

The Augustine Eagle

APRIL 2025





RESIDENT FORUM MINUTES

Held March 20th, 2025 @ 3:00 pm

Present: Tim, Anne, Lisa, Ivan and 30 residents attended in the East Lounge

Tim:

- Happy Spring everyone – we're all looking forward to better weather.
- We'll share more news once we have it but Augustine House may be purchasing a bigger, better and newer bus.
- Reminder that regular fire alarm testing takes place on the 3rd Monday of every month. We try and keep the disruptions to a minimum.
- We have quite a few fun events to look forward to in April.
- Palm Sunday is April 13th, Father Francis from Sacred Heart Parish will be here.
- Easter is on Sunday April 20th
- We're going to be adding an activity to Friday nights – Game night, residents are invited to come and play a variety of fun board games.
- Jazza Girls will be coming to sing for us in April.
- Gardening Meeting is on April 22nd, come and join us and let us know if you'd like a gardening plot this season.
- EFC Church Choir will be performing for us in April.
- Elder College Singers will be visiting as well, so a few musical performances to look forward to in April.
- Lunch in April will be at the Ladner Legion, residents have expressed an interest in going to the Legion for lunch.
- Mamma Mia is the musical this spring at Delta Senior Secondary School and we've been fortunate to receive free tickets so the bus will be bringing residents to see this popular show.
- Be aware that tax season can result in quite a few scams showing up so please be careful, your bank will not call you on your phone so please be aware and if in doubt, hang up or simply shut down your computer.
- Scams are getting more and more sophisticated so we have to be very diligent and be aware.
- Check the April Calendar for more activities and events during April.



SATURDAY MOVIES

SATURDAY APRIL 5th @ 2:00 PM "THE ELECTRICAL LIFE OF LOUIS WAIN "

Louis Wain was many things during his incredible life: artist, inventor, entrepreneur and caretaker. After adopting a stray kitten, he went on to paint the extraordinary images of cats that made him world famous.

SATURDAY APRIL 12th @ 2:00 PM " GOLDEN YEARS"

Arthur and Martha Goode won't take the loss of their pensions lying down. It's time for these retirees to rob some banks and take back what was theirs in the first place.

SATURDAY APRIL 19th @ 2:00 PM "AMELIA "

From the time she first sits in the pilot's seat, aviatrix Amelia Earhart (Hilary Swank) feels destined to achieve great things. Beginning in 1928, she sets a number of aviation milestones, including numerous speed and altitude records, and was the first woman to fly solo across the Atlantic. In 1937, Amelia undertakes her greatest challenge of all: to become the first woman to circumnavigate the globe by airplane.

SATURDAY APRIL 26th @ 2:00 PM "JERRY AND MARGE GO LARGE"

When retiree Jerry Selbee discovers a mathematical loophole in the Massachusetts lottery, he and his wife go on an exciting, multimillion dollar winning spree with the goal of reviving their small Michigan town. However, when a selfish college student cheats the system, Jerry must find a way to make the game fair for all.



NATIONAL VOLUNTEER WEEK

APRIL 27th– 3rd 2025



NATIONAL VOLUNTEER WEEK 2025

VOLUNTEERS MAKE WAVES

The National Volunteer Week theme for 2025 is **VOLUNTEERS MAKE WAVES**. This reveals the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. These diverse forms of sharing our time, talent and energy strengthen the fabric of our community.

Through volunteering we experience our interconnectedness, making our lives more meaningful. Getting

involved in various ways, we find friendship, develop trust, and link our relationships. Threading these connections, we come to belong as we contribute towards the same goals.

APRIL 27 - MAY 3

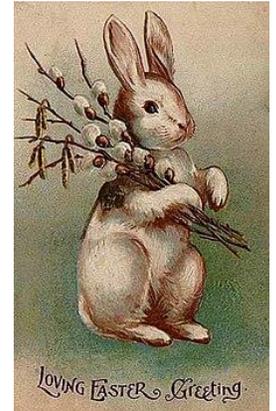
Like each individual thread makes weaving stronger, every volunteer's experience, perspective, and abilities add to our collective resilience. Woven together from coast to coast to coast, volunteering reinforces our ability to grow, thrive, and create change within our community, province, and country.

During National Volunteer Week 2025, we celebrate our collective impact: through our kindness, generosity and commitment to volunteering, and that **VOLUNTEERS MAKE WAVES**.



THE EASTER BUNNY

The Easter Bunny is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide. The Easter Bunny is sometimes depicted with clothes. In legend, the creature carries colored eggs in his basket, candy, and sometimes toys to the homes of children, and as such shows similarities to Santa Claus or the Christ kind, as they both bring gifts to children on the night before their respective holidays.



