

The Augustine Eagle

JULY 2026





FRIDAY JULY 3rd "GERRY LAYTON"

FRIDAY JULY 10th "TOM CROCKFORD"

FRIDAY JULY 17th "GLEN PEARSON"

FRIDAY JULY 24th "PANCHO @ SAL"

FRIDAY JULY 31st "GARTH JOHANNESSON"



The weather is getting warmer, please wash out any milk containers you use before putting in the recycling.

Please note that the times to order room service for meals are

Lunch 11:15 am

Dinner 4:15 pm



RESIDENT FORUM MINUTES

Held June 25th, 2026 @ 3:00 in Multipurpose Room

Present: Naaz, Cathy, Tim, Joanne, and 34 residents attended in the Multipurpose Room

NAAZ

- Bistro is just about ready – Coffee machines will follow in the next few days.
- We are working to find minimal cost for prices at the Bistro.
- We are looking forward to our annual **CANADA DAY BBQ** Patio furniture will be here on time.
- Patio power washing is delayed while we wait to decide on the roof project.
- We are looking at plans for a new staff room.
- Residents had concerns about trees and leaves drying up Naaz will speak to Shane regarding this.

TIM

- Picnics have been a success so far, more are planned including Diefenbaker and Memorial parks.
- CANADA DAY BBQ starts at 11:30 with Liz and Steve playing at 3:00pm
- There are two Food on the Corner programs this month July 3rd and 31st.
- Italian evening is Thursday July 16th with some special entertainment after dinner.
- Annual Richmond Big Band on the patio July 27th at 7:30 pm.
- Watch out for World Cup Games being shown at Augustine House.
- Talk to Tim if you would like to join our writing group.
- Lunch buffet continues to be the 1st and 3rd Sunday in the month.
- Request for the band Old School to come back for happy hour, Tim will look into it.
- Request for Fish and Chips at Trolls Horseshoe Bay.

SATURDAY MOVIES

SATURDAY JULY 4th @ 2:00 PM " SOMEONE LIKE YOU "

After architect Dawson Gage loses his best friend, London, he goes on a search for her secret twin sister—who was separated from her at birth.

SATURDAY JULY 11th @ 2:00 PM " SWEET NOVEMBER "

Nelson Moss and Sara Deever have nothing in common except an hour spent in DMV hell. Intrigued by each other, but not quite ready to commit, they settle on a rather unconventional courtship: a one-month trial, after which they'll go their separate ways. No expectations. No pressure. No strings attached. What neither of them counts on is falling in love.

SATURDAY JULY 18th @ 2:00 PM "CAMILLA "

While vacationing in Savannah, Ga., Canadian couple Vincent and Freda meet retired classical musician and Canadian ex-pat Camilla (Jessica Tandy). Freda, an amateur singer, finds in Camilla a powerful source of encouragement for her creative aspirations. After a fight in which Vincent belittles Freda for what he sees as impossible musical dreams, Freda recruits Camilla to join her on a road trip back to Toronto, where they plan to attend a concert together.

SATURDAY JULY 25th @ 2:00 PM " THE WAY WE WERE "

Opposites attract when, during their college days, Katie Morosky (Barbra Streisand), a politically active woman, meets Hubbell Gardiner (Robert Redford), a feckless WASP. Years later, in the wake of World War II, they meet again and, despite their obvious differences, marry. Hubbell wants to be a screenwriter, so the two move to California despite Katie's objections. They prosper there, but as the Hollywood blacklist looms, Katie's activism threatens her husband's reputation.

Canada Day Word Search

Search for the hidden words going up, down, left and right.



