

The Augustine Eagle

MAY 2025





RESIDENT FORUM MINUTES

Held April 24th, 2025 @ 3:00 pm

Present: Naaz, Cathy, Anne, Tim, Joanne, and 30 residents attended in the East Lounge

Cathy Mason: (Director of Care)

- Vaccine Clinic went well, thanks to the residents who participated.
- Over all we still see that vaccines do help with reducing the symptoms of the flu and the Covid virus.

Tim:

- We are looking forward to getting our new Augustine House Bus. We hope to take delivery of it very soon.
- May will be a busy month.
- Dine in with Joanne is coming up next week, we'll be enjoying Pizza and Wings.
- We'll be heading to the casino next week, sign up if you'd like to go.
- 2 visits to Plant Stores this month, Vandula Nursery on May 6th and we'll be heading to Harris on May 15th.
- We have a very nice Mother's Day Tea planned for Thursday, May 8th.
- Mother's Day is Sunday, May 11th.
- Ladner May Days Parade is Sunday, May 26th. Our new bus will be in the parade
- Alta Vida Fashions is coming back, spring is a great time to check out some new styles.

Naaz Khan: Executive Director

- We are installing (2) EV Charging Stations.
- Hailey's sister, Ashley will be doing an amazing bike ride from Alaska to Argentina and we are thrilled to sponsor her.
- She'll be dropping by on May 30th – she is going for a Guinness World Record & we're so happy to sponsor her.

Tim:

- We are so appreciative of all our volunteers and recognize our residents who do so much for Augustine House – we're passing out a beautiful plant to all the members of our Resident Council.
- We also recognize those residents who take care of recycling and who Lead Devotional, play piano, organize our Dance Class on Saturday, Communion & of course our Augustine House Board.
- We also recognize our volunteers who bring Ellie our therapy dog and the Blood Pressure Clinic – Thank YOU to ALL our Amazing Volunteers!

SATURDAY MOVIES

SATURDAY MAY 3RD @ 2:00 PM "FATHER OF THE BRIDE"

A father must come to grips with his daughter's upcoming wedding and handle multiple relationships within his sprawling Cuban American family.

SATURDAY MAY 10TH @ 2:00 PM "A GOOD YEAR"

Failed London banker Max Skinner (Russell Crowe) inherits his uncle's (Albert Finney) vineyard in Provence, where he spent many childhood holidays. Upon his arrival, he meets a woman from California who tells Max she is his long-lost cousin and that the property is hers.

SATURDAY MAY 17TH @ 2:00 PM "AN AFFAIR TO REMEMBER "

A man and a woman have a romance while on a cruise from Europe to New York. Despite being engaged to other people, both agree to reunite at the top of the Empire State Building in six months. However, an unfortunate accident keeps her from the reunion, and he fears that she has married or does not love him anymore.

SATURDAY MAY 24TH @ 2:00 PM "CROOKED HOUSE"

Young Sophia returns after the war to find her grandfather poisoned and a family filled with suspects. Luckily her fiancé, Charles, is the son of the assistant commissioner of Scotland Yard.

SATURDAY MAY 31ST @ 2:00 PM "COLETTE"

After moving to Paris, author Sidonie-Gabrielle Colette agrees to ghostwrite a semi-autobiographical novel for her husband. Its success soon inspires her to fight for creative ownership and overcome the societal constraints of the early 20th century.





NATIONAL COSMOPOLITAN DAY

FRIDAY MAY 9TH 2025

Cosmopolitans are probably one of the most famous cocktails out there. National Cosmopolitan Day is where people can go out at night and have fun while dancing, laughing, and singing in clubs.

For those people who enjoy drinking a Cosmo either on a regular basis or just every once in a while, this day is definitely worth celebrating!

It's time to check out National Cosmopolitan Day!

Make a Cosmopolitan at Home

Of course, the most obvious way to celebrate this day is by indulging in a Cosmopolitan, which sounds more difficult to make than it is. Don't be afraid to try out this amazing recipe that can easily be made at home:

In a cocktail shaker, mix 1 1/2 ounces vodka (or citrus vodka), 1-ounce Cointreau orange liqueur, 1/2 ounce lime juice (fresh), and 1/4 ounce cranberry juice. Strain into a chilled cocktail glass dipped in sugar, then garnish with an orange peel and enjoy this delicious treat!

Celebrate with Pink

For many people, one of their favorite things about Cosmo is its color. The cranberry juice in the drink makes it a perfect hue of bright pink.

And a proper celebration of this day would certainly include dressing from head to toe in Cosmo Pink! Dig into that closet and choose a hot pink pantsuit, a Fuchsia blouse or a pink scarf that gives a nod to the day's vibe.

Get Creative with Cosmopolitans

French Cosmopolitan. Making things a bit more sophisticated, this drink substitutes the Cointreau and uses Grand Marnier as the orange liqueur. Then garnish with the peel from an orange, lemon or lime.