Rabbits and Hares

The hare was a popular motif in medieval church art. In ancient times, it was widely believed that the hare was a hermaphrodite. The idea that a hare could reproduce without loss of virginity led to an association with the Virgin Mary, with hares sometimes occurring in illuminated manuscripts and Northern European paintings of the Virgin and Christ Child. It may also have been associated with the Holy Trinity, as in the three hares motif. Eggs, like rabbits and hares, are fertility symbols of antiquity. Since birds lay eggs and rabbits and hares give birth to large litters in the early spring, these became symbols of the rising fertility of the earth at the Vernal Equinox.

Eggs

In addition, Orthodox churches have a custom of abstaining from eggs during the fast of Lent. The only way to keep them from being wasted was to boil or roast them, and begin eating them to break the fast. As a special dish, they would probably have been decorated as part of the celebrations. Later, German Protestants retained the custom of eating colored eggs for Easter, though they did not continue the tradition of fasting. Eggs boiled with some flowers change their color, bringing the spring into the homes, and some over time added the custom of decorating the eggs. Many Christians of the Eastern Orthodox Church to this day typically dye their Easter eggs red, the color of blood, in recognition of the blood of the sacrificed Christ (and, of the renewal of life in springtime). Some also use the color green, in honor of the new foliage emerging after the long-dead time of winter. The Ukrainian art of decorating eggs for Easter, known as pysanky, dates to ancient, pre-Christian times.

NATIONAL VOLUNTEER WEEK

APRIL 27th - May 3rd



Celebrate the Value of Volunteering

- Building confidence, competence, connections and community -

On behalf of Augustine House, we would like to express our sincere thanks for your time, commitment and dedication in making a difference to the quality of daily life of all the Residents who have chosen to make Augustine House their home.

Did you know that collectively our volunteers have contributed over 500 hours of their time? And that is only what we record; it is equivalent to one full time employee working all day, every day!

As the 2025 National Volunteer Week theme notes, **VOLUNTEERS MAKE WAVES**, we would not be as successful in building our community without your selfless contribution of your time and presence here with us. We hope that you feel connected to us and see yourself as part of our big family as we do of you.

Not only do you go above and beyond, share your giving spirit, believe in our mission, and leave an impression on the lives of those you are in contact with, your contributions to Augustine House strengthen our organization for everyone who lives and works here.

Our volunteers include Resident Council members, to piano players, to Board Members; from popcorn makers to garden attenders; to dancers and singers, to friends, companions and even animals, and to the many more.

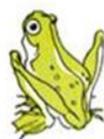
WE THANK YOU!



Spring Word Search



Find the words below in the grid to the right:



April
 April Fool's Day
 bloom
 bud
 Buddha's Birthday
 cherry blossom
 crops
 daffodil
 Earth Day

Easter
 farmer
 flower
 grow
 June
 May
 melt
 Mother's Day
 new leaves

plant
 plow
 seed
 shower
 sprout
 thaw
 tulip
 wake up
 warm



Gardening Club

*WOULD YOU LIKE A GARDENING SPOT FOR THE UPCOMING
SPRING/SUMMER?*

JOIN US FOR A MEETING ON

TUESDAY APRIL 22ND

EAST LOUNGE AT 11:00 AM

MEET JESSY SAHOTA

Conservative candidate for

South Delta.

Wednesday April 16th

Multipurpose Room

10:30 am



DAY OF THE MONTH

Pretzel Day

Celebrate the salty snack called Pretzel on April 26, Pretzel Day.



Considered to be one of the oldest surviving snacks in the world, the humble but delicious pretzel is thought to have originated in Europe, possibly created by monks in monasteries.

Soft or Hard

The knot shape of the traditional soft dough pretzels is thought to signify folded hands during prayers.

The commonly found hard pretzels are a much more recent invention considered to have been first made by German immigrants in Pennsylvania, United States.

People in Pennsylvania eat more pretzels per capita than anywhere else in the world. Because of this, Pennsylvania Governor Ed Rendell declared April 26 as National Pretzel Day in 2003.



Friday HAPPY HOUR



FRIDAY APRIL 4TH COLLEEN DURDON

FRIDAY APRIL 11TH SINCERELY YOURS

FRIDAY APRIL 18TH LIZ AND STEVE

FRIDAY APRIL 25TH GERRY LAYTON

RESIDENT COUNCIL UPDATE

We are delighted to inform you that

*Olga will be joining council with
immediate effect as our Secretary*



HAVEN HOUSE HAPPENINGS

Happy Spring everyone! What nice weather we have been having, and we're definitely looking forward to more of it. We have been busy making plans for April, and all things Easter, but we are still talking about how much fun we had on Hawaii Day last month. What a great day & what wonderful dancers. We're definitely looking forward to the next celebration.
Aloha everyone.





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