

The Augustine Eagle

OCTOBER 2026



WHO'S NEW IN THE HOUSE



Diane

Diane was born in April 1941 in Vancouver. Diane was an only child whose father had his own plumbing business and whose mother worked for a hat maker. Diane attended elementary school at Lord Nelson, & Edith Cavell for high school. After graduating, Diane earned a degree in teaching, then she went to work in Jaffray B.C., a small community between Fernie & Cranbrook. Diane came back to Vancouver after a year and married her fiancé, Ken Brown. Ken was in the printing business. Diane stopped teaching school when her first of two daughters were born, but after raising her kids. Diane went to work at White Spot for at least 8 years. Diane says that she always knew she would end up living in Ladner. She has been to Augustine House many times to visit with some of her best friends who live here, and she really admired the place. Diane has enjoyed playing bridge, sewing, and spending time with friends. Welcome to Augustine House Diane

Helen

Helen was born in Liverpool, England – she left for Birmingham at age 18 to study to be a nurse, it was during this time she met Doug who was at the same school studying to be a doctor, they married in 1958.

The couple left for Canada arriving in St John, New Brunswick and took the train to Vancouver where they stayed with friends.

Doug interred at St Paul's hospital on his way to becoming an anesthesiologist after they had a spell both working in Fort Nelson.

Helen married for a 2nd time to Robert, who worked for the American government attached to the navy which allowed the couple to live in England for a while, they were married for 53 years.

Helen has 2 children and 4 grandchildren, has lived in many places around the world and still likes to play Tennis.

Welcome to Augustine House Helen.

Gloria

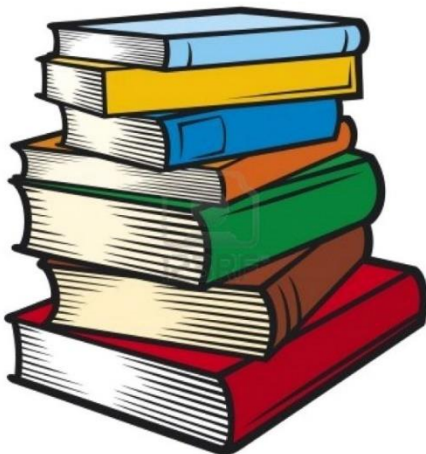
Gloria was born in Yarmouth Nova Scotia. Her father worked in a service station, while her mother worked in a restaurant. Gloria was a middle child with 3 older siblings & 2 that were younger than her. Gloria went to St Ambrose school where she was taught by nuns. After finishing school, she worked in a dress shop for over 9 years. Gloria loved her boss and the work and enjoyed the clothing discount given to staff. Gloria had been dating Bill Crocker for a while, and eventually the couple were married. Bill completed his bachelor's degree in business administration and was offered a job from the Hudson Bay Company, so they packed up and moved out west. Bill & Gloria lived in Langley and then Nanaimo where they spent more than 30 years.

Gloria enjoyed working part time at Boots Drug Store and helping her husband with payroll.

Gloria & Bill have enjoyed many cruises together and with friends as well as trips to Mexico, Tahiti, & Thailand to name a few. The couple have 1 daughter & 2 sons, as well as 5 grandchildren. Sadly, Bill passed away just over 6 years ago, a couple years ago their daughter began telling Gloria that she should move to Augustine House, because her father-in-law had lived here and he had loved it. It took Gloria a bit to agree, but we are happy she did.

Welcome to Augustine House Gloria.

NEW BOOKS



We have had a new delivery of large print fiction and non-fiction books in the East Lounge. Take a look, there is something for everyone



AUGUSTINE HOUSE CHRISTMAS FAIR

WE ARE PLANNING OUR ANNUAL CHRISTMAS FAIR

WE ARE LOOKING FOR VOLUNTEERS TO HELP US
BEFORE THE EVENT AND ON THE DAY.

IF INTERESTED COME TO OUR FIRST PLANNING
MEETING ON

WEDNESDAY OCTOBER 7TH

EAST LOUNGE

4:00 pm .

