

# The Augustine Eagle

*APRIL 2026*



# WHO'S NEW IN THE HOUSE



Maria

Maria was born in the former Yugoslavia which is now known as Slovenia. Maria had 1 brother & 7 sisters, and her parents ran a small family farm. When the war began, Maria's family became refugees. At the age of 15, Maria and her family came to Canada, to be with an Uncle who was living in a small Alberta town.

They decided it would be easier to get employment in a big city so they moved to Richmond. Maria got a job in a factory which is where she met her husband Arnold. The couple

were married in St. Monica's Church in Richmond. The couple had 4 beautiful children and have 24 grandchildren, plus a couple great grandkids. They had a home in Maui so the family spent a lot of time there. Maria loves reading with a passion and also loves taking care of children.



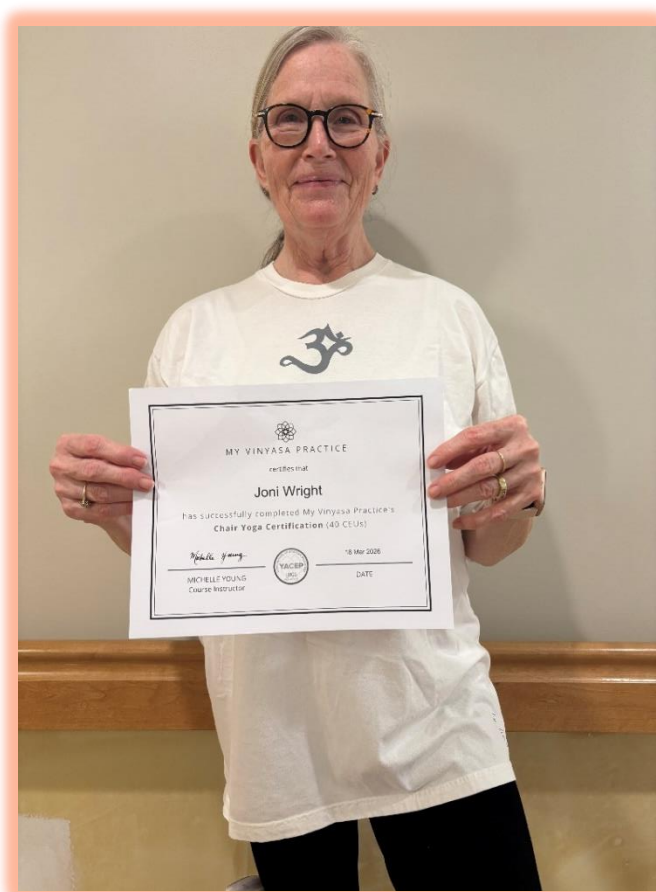
Welcome to Augustine House, Maria. We are glad you're here.

## Agnes

Agnes was born in Glasgow, Scotland. Agnes had 4 brothers and 1 sister. Her dad was a railway man and her mother was a tailor. Agnes met her husband at a local dance. His name was Jim, and he was a merchant marine. The couple were married and after 5 years and 2 sons, they decided to come to Canada where they had family already residing in Powell River. Jim did very well, working at the local lumber mill. They spent 12 years there before deciding to move to Richmond so their sons could seek higher education.

After a few years in Richmond, the family moved to Tsawwassen where Agnes lived for the next 32 years until she moved to Augustine House. Agnes can even

recall this place being built! Agnes worked for the provincial government in a few different departments for around 20 years. Agnes used to enjoy golfing but has slowed down a bit. She now is enjoying her 'million-dollar view' from her lovely apartment. Welcome to Augustine House, Agnes.



Congratulations to Joni for passing her exams as she becomes a registered Chair Yoga Instructor.

Joni is always happy to welcome you to Yoga.

Check the schedule for dates and times.



## RESIDENT FORUM MINUTES

Held March 19, 2026 @ 3:00 pm Multipurpose Room

Present: Naaz, Anne, Cathy, Tim, Joanne, Shane and 30 residents attended in the Multipurpose Room

### **Naaz Khan: (Executive Director)**

- New furniture has been arriving, we are happy that so many residents have commented on how nice it looks.
- Thank you to all residents and their families as we work through the disruptions that the renovation is causing.
- We have received positive feedback on the new menu items.