M	O	U	D	F	B	P	P	C	N	T	O	I	R	T	A	P
K	N	A	Y	M	U	R	V	C	L	I	U	D	E	E	D	M
K	Z	E	H	W	Z	I	T	A	B	Y	A	J	V	R	K	P
U	K	M	I	P	V	Z	X	Q	J	U	F	W	A	R	W	P
T	O	K	D	W	M	U	L	I	Q	K	V	L	E	I	J	U
K	K	C	I	A	O	N	O	X	I	O	S	A	B	T	L	L
N	V	T	Q	D	T	V	V	W	R	N	Q	B	V	O	T	A
J	C	E	O	A	N	R	X	S	Q	W	Z	D	N	R	B	A
N	Q	L	H	N	O	L	R	Z	O	N	T	A	R	I	O	W
Z	O	P	A	A	R	M	C	G	S	S	L	S	A	E	G	A
G	V	A	N	C	O	U	V	E	R	Y	D	D	S	S	N	T
O	B	M	D	J	T	U	H	I	O	Z	O	A	F	L	Y	T
M	A	P	L	A	E	R	T	N	O	M	G	A	V	U	E	O
I	D	W	V	U	G	B	I	X	Y	F	L	E	A	F	U	T
C	X	A	L	B	E	R	T	A	P	Q	T	C	P	L	A	E
R	O	K	A	M	M	O	T	H	W	D	Z	Z	X	A	U	X
Y	N	O	I	T	A	C	I	F	I	N	U	U	X	G	A	C



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TUESDAY JULY 28TH

PATIO

3:30



AUGUSTINE HOUSE HEALTH CORNER

Dehydration in seniors can be potentially life threatening, especially during the summer when the temperatures soar. Here are 7 hydration tips for seniors that caregivers can use to help the elderly stay hydrated all year round.



Seniors can stay hydrated by making sure they:

1. **Take frequent drink breaks** throughout the day.
2. **Drink 6-8 glasses** of water - that is the daily-recommended intake of fluids and water for those that are not on a restricted fluid diet.
3. **Drink 1-2 glasses of water** first thing upon waking up.
4. **Add extra flavour** to the water.
5. **Eat fruits** with high water content.
6. **Keep cool** - stay in air-conditioned spaces during heat waves heat alerts. ***It is air conditioned on the main floor.***
7. **Reduce sun exposure.**

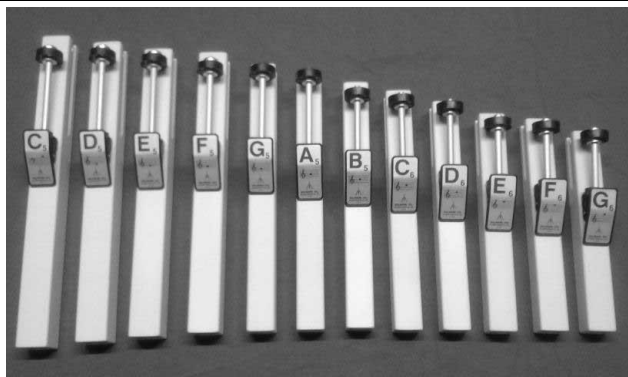


RICHMOND CONCERT BAND

MONDAY JULY 27TH

7:30 PM

PATIO



Hand Chime Choir

With Music Therapist Christine!

***Join us for a fun afternoon of playing Handchimes.
Open to all, No experience necessary.***

Wednesdays

3:30pm

Multipurpose Room



JOIN US FOR

WEEKLY MASS FROM

HOLY ROSARY CATHEDRAL IN VANCOUVER

MEDIA ROOM

TUESDAYS

9:30 AM

FASHION

CASUAL CHIC COUTURE

FRIDAY JULY 3RD

11:00 – 2:00 PM

EAST LOUNGE



Schubertiade

Celebrating the music of Franz Schubert

Thursday July 16th

Dining Room

7:30



HISTORY OF "O CANADA"

"O Canada" – The Canadian National Anthem

Originally, "O Canada" was a patriotic poem by Sir Adolphe-Basile Routhier, a Quebec judge. Calixa Lavallée, the well-known Canadian composer, was commissioned to set it to music, and it was first sung in 1880 during a national convention of French Canadians in Quebec City. The French words to the song have remained the same to this day.

The English version, however, has a more interesting history. When Routhier's lyrics were first published in Toronto, a doctor named Thomas Bedford Richardson translated the words into English and changed them to fit the melody. Two years later, the first edition of the Canadian version of **Collier's Weekly** held a competition to rewrite the English lyrics to the song. Mercy E. Powell McCulloch won the competition with her entry.