FALL CLINIC FOR RESIDENTS



DATE:
October 8th, 2026



TIME:
10:00 AM – 2:00 PM



LOCATION:
Multipurpose Room



PROVIDED BY:
Harvest Drive Pharmacist



Residents may attend on a walk in basis.
Please bring your Health Care Card.
A roll out will be completed, and the pharmacist
will obtain verbal consent prior to administering vaccines.



VACCINES AVAILABLE



Seasonal Influenza
(Flu) Shot



COVID Booster Shot



If you are feeling unwell,
please wait until you have
fully recovered before
receiving your vaccine.



If you are not available on October 8,
please let me know. I will coordinate
with the pharmacist to see if an
additional clinic day can be arranged.



For any questions or
clarification, please contact:



Shelly Singh,
Director of Care



EARTHQUAKE PREPEDNESS

THURSDAY OCTOBER 15TH
MAIN LOUNGE
10:16 AM



FRIDAY OCTOBER 2nd "EACH OTHER"

FRIDAY OCTOBER 9th "MIKE KINAL"

FRIDAY OCTOBER 16TH "TOM CROCKFORD"

FRIDAY OCTOBER 23rd "MALCOM AND LINDA"



*Franzl will be here once again for an afternoon of Music,
Stories and BEER*

Tuesday Oktober 27th

3:30

Main Lounge



HALLOWEEN WITH JOHN PARSONS

FRIDAY OKTOBER 30th

MAIN LOUNGE

3:30 PM



RESIDENT FORUM MINUTES

Held September 24th 2026 @ 3:00 in Multipurpose Room

Present: Naaz, Anne, Shelly, Tim, Joanne, and 34 residents attended in the East Lounge

Naaz Khan: (Executive Director)

- New roof is almost completed, thanks to everyone for their patience
- Power washing of windows and patios will commence Sept 28th
- We hope to have the millwork completed soon around the aquarium in main lounge
- New Chairs will be arriving for the Media Room
- Carpet Cleaning will be done in early October
- Jingle Bell Brunch is planned for Sunday December 6th

Shelly: (Director of Care)

- Flu Clinic will be Thursday, October 8th from 10am – 2 pm
- Come to the Multipurpose room for your Flu Shot
- New Assistant DOC is Mini Parappilly, welcome to Augustine House

Tim: (Recreation)

- We'll reschedule the Mayoral Candidates to come and speak to residents.
- We may be able to take residents on the bus to vote
- This month there is a Municipal Election and a Provincial Election
- National Day for Truth and Reconciliation is September 30th – also Orange Shirt Day.
- October 1st is National Seniors Day – stay tuned for Celebration Details
- If you'd like to walk – the walking group heads to Tsawwassen Mills every Wednesday morning
- First Christmas Fair Meeting is October 7th
- Our Lunch out in October is at Milestones.
- We'll be taking the bus to the Halloween Store this month.
- Oktoberfest Celebrations with entertainment from Angela and Franz, we'll have delicious pretzels and beer
- We are planning a trip to Cascades Casino on October 29th
- Looking forward to a Halloween Happy Hour – and Pumpkin Carving as well check the calendar
- For more events to take place in the month of October pick up the Monthly Calendar.

SATURDAY MOVIES

SATURDAY OCTOBER 3RD @ 2:00 PM " MOUNTAIN BETWEEN US "

Stranded on a mountain after a tragic plane crash, two strangers must work together to endure the extreme elements of the remote, snow-covered terrain. Realizing that help is not on the way, they embark on a perilous journey across hundreds of miles of wilderness, pushing each other to survive and discovering their inner strength.

SATURDAY OCTOBER 10TH @ 2:00 PM " SECOND ACT "

Value Shop assistant manager Maya Vargas wants only one thing for her 43rd birthday -- a promotion. While her résumé may not scream upper management, her track record certainly does. Vargas is an innovator who listens to her customers and delivers results. When she loses the job to a college-educated candidate, Maya sets out to prove to Madison Avenue that street smarts are as valuable as book smarts -- and it's never too late for a second act.