### **Shane: (Building Manager)**

- We are looking at new containers for recycling in all laundry rooms and are working with the designer on new items that will work well.

### **Tim: (Recreation Manager)**

- We're all very glad to welcome Spring!
- New entertainment in April from Evan Simons, we're happy to welcome Evan to Augustine House.
- Shawn McKee will continue to entertain residents in the East Lounge on Sundays.
- Easter Sunday is April 5<sup>th</sup> – we'll have an Easter Egg Hunt at Augustine House.
- Shawn McKee will be coming to perform more shows in the East Lounge this month.
- Sign up for Dine-in with Joanne. We'll enjoy Chinese Food if anyone is interested in joining us.
- Alta Vida Fashions will be back with a wide selection of new Spring and Summer Fashions.
- Media Room is done – it looks great and we're happy to welcome residents back.
- We'll be hosting a breakfast and some coffee fundraisers for the Walk for Alzheimer's – stay tuned for more details.
- Volunteer Appreciation Week is the week of April 19<sup>th</sup>.
- Bakerview Room should be finished by the end of April.
- For more events taking place in April, be sure to check out the Monthly Calendar.



Passover or Pesach, is an important, biblically derived Jewish holiday. The Jewish people celebrate Passover as a commemoration of their liberation by God from slavery in Egypt and their freedom as a nation under the leadership of Moses. It commemorates the story of the Exodus as described in the Hebrew Bible especially in the Book of Exodus, in which the Israelites were freed from slavery in Egypt. According to standard biblical chronology, this event would have taken place at about 1300 BCE (AM 2450).

Passover is a spring festival which during the existence of the Jerusalem Temple was connected to the offering of the "first-fruits of the barley", barley being the first grain to ripen and to be harvested in the Land of Israel.

Passover commences on the 15th of the Hebrew month of Nisan and lasts for either seven days (in Israel and for Reform Jews and other progressive Jews around the world who adhere to the Biblical commandment) or eight days for Orthodox, Hasidic, and most Conservative Jews (in the diaspora). In Judaism, a day commences at dusk and lasts until the following dusk, thus the first day of Passover only begins *after* dusk of the 14th of Nisan and ends at dusk of the 15th day of the month of Nisan. The rituals unique to the Passover celebrations commence with the Passover Seder when the 15th of Nisan has begun. In the Northern Hemisphere Passover takes place in spring as the Torah prescribes it: "in the month of [the] spring" . It is one of the most widely observed Jewish holidays.

In the narrative of the Exodus, the Bible tells that God helped the Children of Israel escape from their slavery in Egypt by inflicting ten plagues upon the ancient Egyptians before the Pharaoh would release his Israelite slaves; the tenth and worst of the plagues was the death of the Egyptian first-born.

The Israelites were instructed to mark the doorposts of their homes with the blood of a slaughtered spring lamb and, upon seeing this, the spirit of the Lord knew to *pass over* the first-born in these homes, hence the English name of the holiday.

When the Pharaoh freed the Israelites, it is said that they left in such a hurry that they could not wait for bread dough to rise (leaven). In commemoration, for the duration of Passover no leavened bread is eaten, for which reason Passover was called the feast of unleavened bread in the Torah or Old Testament. Thus *matzo* (flat unleavened bread) is eaten during Passover and it is a tradition of the holiday.

# SATURDAY MOVIES

## SATURDAY APRIL 4<sup>th</sup> @ 2:00 PM "ACROSS THE RIVER AND INTO..

Haunted by the Second World War, American Army Col Richard Cantwell is a hero who faces news of his illness with stoic disregard. Determined to spend a weekend in solitude, he commandeers a military driver to facilitate a visit to Venice.

## SATURDAY APRIL 11<sup>th</sup> @ 2:00 PM "ELIZABETH IS MISSING "

Maud's best friend Elizabeth has disappeared, but as she tries to solve the mystery, dementia threatens to erase all the clues, giving the search a poignant urgency.

## SATURDAY APRIL 18<sup>th</sup> @ 2:00 PM "AS LUCK WOULD HAVE IT "

A woman working with an American real estate company travels to an Irish village. Soon, she participates in a match-making festival and tries to win over a handsome man.