The words were rewritten repeatedly, but one version gained the most popularity. It was written by Montreal lawyer Robert Stanley Weir in 1908 in honor of the 300th anniversary of the founding of Quebec City. It was amended in 1913, 1914, and 1916 and published in an official form for the Diamond Jubilee of Confederation in 1927. A slightly modified version of the first verse of Weir's poem was proclaimed as Canada's national anthem in 1980.

HAVEN HOUSE HAPPENINGS

Hello everyone, summer is officially here and we are all very excited! We are looking forward to celebrating Canada's 159th birthday at our 2nd annual Family Canada Day Party! We have lots of fun stuff planned in July, including baking cookies, and spending time enjoying ice cream or smoothies on our patio.

We see you around the house



Eunice & Margaret with Their Teacup Craft



Augustine House

3820 Arthur Drive

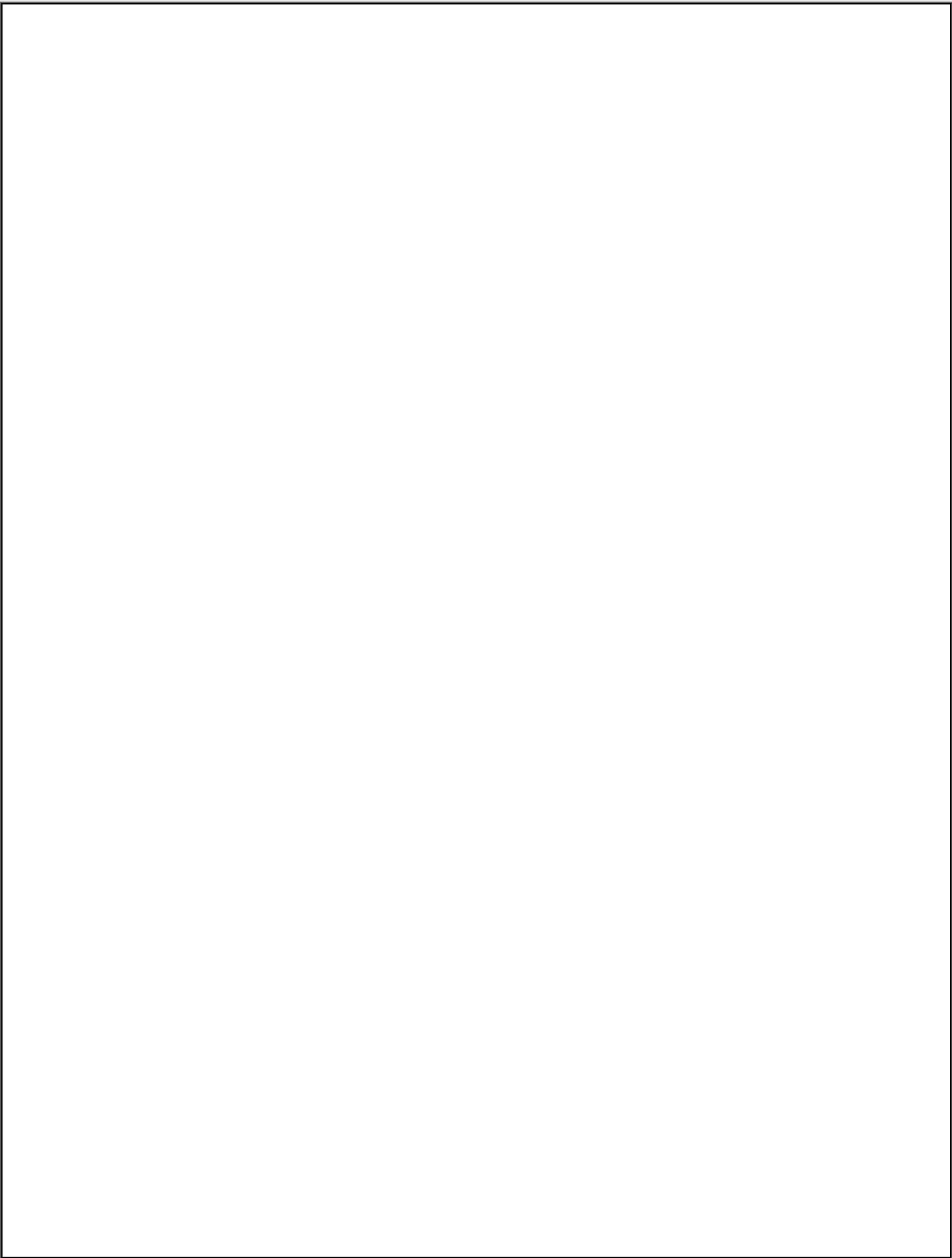