Ray Garnett

The picture of Ray on the right was taken in 1962, Ray was S.E. Britain's strength champion and also came fourth in the Mr. Universe Natural Competition.

Rays love for fitness began when he was 16 years old, this was a time before TV coverage or internet and any focus in Rays interests where not available in the U.K. at the time, Ray and his friends had to find information other ways and work harder at the gym then other people.

Friday HAPPY HOUR



FRIDAY MAY 2ND MICHELLE CARLISLE

FRIDAY MAY 9TH TOM THE CROONER

FRIDAY MAY 16TH OLD SCHOOL

FRIDAY MAY 23RD LIZ AND STEVE

FRIDAY MAY 30TH JOHN DEAN

FOOD ON THE CORNER

Its been one year since we started making sandwiches for the Downtown East Side in conjunction with Food on the Corner, Residents are always happy to lend a hand to this worthy cause.



HAVEN HOUSE HAPPENINGS

Hello everyone, what lovely weather we've been experiencing. April was busy for us, we made cookies, & devilled eggs. We also had our fair share of chocolate eggs as well.

We are really looking forward to May, and the sunny weather, as well as planning for our gardens, and keeping busy. There's also Victoria Day and we have plans for a special Tea on Mother's Day. We are celebrating four birthdays in Haven House this month, including Joan, who is turning 102! Best wishes to all. Enjoy the spring weather everyone.



VICTORIA DAY

The birthday of Queen Victoria was a day for celebration in Canada long before Confederation, with the first legislation regarding the event being in 1845 passed by the parliament of the Province of Canada to officially recognize May 24 as the Queen's birthday. It was noted that on that date in 1854, the 35th birthday of Queen Victoria, some 5,000 residents of Canada West gathered in front of Government House (near present-day King and Simcoe Streets in Toronto) to "give cheers to their queen". An example of a typical 19th century celebration of the Queen's birthday took place on May 24, 1866, in Omemee, also in Canada West: the town mounted a day-long *fête* to mark the occasion, including a gun salute at midnight, pre-dawn serenades, picnics, athletic competitions, a display of illuminations, and a torch-light procession; such events were common around the colony and, by the 1890s, the day had become a "patriotic

Following the death of Queen Victoria in 1901, May 24 was made by law to be known as *Victoria Day*, a date to remember the late queen, who was deemed the "Mother of Confederation", and, in 1904, the same date was by imperial decree made Empire Day throughout the British Empire. Over the ensuing decades, the official date in Canada of the reigning sovereign's birthday changed through various royal proclamations until the haphazard format was abandoned in 1952. That year, both Empire Day and Victoria Day were, by order-in-council and statutory amendment, respectively, moved to the Monday before May 25 and the monarch's official birthday in Canada was by regular viceregal proclamations made to fall on this same date every year between 1953 and January 31, 1957, when the link was made permanent by royal proclamation. The following year, Empire Day was renamed Commonwealth Day and in 1977 it was moved to the second Monday in March, leaving the Monday before May 25 only as both Victoria Day and the Queen's Birthday.





Mother's Day is a celebration honoring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society. It is celebrated on various days in many parts of the world, most commonly in the months of March or May. It complements similar celebrations honoring family members, such as Father's Day and Siblings Day.

In the United States, celebration of Mother's Day began in the early 20th century. It is not related to the many celebrations of mothers and motherhood that have occurred throughout the world over thousands of years, such as the Greek cult to Cybele, the Roman festival of Hilaria, or the Christian Mothering Sunday celebration (originally a commemoration of Mother Church, not motherhood). In some countries, Mother's Day has become synonymous with these older traditions.

The modern American holiday of Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia. Today St Andrew's Methodist Church now holds the International Mother's Day Shrine. Her campaign to make "Mother's Day" a recognized holiday in the United States began in 1905, the year her mother, Ann Reeves Jarvis, died. Ann Jarvis had been a peace activist who cared for wounded soldiers on both sides of the American Civil War, and created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honor her mother by continuing the work she started and to set aside a day to honor all mothers, because she believed that they were "the person who has done more for you than anyone in the world".

In 1908, the US Congress rejected a proposal to make Mother's Day an official holiday, joking that they would have to proclaim also a "Mother-in-law's Day". However, owing to the efforts of Anna Jarvis, by 1911 all US states observed the holiday, with some of them officially recognizing Mother's Day as a local holiday, the first being West Virginia, Jarvis' home state, in 1910. In 1914, Woodrow Wilson signed a proclamation designating Mother's Day, held on the second Sunday in May, as a national holiday to honor mothers.

MOTHERS DAY WISDOM

All of us have been guided by our mother's voice, wisdom, and common sense, even if we do not think so sometimes. Whether we remember what she said fondly, or try to forget these phrases, they are still part of us. Ultimately, without realizing it, we pass them along to our children, who will most likely pass it on to their children. Here are some old favorites.