## SATURDAY APRIL 25<sup>th</sup> @ 2:00 PM " LADY JANE "

King Henry VIII has died, and his only heir, a young Edward VI, is dying too. Minister John Dudley doesn't want the Roman Catholic Princess Mary to become queen, as that would end the Protestant Reformation. Dudley plots to keep Edward alive long enough to name Lady Jane Grey (Helena Bonham Carter) as his heir and also marries Jane to his son, Guilford Jane and Guilford soon fall in love, but the kingdom doesn't believe they should rule.





# Easter Story

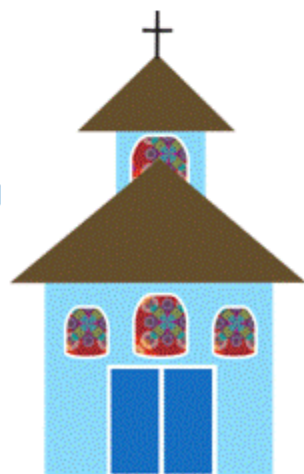
## Word Search

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J R V M S P R A Y E R W C B V F S  
Y N O I X I F I C U R C T R M L E  
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APOSTLES  
BETRAYAL  
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CHURCH  
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CROWN  
CRUCIFIXION  
DISCIPLES  
FAITH  
GOOD FRIDAY

JESUS CHRIST  
JUDAS  
LAMB  
LAST SUPPER  
LENT  
MARY  
MIRACLE  
PASSOVER  
PENANCE  
PENTECOST

PRAYER  
REDEMPTION  
REJOICE  
RESURRECTION  
RISEN  
SAVIOR  
SON  
THORNS  
TOMB



# **NATIONAL VOLUNTEER WEEK**

**APRIL 19<sup>TH</sup> – 26<sup>TH</sup>**



## **IGNITE VOLUNTEERISM**

**- Building confidence, competence, connections and community -**

On behalf of Augustine House, we would like to express our sincere thanks for your time, commitment and dedication in making a difference to the quality of daily life of all the Residents who have chosen to make Augustine House their home.

Did you know that collectively our more than 50 volunteers have contributed over 1500 hours of their time? And that is only what we record; it is equivalent to one full time employee working all day, every day!

As the 2026 National Volunteer Week theme notes, we would not be as successful in building our community without your selfless contribution of your time and presence here with us. We hope that you feel connected to us and see yourself as part of our big family as we do of you.

Not only do you go above and beyond, share your giving spirit, believe in our mission, and leave an impression on the lives of those you are in contact with, your contributions to Augustine House strengthen our organization for everyone who lives and works here.

Our volunteers include Resident Council members, to piano players, to Board Members; to garden attenders; to dancers and singers, to friends, companions and even animals, and to the many more.

**WE THANK YOU!**

# THE EASTER BUNNY

The Easter Bunny is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide. The Easter Bunny is sometimes depicted with clothes. In legend, the creature carries colored eggs in his basket, candy, and sometimes toys to the homes of children, and as such shows similarities to Santa Claus or the Christ kind, as they both bring gifts to children on the night before their respective holidays.



## Rabbits and Hares

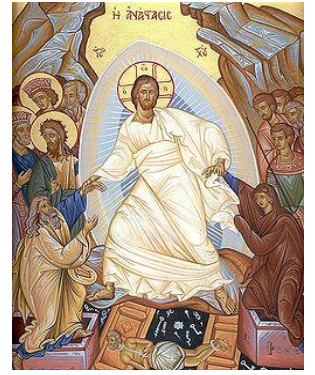
The hare was a popular motif in medieval church art. In ancient times, it was widely believed that the hare was a hermaphrodite. The idea that a hare could reproduce without loss of virginity led to an association with the Virgin Mary, with hares sometimes occurring in illuminated manuscripts and Northern European paintings of the Virgin and Christ Child. It may also have been associated with the Holy Trinity, as in the three hares motif. Eggs, like rabbits and hares, are fertility symbols of antiquity. Since birds lay eggs and rabbits and hares give birth to large litters in the early spring, these became symbols of the rising fertility of the earth at the Vernal Equinox.