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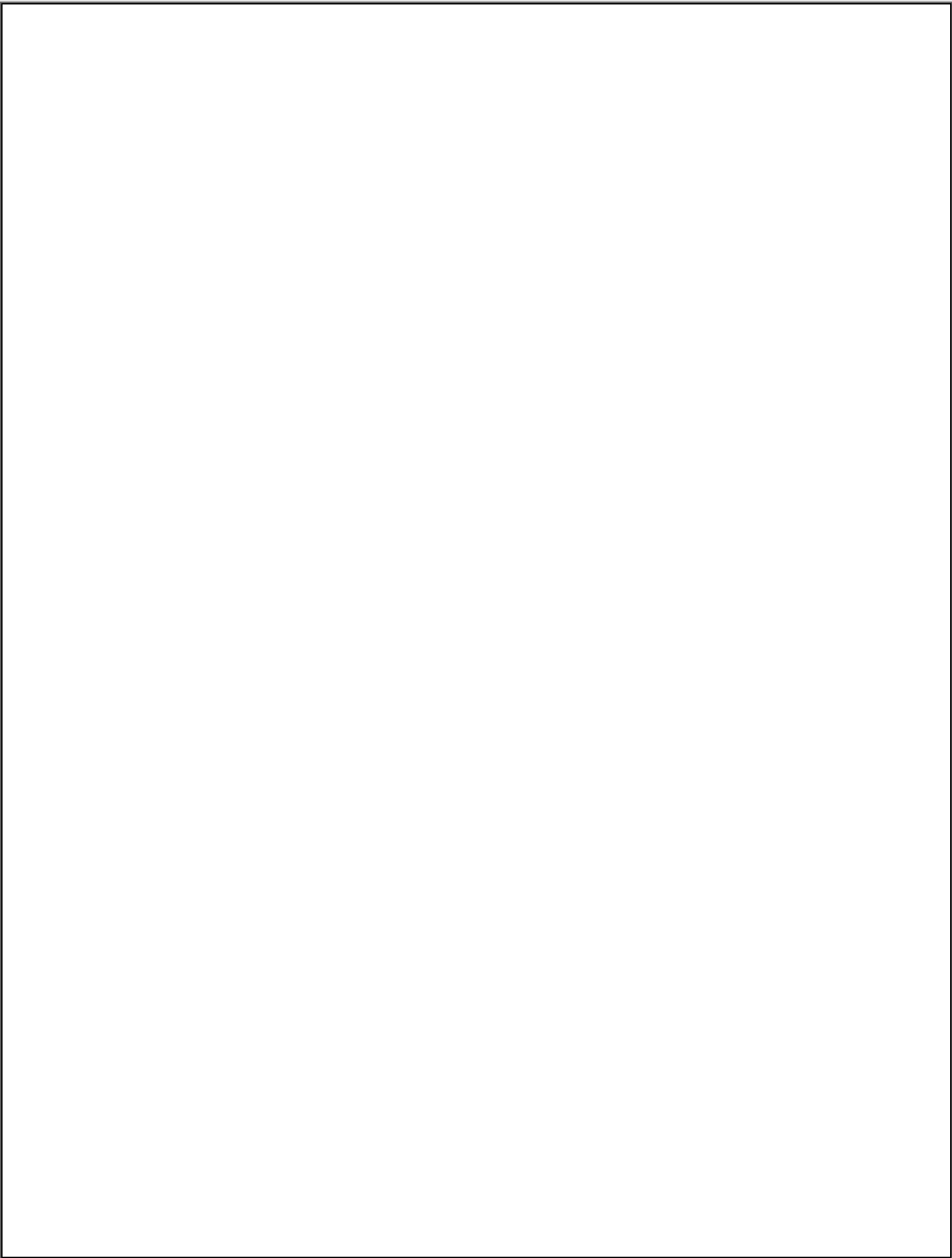
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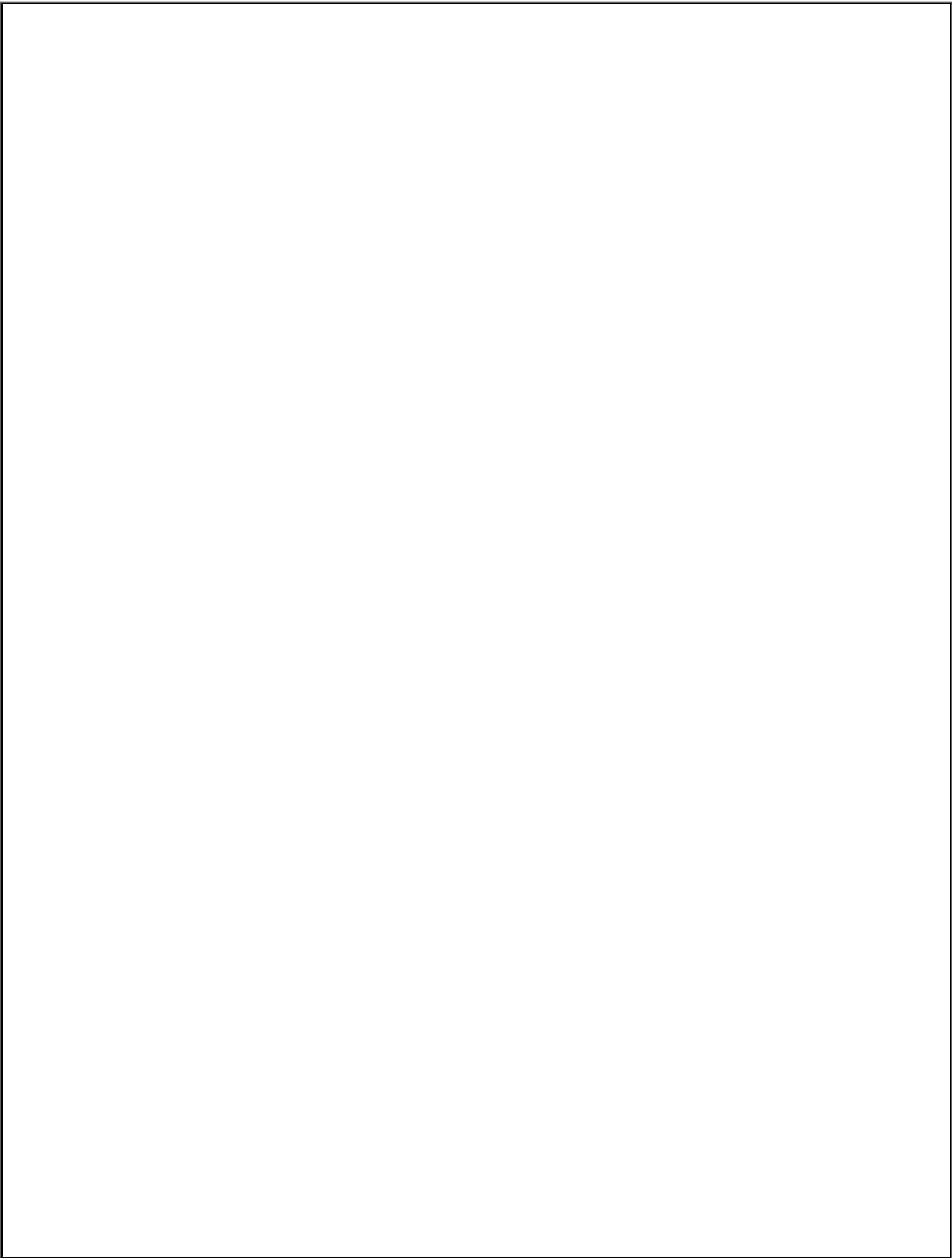
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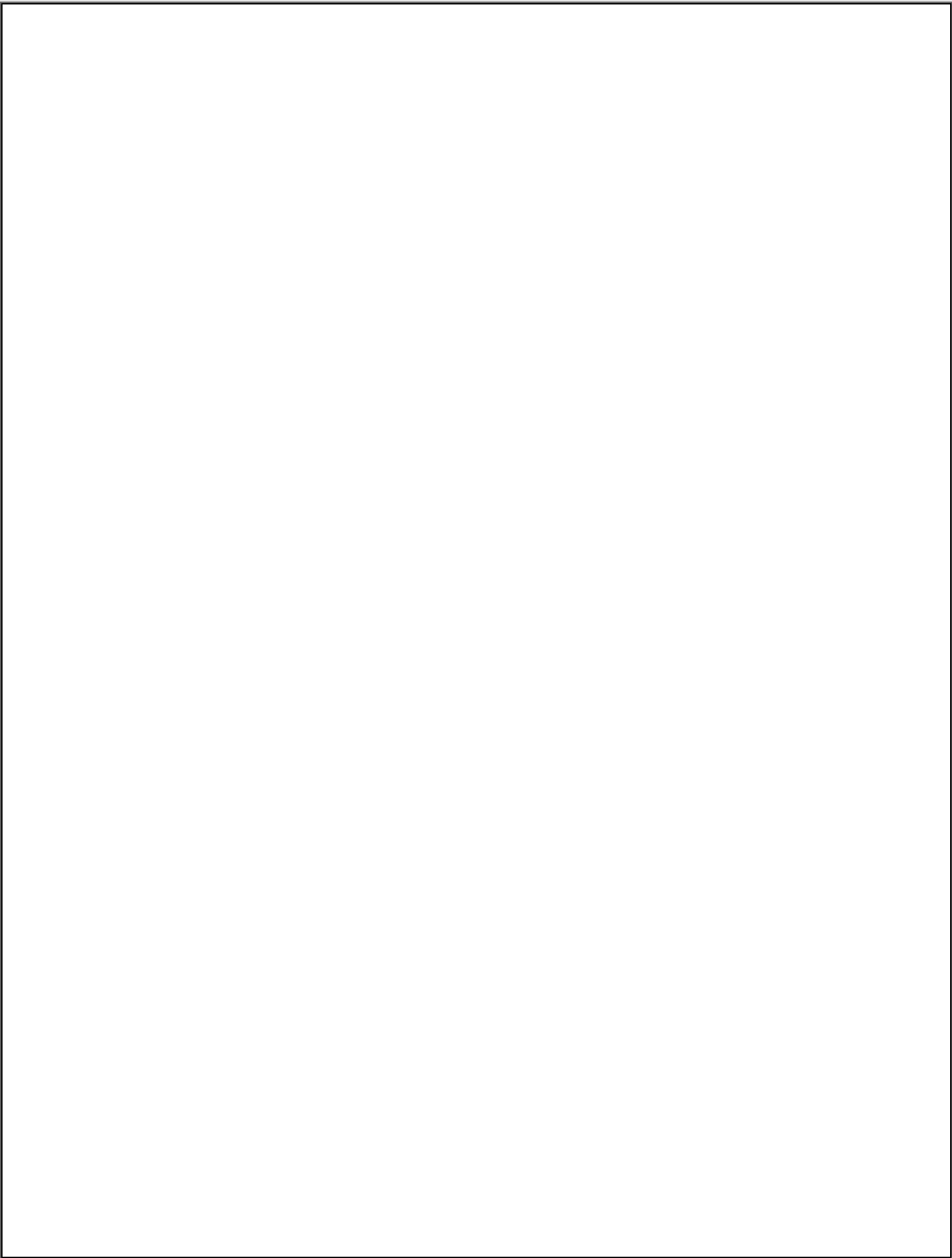
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