SATURDAY OCTOBER 17TH @ 2:00 PM " ROMANCE WITH A TWIST "

Former dancer Luna pairs up with Bennett, a world-class aerialist, when he finds himself without a partner for his upcoming performance at the local arts festival.

SATURDAY OCTOBER 24TH @ 2:00 PM " FRENCH GIRL "

Gordon is a hopeless romantic whose proposal plans are put in jeopardy when his girlfriend gets swept away to Canada by a job offer from her ex. Determined to keep their love alive, he leaves Brooklyn, N.Y., for her hometown, only to find himself out of his depth while trying to charm her hard-to-impress, French-speaking family.

SATURDAY OCTOBER 31ST @ 2:00 PM " MONSTERS INC "

Monsters Incorporated is the largest scare factory in the monster world, and James P. Sullivan (John Goodman) is one of its top scarers. Sullivan is a huge, intimidating monster with blue fur, large purple spots and horns. His scare assistant, best friend and roommate is Mike Wazowski (Billy Crystal), a green, opinionated, feisty little one-eyed monster. Visiting from the human world is Boo , a tiny girl who goes where no human has ever gone before.

THANKSGIVING IN CANADA



Thanksgiving weekend. For many, this long weekend really kicks off the autumn season. People across the country will spend it raking leaves, harvesting, shutting down the family cabin, and hopefully eating a delicious meal surrounded by friends and family. But where did this tradition come from?

In 1621, the pilgrims at Plymouth Plantation, Massachusetts, held what is thought to be the first Thanksgiving in North America, giving thanks for the end to a drought and a bountiful harvest. Without the help of the Wampanoag, who shared planting, hunting, and fishing knowledge and techniques, the pilgrims would have died. Some records say the first official Thanksgiving likely predates this event by around fourteen years.

But let's try again — we're thinking of our neighbours to the south.

Believe it or not, Thanksgiving in Canada, or at least the land that would become Canada, has its own history, separate from our American counterparts.

Traditions of giving thanks long predate the arrival of European settlers in North America. First Nations across Turtle Island have traditions of thanksgiving for surviving winter and for receiving crops and game as a reward for their hard work. These traditions may include feasting, prayer, dance, potlatch, and other ceremonies, depending on the peoples giving thanks.

When it comes to European thanksgivings in Canada, we have a few tales to tell.

As the story goes, in 1578, English explorer Martin Frobisher and his crew gave thanks and communion was observed, either on land at Frobisher Bay, in present day Nunavut, or onboard a ship anchored there. The explorers dined on salt beef, biscuits, and mushy peas and gave thanks through Communion for their safe arrival in then Newfoundland. This is now accepted as the first “Canadian” Thanksgiving, forty-three years before the first “American” Thanksgiving.

Forty-eight years later on November 14, 1606, inhabitants of New France under Samuel de Champlain held huge feasts of thanksgiving between local Mi'kmaq and the French. Though not known at the time by the settlers, cranberries, rich in vitamin C, are credited with helping avoid scurvy.

The neighbouring Mi'kmaq likely introduced the French to cranberries, or as they called them, *petites pommes rouges* (little red apples).

Champlain's feasts were more than an annual affair. To prevent the scurvy epidemic that had decimated the settlement at Île Sainte-Croix in past winters, the *Ordre de Bon Temps* (Order of Good Cheer) was founded, offering festive meals every few weeks. Medical treatises recommended better nutrition (more food) and entertainment to combat scurvy.

However, despite this history of uniquely Canadian thanksgivings, our modern concepts of Thanksgiving were influenced by our American neighbors. Foods that are associated with a "traditional" Thanksgiving, such as North American turkey, squash, and pumpkin, were introduced to Nova Scotians in the 1750s. After the American War of Independence, the arrival of the United Empire Loyalists ensured the continuation of spreading this "traditional" fare to other parts of the country.

