

Egg Dish of the Week: Poached Egg with Toast

WEEK 1	LUNCH	DINNER
Monday April 20th	Thai Chicken Soup Cheese Quesadilla with Sautéed Peppers & Onions/Sour Cream & Salsa Corn & Black Bean Salad Salmon Salad Sandwich with Carrot & Raisin Coleslaw Assorted Squares with Fresh Fruit	Navy Bean and Ham Soup Caesar Salad Pot Roast and Gravy Baked Sable Fish with Pineapple Fruit Salsa Mashed Potatoes & Beets Cheesecake with Strawberry
Tuesday April 21st	Turkey Noodle Turkey Salad with Sundried Cranberries, a Bun over Mixed Greens Cheese, Lettuce & Tomato on Peasant Bread with Pesto Mayo & Watermelon Wedge Banana Pudding with Fresh Berries	Leek & Potato Soup Spinach Salad with Bacon Bits, Mushrooms and Egg Roasted Pork Tenderloin with Sliced Apple Sweet and Sour Chicken Balls with Asian Noodles Roasted Potatoes & Fresh Summer Mixed Vegetables Cherry Apple Pie
Wednesday April 22nd	Potato Mushroom Soup Chef's Plate with Ham, Cheese, Cucumber, Tomato, Boiled Egg and Tossed Salad with Baguette Egg Salad Sandwich with Celery & Carrot Sticks and Pickled Beets Blueberry Oat Bar	Crab and Corn Chowder Tomato & Fresh Basil with Mozzarella and Balsamic Dressing Chicken Souvlaki with Pita and Tzatziki Local Cod with Dill Sauce Scalloped Potatoes & Broccoli Florets Tiramisu Cake
Thursday April 23rd	Chicken Rice Soup Beef or Veggie Burgers with Cheddar Cheese, Tomato and Lettuce, Curly Fries, & Dill Pickle Submarine Sandwich with Deli Meats, Cheese, Lettuce, Tomato and Onion Potato Salad Rice Pudding	Cream of Broccoli Soup Summer Italian Salad Fried Chicken with Gravy House Made Meat Lasagna with Garlic Bread Fried Wedge Potatoes & Cauliflower Homemade Apple Crisp
Friday April 24th	Grilled Cheddar Cheese Sandwich on Brown Bread with Tomato Soup Bacon, Lettuce & Tomato on Peasant Bread With Potato Chips & Dill Pickle Lemon Pudding with Blueberries	Carrot Ginger Soup Pear, Blue Cheese, Walnuts, Cranberries and Iceberg Lettuce Steelhead Fillet with Lemon Butter Sauce and Fresh Herbs Bratwurst Sausage with Onion Gravy Mashed Potatoes & Asparagus Profiteroles with Warm Chocolate Sauce
Saturday April 25th	Beef Vegetable Soup French Toast with Maple Syrup, Bacon & Orange Slice Shrimp Salad Sandwich on Multigrain with Coleslaw Mandarin Oranges with Macaroon Cookie	Cream of Vegetable Soup Watermelon, Avocado, and Mint Salad Thai Chicken Local Sole with Lemon, Fresh Herbs & Capers Basmati Rice & Mexican Style Vegetables Strawberry Rhubarb Pie
Sunday April 26th	Turkey Tomato Rice Soup Scrambled Eggs, Sausages, Hash Browns and a Croissant Cucumber & Lettuce Sandwich on Whole Wheat, Dill May & Red Grapes Potato Salad Fresh Fruit Choice Belgian Fudge Oat Bar	Cream of Asparagus Soup Oranges, Romaine Salad with Almonds Roasted N.Y. Striploin with Beef Gravy Chicken Mushroom Pie with Gravy Baked Potatoes, Carrots with Fresh Parsley Carrot Cake

***Please place your order for room service or pick up at reception (604-940-6005)**

By 11:15am for lunch (pick up at 12:30) – 4:15pm for dinner (pick up at 5:30)