I K I G A N S T Q H E U P R S B E J H E W S  
W B A H Q Z I A L P J F I H G U O C O T B P T O  
H U C S I M H Q E A C V S S R E I F P Y A T Y R  
U W U O Z K F X D O V F V K S X S D Z O H K C F  
A I M R E H T O P Y H S K I Z L H T K V I G S G  
P B P J W A Q D H O T C H O C O L A T E A F D E

- |             |               |          |                   |
|-------------|---------------|----------|-------------------|
| sweater     | mittens       | frosty   | icy               |
| sniffle     | Elsa          | frozen   | sled              |
| ski         | skate         | shiver   | scarf             |
| snowflake   | snowman       | snowball | wind chill factor |
| cough       | chimney       | blizzard | blanket           |
| hypothermia | hot chocolate | hoodie   | hockey            |
| hibernate   |               |          |                   |

# Friday HAPPY HOUR

- FRIDAY JANUARY 3<sup>RD</sup> EACH OTHER
- FRIDAY JANUARY 10<sup>TH</sup> MIKE KINAL
- FRIDAY JANUARY 17<sup>TH</sup> GREG ALCOCK
- FRIDAY JANUARY 24<sup>TH</sup> OLD SCHOOL
- FRIDAY JANUARY 31<sup>ST</sup> MICHELLE CARLISLE

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

# DAY OF THE MONTH



## NATIONAL BLOODY MARY DAY

Regardless of whether a person believes that Bloody Mary is the best alcoholic drink in the world or the worst, there's one indisputable fact: this drink is a classic. It's been around for approximately 100 years and was originally named "Bucket of Blood." It also has its own holiday—National Bloody Mary Day—a holiday that falls on January 1.

National Bloody Mary Day is a holiday with an obscure origin—much like the drink itself. No one knows who created this holiday, but that's okay because people also don't know who invented the drink that this holiday represents.

Sure, there are several different theories about when the drink was invented, but there are no definitive answers to be found. At this point, the history of the Bloody Mary is unclear, but we will take a quick look at some of the most common origin theories for this drink.

This drink's first origin theory has it being created in 1921.

This is when a French bartender named Fernand Petiot claimed to have invented the drink at Harry's New York Bar in Paris.

Another origin theory for this drink is that it was invented at the Hemingway Bar at the Ritz Paris. Yet another origin story is that this drink wasn't invented during the 1920s but was instead invented during the 1930s by bartender Henry Zbikiewicz.

This holiday can be celebrated by mixing up a few Bloody Mary drinks and enjoying them with friends and/or family. All that's required is some vodka, tomato juice, Tabasco sauce, Worcestershire sauce, celery salt, black pepper, paprika, and maybe a couple of lime wedges or a stalk of celery.

**Why not celebrate and order a Bloody Mary or Caesar in January at Happy Hour**



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