Today Canadian Thanksgiving is held on the second Monday of October every year, or at least it has been since Canadian Parliament declared it so on January 31, 1957. Before this, Thanksgiving in Canada had been held sporadically, often coinciding with other major events and anniversaries.

In 1879, Thanksgiving was officially declared a national holiday to be held on November 6th.

The most recent date change to the second Monday in October was largely a result of the first and second world wars, which we officially remember each year on November 11, Remembrance Day. This was so that the two holidays would not fall on the same weekend.

As Thanksgiving in Canada has historically been celebrated on several different dates, it is fitting that, even though it is observed on Monday, families are equally as likely to celebrate on Saturday or Sunday.

Most Canadians embraced the change of date to October, since that period better coincides with the actual completion of harvest in much of the country.

Parliament officially declares Thanksgiving as "a day of general thanksgiving to almighty God for the bountiful harvest with which Canada has been blessed." While this mandate for Thanksgiving may not be observed by all Canadians in its entirety, the ideas of being thankful, of spending time with friends and family, and sharing a delicious meal still remain.

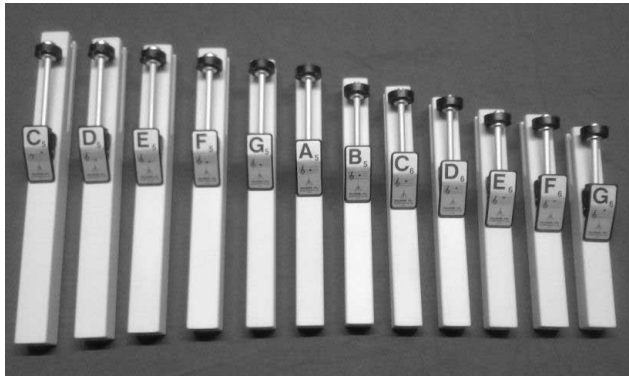


Halloween or Hallowe'en (a contraction of All Hallows' Evening) also known as All Halloween, All Hallows' Eve, or All Saints' Eve, is a celebration observed in a number of countries on 31 October, the eve of the Western Christian feast of All Hallows' Day and Reformation Day. It begins the three-day observance of All hallow tide, the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.

It is widely believed that many Halloween traditions originated from Celtic harvest festivals that may have pagan roots, particularly the Gaelic festival Samhain, and that this festival was Christianized as Halloween. Some academics, however, support the view that Halloween began independently as a solely Christian holiday.

Halloween activities include trick-or-treating (or the related guising), attending Halloween costume parties, carving pumpkins into jack-o'-lanterns, lighting bonfires, apple bobbing, divination games, playing pranks, visiting haunted attractions, telling scary stories and watching horror films. In many parts of the world, the Christian religious observances of All Hallows' Eve, including attending church services and lighting candles on the graves of the dead, remain popular, although elsewhere it is a more commercial and secular celebration. Some Christians historically abstained from meat on All Hallows' Eve, a tradition reflected in the eating of certain vegetarian foods on this vigil day, including apples, potato pancakes, and soul cakes.

The word *Halloween* or *Hallowe'en* dates to about 1745 and is of Christian origin. The word "Hallowe'en" means "hallowed evening" or "holy evening". It comes from a Scottish term for *All Hallows' Eve* (the evening before All Hallows' Day). In Scots, the word "eve" is *even*, and this is contracted to *e'en* or *een*. Over time, (*All*) *Hallow(s) E(v)en* evolved into *Hallowe'en*. Although the phrase "All Hallows'" is found in Old English "All Hallows' Eve" is itself not seen until 1556.



Hand Chime Choir

With Music Therapist Christine!

Join us for a fun afternoon of playing Handchimes.

Open to all, No experience necessary.