## Eggs

In addition, Orthodox churches have a custom of abstaining from eggs during the fast of Lent. The only way to keep them from being wasted was to boil or roast them, and begin eating them to break the fast. As a special dish, they would probably have been decorated as part of the celebrations. Later, German Protestants retained the custom of eating colored eggs for Easter, though they did not continue the tradition of fasting. Eggs boiled with some flowers change their color, bringing the spring into the homes, and some over time added the custom of decorating the eggs. Many Christians of the Eastern Orthodox Church to this day typically dye their Easter eggs red, the color of blood, in recognition of the blood of the sacrificed Christ (and, of the renewal of life in springtime). Some also use the color green, in honor of the new foliage emerging after the long-dead time of winter. The Ukrainian art of decorating eggs for Easter, known as pysanky, dates to ancient, pre-Christian times.

# EASTER

Easter, also called Pascha (*Greek/Latin* or Resurrection Sunday), is a festival and holiday celebrating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial after his crucifixion by the Romans at Calvary c. 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent (or Great Lent), a forty-day period of fasting, prayer, and penance.



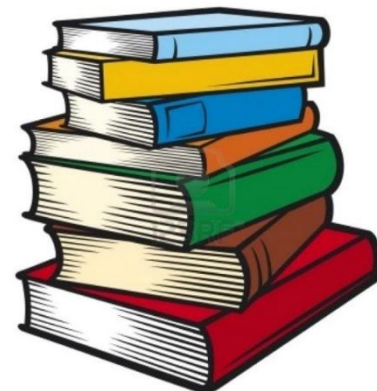
Most Christians refer to the week before Easter as "Holy Week"—it contains the days of the Easter Triduum, including Maundy Thursday, commemorating the Maundy and Last Supper, as well as Good Friday, commemorating the crucifixion and death of Jesus. In Western Christianity, Eastertide, or the Easter Season, begins on Easter Sunday and lasts seven weeks, ending with the coming of the fiftieth day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the fortieth day, the Feast of the Ascension.

Easter and the holidays that are related to it are *moveable feasts* which do not fall on a fixed date in the Gregorian or Julian calendars which follow only the cycle of the sun; rather, its date is determined on a lunisolar calendar similar to the Hebrew calendar. The First Council of Nicaea (325) established two rules, independence of the Jewish calendar and worldwide uniformity, which were the only rules for Easter explicitly laid down by the council. No details for the computation were specified; these were worked out in practice, a process that took centuries and generated a number of controversies. It has come to be the first Sunday after the ecclesiastical full moon that occurs on or soonest after 21 March, but calculations vary.

Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In many languages, the words for "Easter" and "Passover" are identical or very similar. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church, and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades.

# NEW BOOKS

We have had a new delivery  
of large print fiction and non-fiction  
books in the East Lounge.



Take a look, there is something for everyone.



*FRIDAY APRIL 3<sup>rd</sup> LIZ AND STEVE*

*FRIDAY APRIL 10<sup>th</sup> SHOESHAKERS*

*FRIDAY APRIL 17<sup>th</sup> GREG HAMPSON*

*FRIDAY APRIL 24<sup>TH</sup> MICHAEL TURNER*



Join us on **April 17<sup>th</sup>** from **9:30am-11:30am** for coffee and a muffin in support of the Alzheimer's Society-minimum donation \$3.

**\*Donations can be made anytime from April 1<sup>st</sup> to May 30<sup>th</sup>\***

Please see Hailey to drop donations (cash or cheque) off or if any questions. \$15 donations and over will automatically receive an official tax receipt via mail.

Cheques made payable to "Alzheimer Society of BC and Yukon"

**Address: Augustine House  
3820 Arthur Drive, Delta V4K 5E6**

**Residents, Families, Friends, Staff, Community members-  
ALL ARE WELCOME!**

# HAVEN HOUSE HAPPENINGS

*Hello everyone, wow did March ever fly by, but were really looking forward to April and sunny weather. We have a lot of things planned for next month but we are most excited to start gardening and spending time on our patio. It's amazing what a little vitamin D and fresh air can do for the soul.*

*We wish everyone a joyous Easter.*

*Stop in to Haven House some time for a cuppa, we love visitors. See you around the house.*





## Augustine House

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