- Don't cross your eyes they'll stay that way.
- If your friend jumped off a cliff, would you do that as well?
- You'll put someone's eye out with that thing.
- How many times have I told you, don't throw things in the house.
- Close the door, were you born in a barn.
- Don't put that in your mouth, you don't know where it's been.
- Why? Because I said so that's why.
- Don't use that tone with me.
- Eat those carrots, have you ever seen a rabbit wearing glasses.
- Did you flush?
- There's enough dirt in those ears to grow potatoes.
- Be good – but if you can't be good, be careful.
- I don't care what "everyone" is doing, I care what you're doing.
- If you can't say something nice, don't say anything at all.
- One day, you'll be a parent.
- Don't talk with your mouth full.
- Wear clean underwear in case you get into an accident.
- Sit up straight.
- Don't pick, it will get infected.
- I'm not talking just to hear myself.



Camping



R Y M C T E G N I K I H N S F O J B X U P
Q J N A H N V D Z S A L S I S L A M I N A
M E M O R I E S F M W E P J B T S N C G H
D O X P O S Q L M U R I C Z T A K A Y A K
I C S J B C H O L T A G M E P N C T W F O
F A Y Q E X C M T E C V R M O D I U S L G
Z M O H U K J A A W P I F G I L T R M A E
U P N Y G I M Q R L E E X C V N S E B S N
D S K O F R T B W S L K R A J M G G Z H O
N I G N I K O O C R O O D T U O N P M L I
A T V A H T U J E G X B W F C I I Q D I T
L E F C D Y A R H S N M Z U P E T K O G A
S B O S W M I V T R A I L E R Q S J E H C
I W T U L F Z S R Y G T E X D H A N S T A
K N U M P I H C J E Q L A O K W O T I B V
Y L D M C O M P A S S F B H N X R E G Z D
B H A E J W K S M O R E S N I A T N U O M
X C N R E T N A L Z V Q R D Y G C T F P R

air mattress

animals

batteries

cabin

campfire

campsite

canoeing

chipmunk

compass

flashlight

hammock

hiking

insect repellent

island

kayak

lantern

marshmallow

memories

mosquitoes

mountains

nature

outdoor cooking

raccoon

reservation

roasting sticks

s'mores

sleeping bag

summer

swimming

tent

trailer

vacation



Tree Valley Academy



LADNER MAY DAY PARADE

SUNDAY MAY 25th

BUS LEAVES HERE AT 11:00 A.M.

SIGNUP AT THE BULLETIN BOARD.



The weather is getting warmer, please wash out any milk containers you use before putting in the recycling.

Please note that the times to order room service for meals are

Lunch 11:15 am

Dinner 4:15 pm

Dignity[®] MEMORIAL

Wednesday May 28th

MEDIA ROOM

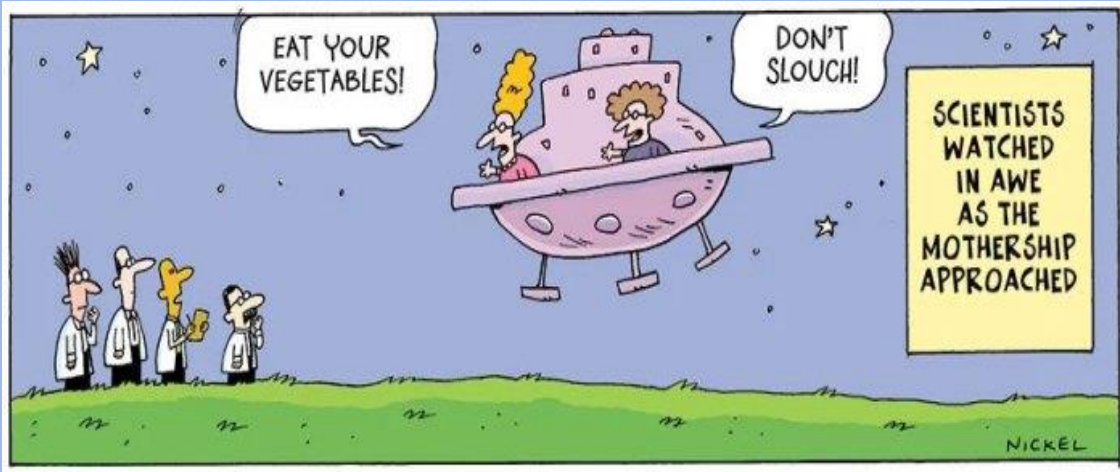
10:00 AM

Dignity Memorial is doing **Your Life Your Legacy** presentation with refreshments. We'll discuss how to alleviate the burden associated with having your loved ones deal with your final arrangements.

Pre-Planning is the most important thing you can do for your family.

See you there!





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