Wednesdays

3:30pm

Multipurpose Room



JOIN US FOR WEEKLY MASS FROM
HOLY ROSARY CATHEDRAL IN VANCOUVER

MEDIA ROOM

TUESDAYS

9:30 AM

HAVEN HOUSE HAPPENINGS

Happy Fall everyone. Time to get out our sweaters. It looks like an exciting October ahead of us, with many plans in the works. We are looking forward to the return of the Sacred Heart Kids, Oktoberfest and Halloween. There's much discussion about what we are going to dress up as. You will also find us keeping busy doing our exercises, trivia, and trying different art projects. We were recently talking about Thanksgiving, which is coming up quickly. We are thankful for our families, each other, and looking forward to pumpkin pie. Have a blessed October.



Julienne Baking



Illeana's Birthday



Betty & Her Art



Augustine House

3820 Arthur Drive

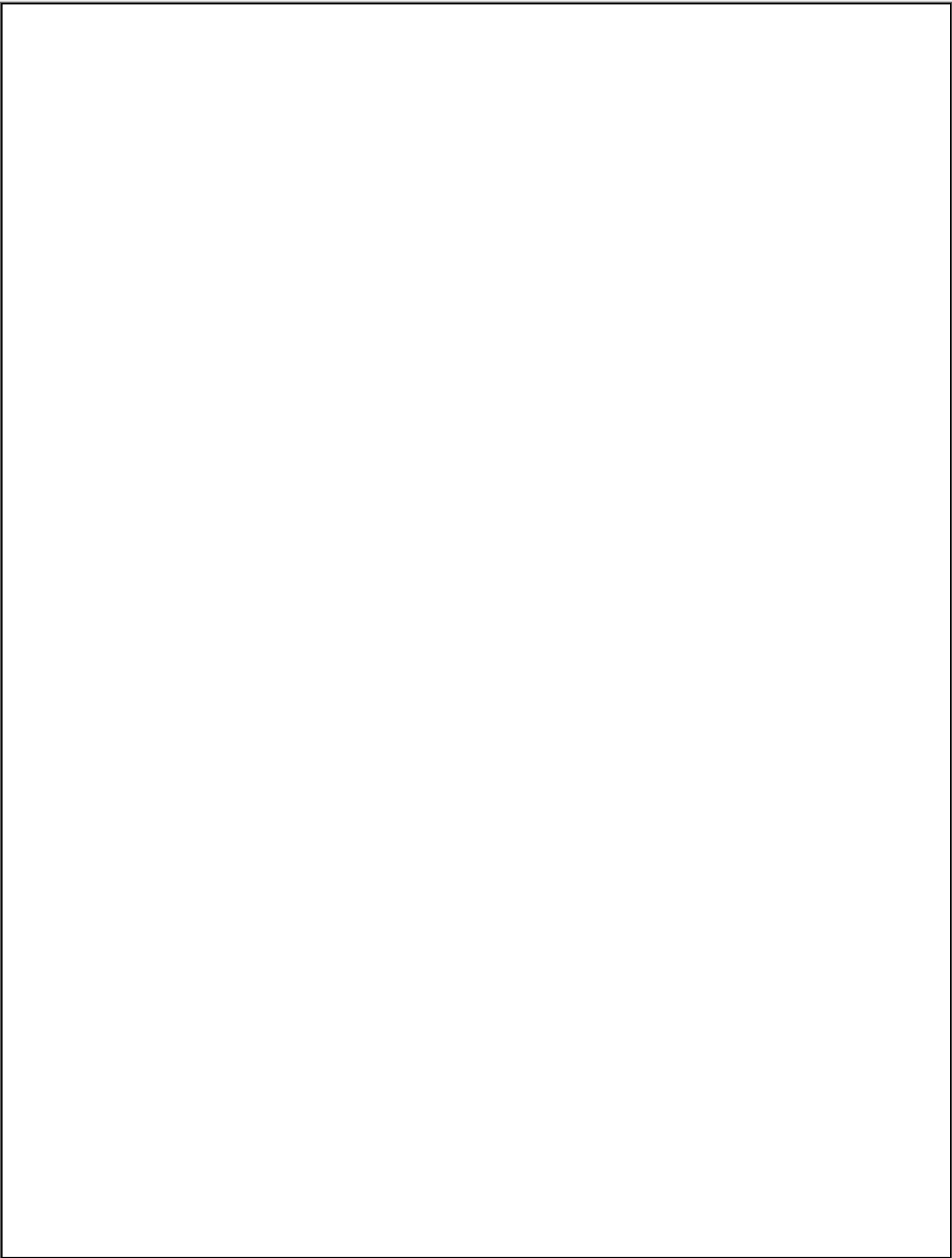
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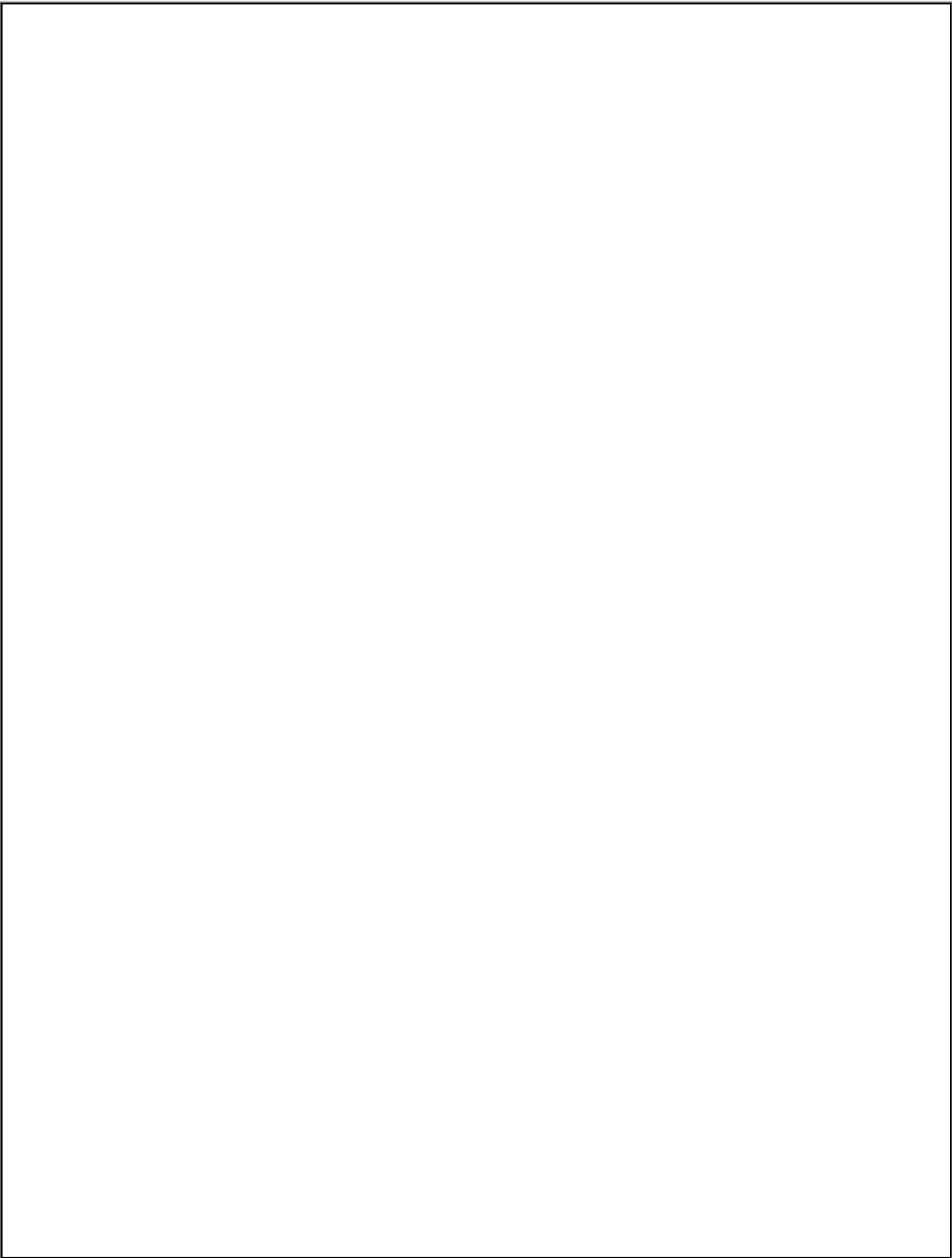
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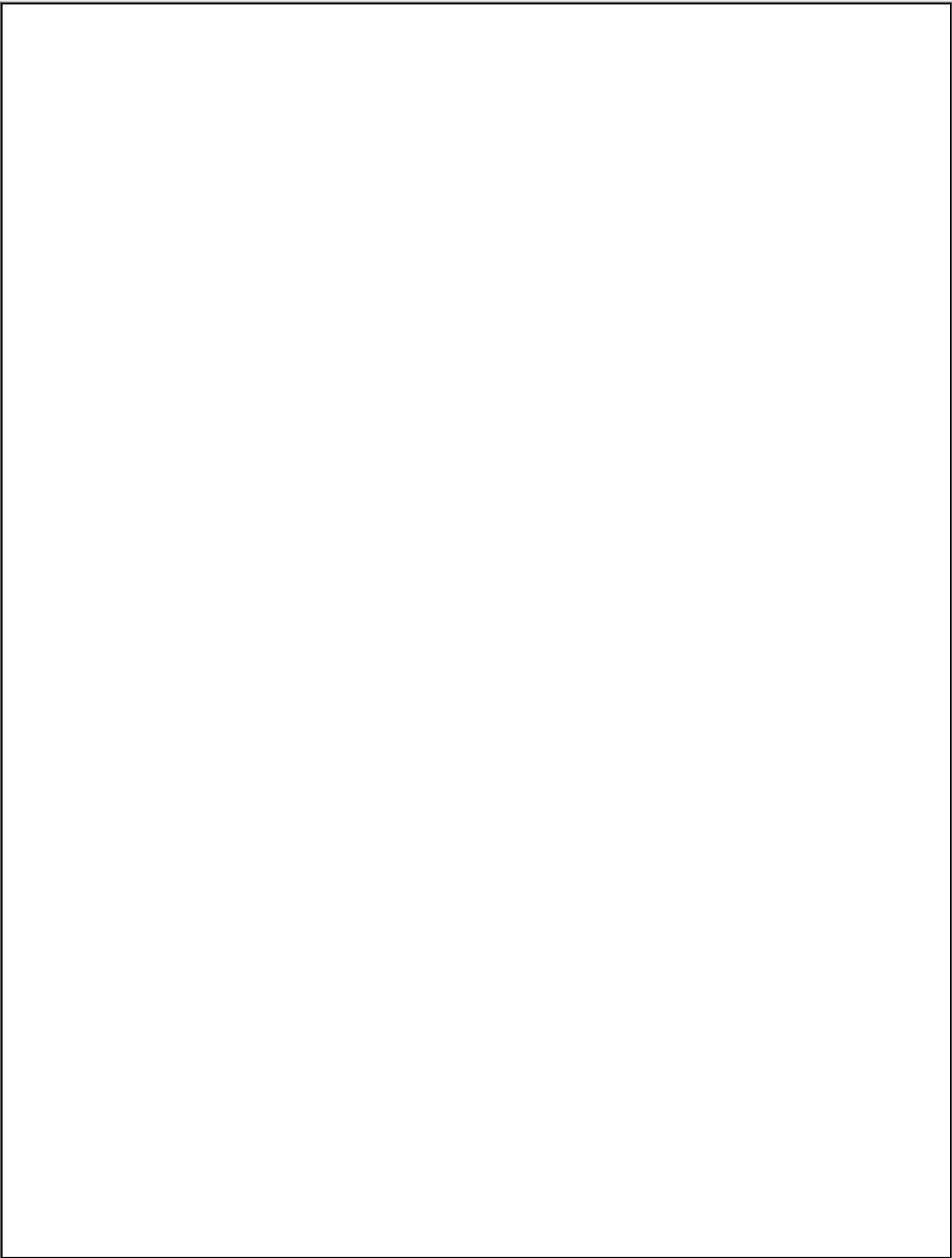
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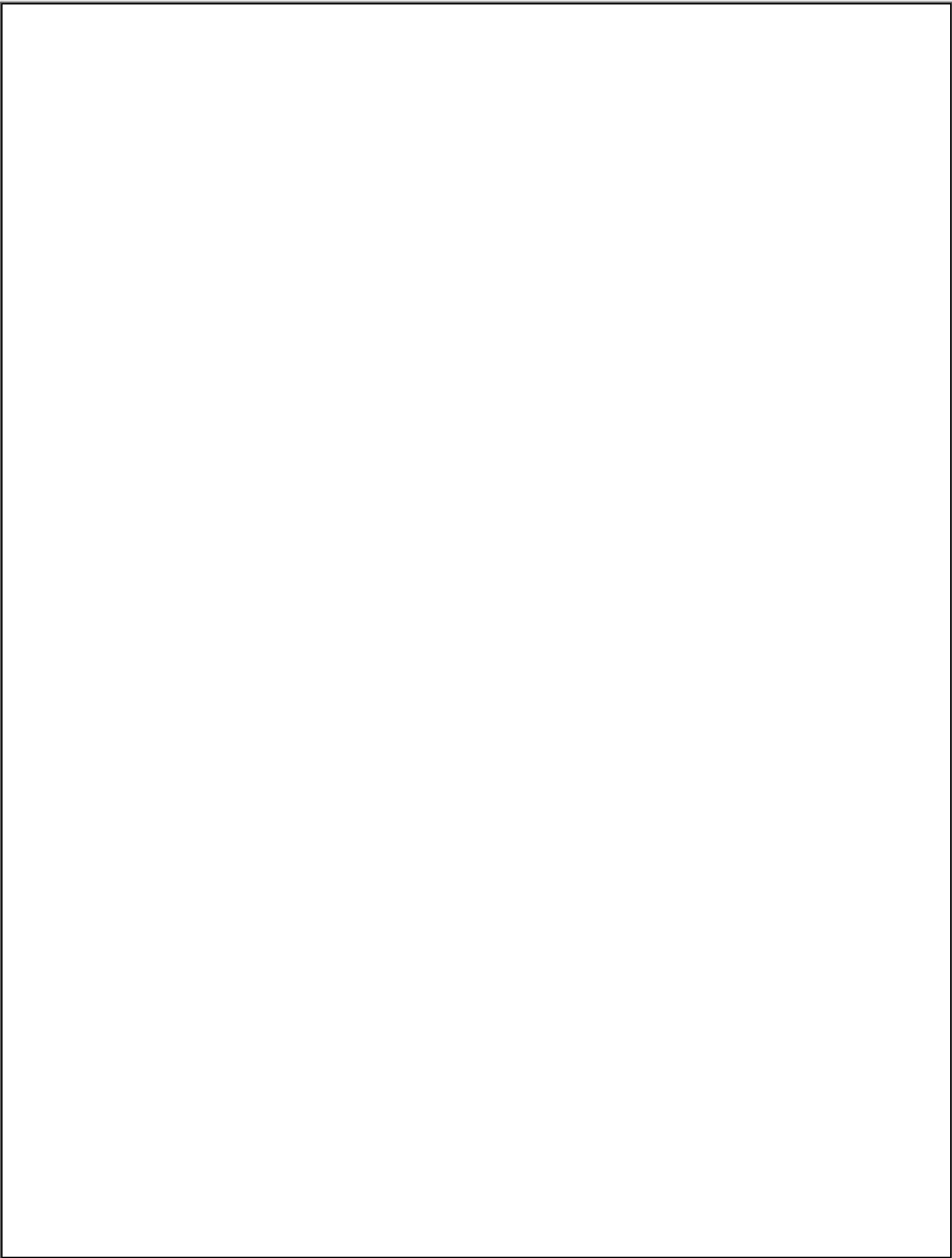
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